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# Inside: Suburban Founity



#### FOR THE WHOLE FAMILY

Suburban Family Magazine is a new MONTHLY FEATURE to the newspaper SEE INSIDE SECTION B

#### **EXERCISING FOR TWO**

Dispelling the myths about exercise and pregnancy **INSIDE SUBURBAN FAMILY** 

# Queens crowned to represent Antioch



Little Miss Antioch 1999 Anna Wennstrom poses with Little Miss Antioch 2000 Shannon Cahill, Miss Antioch 2000 Nikki Paden and Miss Antioch 1999 Jenn Kerner at the end of the 2000 Reflections pageant. —Photo by Julie Murphy

By JULIE MURPHY Staff Reporter

Antioch crowned its pageant queens in a ceremony at Antioch Community High School.

Six young ladies competed for the title of Miss Antioch 2000 including Amber Gustafson, Tiana Song, Nikki Paden, Amy Baily, Danielle Stahl and Sara Cashmore. Tiana Song was named first runner-up and Miss Congeniality 2000. Nikki Paden was crowned queen.

Sarah McKimmy, Cassidy Cahill, Shannon Cahill, Megan McKimmy and Alexandra Westendorf competed for the title of Little Miss Antioch 2000. Shannon Cahill was crowned queen. Her sister, Cassidy Cahill, was named first runner-up and Miss Congeniality 2000.

Contestants were scored based on interviews given prior to the pageant, speech and communication during the pageant, stage presence,

and in the Miss category, on beauty of face and physical condition. Little Miss contestants wore both play wear and party dresses while the Miss contestants wore business and swim wear in addition to evening gowns.

Judges for the Little Miss competition were Megan Thompson and Holly Weber. Glenn Hall, Angela Lynn and Terri Poulsen judged the Miss competition.

Mr. ACHS 1999 Wojtek Krupka played guitar and sang providing additional entertainment. During the rose ceremony, Amanda Goblirsch sang accompanied by pianist Carolyn Kacner.

The Village of Antioch's department of parks and recreation presented the pageant. The department thanked ACHS for the use of the gym and staff. Special thanks were given to Dr. James Love, who served as master of ceremonies, and Ann

Please see **PAGEANT** / A4 anything with them.

# Developer to return with revised plat

It is likely that Neumann Homes will present a new petition and revised plat before the combined planning and zoning board of directors of the Village of Antioch on July 27.

Though nothing is firm on the schedule at this time, director of planning, zoning and building Bob Silhan recommended against placing anything else on the agenda for the meeting scheduled on July 27.

As village trustee Marvin Oldenburger said at a meeting of the board of directors for the Village of Antioch, "Any new petition (from Neumann) would have to go back to planning and zoning for public comment."

Silhan said, "I don't know for sure if Neumann will be ready to go, but if so, we won't be able to piggy-back

# **Federal** disaster status requested

By JULIE MURPHY Staff Reporter

Mayor Marilyn Shineflug sent a letter to Rep. Philip Crane (R-Palatine) asserting that the Village of Antioch be declared a federal disaster

Shineflug said, "If the Village of Antioch is included as part of the federal disaster area, some funding

Please see DISASTER / A4

# Low-interest loans offered for Antioch flood relief

By JULIE MURPHY Staff Reporter

State Bank of the Lakes is offering low-interest flood disaster loans in cooperation with the State of Illinois Disaster Recovery Program.

The annual percentage rate will be less than 5.75 percent and the maximum term is 12 months.

Loan officer Wally Jaszkowski explained, "The state is releasing \$25 million for the low interest loans.

Applications are available to anyone who qualifies. Loan amounts

Please see FLOOD / A4

# Pulte Homes submits preliminary P.U.D.

By JULIE MURPHY Staff Reporter

Pulte Home Corp submitted a preliminary P.U.D. (planned unit development) to the combined planning and zoning board for the Village of Antioch.

The plan was for 182 single family homes on the 91-acre Elfering property site bordered to the west and north by Red Wing Slough and the Deercrest development on the

The comprehensive plan shows this property as rural subdivision with one acre lots and conservation area with existing zoning as R-1 single-family residential subject to the annexation ordinance 89-2-6.

R-1 zoning allows for 2.9 dwelling units per acre. The proposal calls for 2.0 dwelling units per acre, all of which are single family detached homes which is 31 percent less than the maximum allowed.

A concept plan was submitted and reviewed by village staff in February. The applicant was informed that the question of density will be raised as the site is not part of the Special Service Area (SSA) for Lake County sanitary sewers.

Pulte is requesting the county and the village to consider this site for inclusion into the SSA.

Director of planning, zoning and building Bob Silhan said in his report to the board, "Other than the density issue, the proposal is in substantial conformance to the Comprehensive Plan."

John Milne, presenter for Pulte Home Corp. said, "This plan is designed to be sensitive to the environment with no wetland impact. We are preserving the existing forest on the property and protecting Red Wing Slough."

Milne reported that Pulte has reduced lot sizes to have more open areas and to protect the 16 acres of

forest on the property. He said the minimum lot size will be 9,000 square feet with the average size being 10,347 square feet. He added that 130 of 182 lots will back to open

Variations requested by Pulte are reduced lot sizes and setbacks and sideyard variations.

In his report, Silhan expressed concern over the possible misinterpretations and misunderstandings for non-rectilinear lots. He said, "There are a number of pie-shaped and other odd-shaped lots that have not been sufficiently detailed."

Another concern for Silhan is the Illinois Department of Natural Resources (IDNR) review. He said, "A follow-up detailed report must be prepared by the petitioner to the IDNR relative to the Endangered Species Act. The public hearing process cannot conclude until after

Please see PULTE / A4

# Chain O'Lakes opens with no restrictions

By JULIE MURPHY Staff Reporter

The Fox Waterway Agency (FWA) and the Illinois Department of Natural Resources (IDNR) lifted the no-wake restriction on the Fox River between the Stratton and Algonquin dams. This will be the first time since May 19 that the entire system from the Wisconsin border to the Algonquin Dam has been open under no restrictions.

"We are extremely grateful that the weather has cooperated and allowed water levels to fall low enough so we could open the river between the two dams to normal

boating— especially with the Fourth of July weekend just around the corner," said FWA executive director Ingrid Enriquez. "FWA crews have spent much of the last month cleaning up debris, and straightening and re-aligning buoys pushed out of place by the high water. Their hard work has paid off, and the Waterway is ready for what we expect will be a very busy holiday."

"We're not quite in the normal summer pool range, but we're close enough," said Frank Novak, lockmaster at the Stratton Lock and Dam which is operated by the IDNR.

Novak said he expects the upcoming weekend to be a busy one

and estimates that some 1,000 boats will pass through the Stratton Lock between its operating hours of 8 a.m.-midnight.

"Due to the recent high water levels, the (Fox Waterway) Agency is working overtime to handle the large amount of floating debris. As always, anyone using the waterway needs to keep a sharp look out for debris," said Rob Rinkenberger, FWA Debris Coordinator.

Residents should contact the agency with debris concerns at 587-8540, and if possible without putting themselves in danger, secure any floating debris until the agency can retrieve it.

# Sewer back-ups emphasized as village meeting focus

A meeting is scheduled specifically for residents who have had problems with sewer back-up problems. The meeting will take place at the village hall June 30 at 7 p.m.

Village attorney Ken Clark said, "This meeting is going to be very limited. We are not going to be discussing flooding problems in general. In the first meeting after the flood, there were only 10 or 12 people attending who had sewer back-up problems."

Resident June Pimpo had called requesting the meeting be moved to a space capable of accommodating

"We can't move the meeting. We don't even know how many people will show up. If we do move it, there will be confusion and people will be mad because they didn't know ahead of time," Clark added.

The focus of the meeting is to help residents glean information about what they can do to prevent future sewer back-up problems at their homes.

Clark emphasized, "The village engineer and village staff are going to be available to discuss issues with residents about sewer issues only."

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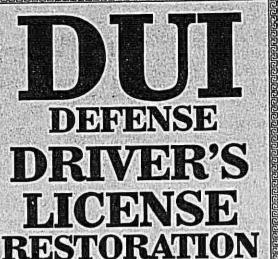
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#### **LETTER TO EDITOR**

#### **Mayor offers** response to flooding

On June 18, I received a call from a resident of Oakwood Knolls informing me that her neighbor's home was again receiving sewage back-up and asking me to come to that home. When I arrived a public works employee was on site and had discovered a blockage in the sewer line on Maplewood Dr. The experience of having a sewer back up is very upsetting. The experience of a second one, especially after the home had been cleaned up, understandably was extremely upsetting.

During visits with members of seven families, I assured them I already had requested the village's consulting engineer to review the wastewater treatment plant, the sanitary and storm sewer systems, and water system. I also indicated that the village had done work particularly in the Oakwood Knolls area after the flooding in 1986. This work included the addition of a sewer line, relining of sewers and inspections to locate sump pumps illegally connected to the sanitary sewer lines. I explained that blockage of a sewer line can be caused by tree roots, improper disposal of diapers, etc. and can occur in any area.

The subject of flooding and sewage back up was a major topic on the agenda at the village board meeting. To continue working together to solve both individual and common problems, the village board scheduled a special meeting for June 30 at 7 p.m. at the village hall. Antioch residents have a long-standing tradition

of working together in a positive manner to improve our community.

Therefore, I was surprised to receive a letter from an attorney apparently retained by several unspecified individuals on behalf of the people of Antioch to obtain monetary compensation for recent sewage damage done to their homes and personal property. Ironically, the threat of this type of lawsuit may require the village to curtail its dialogue with residents on infrastructure improvements and flood prevention measures. Such an outcome would be most unfortunate for the residents who would prefer to work with the village in a positive manner.

Scott Pierce, president of the Oakwood Knolls Homeowners Association, has openly made complaints in other papers which were unexpected. If he had called me during or after the flooding, I would have investigated his concerns immediately. However I can recall only one occasion, last March, when he contacted me, and the conversation was limited to road conditions and the possibility of getting bike lanes and/or sidewalks. I explained that staff was already preparing a multiyear, village wide plan for the prioritization of street repairs, with the first repairs scheduled in the fiscal year beginning May 2000.

After Antioch's last major flooding occurred in 1986, the village took measures to improve the situation, particularly in the Oakwood Knolls area. I look forward to making additional utility improvements as needed and to working with all residents to share information about measures that individuals can take to protect their individual properties.

Marilyn J. Shineflug, Mayor Antioch

# High school hires five new teachers

BY BECKY DUBA Staff Reporter

Antioch Community High School District 117 School Board appointed five new teachers for the fall school year.

Principal Dr. James Love presented the recommendations.

Danielle Miller will fill the position of Cheryl Cox, who is becoming the director of staff development. Miller will be teaching German and said she is looking forward to working in the district.

Bill Zibell is one of three new teachers hired due to growth in the district. Zibell will teach English and it was joked by the board that he is a baseball player who likes poetry.

Jo Hibner was hired to fill the business teacher position left vacant by a teacher on maternity leave. Hibner spent some time in business himself and should bring his work experience to the classroom.

Kelly Lindgren and Sandra Anderson were hired as Special Educational teachers.

Lindgren is a graduate from Grant Community High School and has a year of teaching experience. She is looking forward to working in a high school setting and getting involved with the many activities that go on.

Anderson is another teacher being added for growth reasons. She is an out-of-state experienced teacher who also looks forward to working in the district.

Love explained that there are still six more teachers to hire before the fall term begins.

# Year-round fun boasted in new publication

By JULIE MURPHY Staff Reporter

The Antioch Chamber of Commerce has come out with its second magazine boasting the village's amenities.

"It's been a long process," said Barbara Porch, director of the Chamber. "We are proud to give this magazine out. It reflects the quality of Antioch."

Outside of some donated photographs, Porch reported that the entire project was done from within. "This has kept the ad cost down. This is not a fund-raiser. The money generated from ad sales covers the expenses including printing and typesetting," added Porch. "Our greatest challenge was getting the photographs. We are always so busy planning the events and making sure

they run smoothly we hardly ever take pictures ourselves."

The magazine is made up of more than 50 pages and includes historical information as well as in-

We are proud to give this magazine out. It reflects the quality of Antioch'

Barbara Porch, Chamber director

formation about traditional events, shopping, outdoor recreation and services.

Porch said the chamber tried to make sure the entire community was represented, but added, "This has been a learning process for us. Unfortunately, we neglected to acknowledge the public works department and Joe Huber and Bill Smith. It's comforting to know they are there. They do their jobs so well and have done so much for the communitywe really regret that happening."

The magazines are available at the Chamber of Commerce office at 882 Main St. and local merchants have copies in their stores.

Porch said they opted not to do a mass mailing. "We want to distribute these magazines in a smart way. They are available to anyone, but we are trying to make sure we have plenty for those who call the office looking for information about Antioch or to pass along to newcomers within the community."

The magazine is set up to have a shelf life of 18-24 months. "This publication has a lot of value to it. We don't want to hand out something out-dated."

# Independence Day Cup to be awarded in 1st annual float competition



By JULIE MURPHY Staff Reporter

Antioch's Independence Day parade chairman, Ken Karasek, announced the first annual Antioch float competition.

All floats entered will be eligible to win the Independence Day Cup, a 3-foot traveling trophy. The winners' names and the year they won will be engraved on the trophy. Additionally, the winner will be honored with first position in the next year's parade to display the trophy on its float.

Karasek said, "The suggestion came from people who entered floats in previous years, and we thought it was a good one. There are 120 positions and a dozen or

Those entered in this year's float contest are the Knights of Columbus Council 3800, State Bank of the Lakes, Beautiful Savior Lutheran Church, Antioch Republican Club, Antioch Beautification Committee, Moose Lodge, Fox River Recreation, St. Peter's Council of Catholic Women, Antioch Township, Lakes Region Historical Society and Sequoit VFW Post 4551.

The trophy will be on display in the window of the Antioch Chamber of Commerce at 882 Main St. throughout the year.

The Independence Day Cup was designed and donated to the community by Awards by Kaydan of Antioch.

The Antioch Independence Day Parade committee shows off the traveling trophy. Pictured from left to right are Claude LeMere, committee chairman; Mary Hannigan, fundraising chairwoman; Ken Karasek, parade chairman; Dave Turner, newest member of the food providers: Cheryl Mateja, food chairwoman; Karen Kubin, sports tournament chairwoman; and M.J. McConnell, children's fun festival chairwoman.—Submitted photo

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# **Antioch News**

Vol. 115 No. 26

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Office of Publication: 30 South Whitney St., Grayslake, IL 60030. Phone (847)223-8161.

Published weekly, periodical mail postage paid at Grayslake, IL 60030

Home Delivery Rates: \$24.50 per year in Lake, Cook, Kenosha and McHenry Counties;

elsewhere \$40.00 per year by mail paid in advance.

Postmaster: Send address changes to Antioch News, 30 South Whitney Street, P.O. Box 268, Grayslake, Illinois 60030.

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Run for freedom, celebrate freedom ntioch's Independence Day Celebration offers a variety of events to keep

everyone in the town busy. The day starts off with the Run for Freedom at 8:30 a.m. All proceeds will benefit Special Education District of Lake County. Day of the race registration will take place from 6:30 - 8:25 a.m. at the corner of 741 Main St. and Poplar Ave. across from the Scout House.

The 5K-run/fun walk is a US-ATF Illinois sanctioned event and certified course. The course is said to be challenging and will take place on residential streets.

There will be water stations at regular intervals, split timers at mile markers and a display timer at fin-

First place male overall and first place female overall will receive four tickets to a Chicago Cubs home game. Winners must be present to

Additional awards will be given to the top three males and females in the age groups 11 and under, 12-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69 and 70 plus.

After the run, pre-parade festivities begin at 9:30 with the Antioch



**OUR** TOWN

Julie Murphy

Community Choir. The big parade begins at 10 a.m. and the children's festival at 11 a.m.

The sports tournaments begin at 9 a.m. with softball. Basketball and volleyball begin at 11 a.m.

The Lakes Region Historical Society Open House also begins at 11 a.m. for those who are ready to cool off with a little ice cream. Quilters Dream will begin its quilting bee at this time as well.

At noon, the mayor and the trustees will be judging their apple pie contest. Pinochle and bridge tournaments will begin at the senior center.

Everyone is invited to join the members of Beautiful Savior Evangelical Lutheran Church at Son-Zone Discovery Center—its Vacation Bible School program for this summer.

The Vacation Bible School will be conducted July 16-21, with no session on July 20. Each evening session will begin with a fellowship meal at 6 p.m., followed at 6:45 p.m. by songs of praise, Scripture lessons for children and adults, crafts, games and skits. All of this will be set in a futuristic inventor's muse-

It would be helpful for those interested in attending to contact Peter and Carolyn Sehmer at 265-6824 in advance.

Congratulations to the new queens for 2000 Little Miss Antioch Shannon Cahill and Miss Antioch Nikki Paden. Kudos also go to Little Miss Congeniality and first runner up Cassidy Cahill and Miss Congeniality and first runner up Tiana

The judges had a tough decision to make-any and all of the contestants would do a fine job representing Antioch.

If you have interesting information or anecdotes to submit for "Our Town" call staff reporter Julie Murphy at 223-8161, ext. 131 or e-mail, jmurphy@lakelandmedia. com

#### **FROM PAGE A1**

#### **FLOOD**

PULTE

are limited to the amount covering damages. Estimates of the damage need to be submitted with applications.

"Any member of the lending department of any of our branches (can help),"

this has been submitted and the IDNR has had

IDNR said, "The nature preserve is very con-

cerned because of the proximity to Red Wing

Slough. We will be very desirable to children

and the buffers to Red Wing Slough is very nar-

row. Water quality issues will need to be dis-

During public comment, John Nelson of

a chance to review and comment."

added Jaszkowski.

cussed as well."

7:30 p.m.

State Bank of the Lakes is an equal housing lender with branches at 440 W. Lake St. in Antioch. 2031 E. Grand in Lindenhurst, 1906 Holian Dr. in Spring Grove and 50 Commerce Dr. in Grayslake.

Silhan concluded, "From a general plan-

The issue will be continued until Sept. 14 at

ning perspective, I have no objection to the

proposed development. However, certain de-

tails must be refined prior to action on the

proposed preliminary P.U.D. plan."

### of individual homeowners.

# **PAGEANT**

Kakacek, fashion commentator.

Shineflug, Steve Keown for the lights and sound, Antioch Floral for the flowers, Barry Dowe for the queen portraits, Bob's Frame Shop for the frames, BJ's Fashions for Men for Love's tuxedo, Impressions Count for the programs, JT's Road House for the judges' dinner, Georgetown Furniture for the use of the queen chairs and the Village of Antioch for its help and support.

Items for the prize packages were provid-

"This declaration would be extremely helpful to residents with their homes and businesses," added Shineflug.

Gov. George Ryan previously declared Lake County a disaster area as a result of flash flooding. Residents in need of damage assessment sheets should contact the Village of Antioch at 395-1000.

DISASTER

mechanisms may become available for resi-

dents who received damage to their homes and

businesses as a result of the flooding. For this

reason, I sent a letter to Representative Crane."

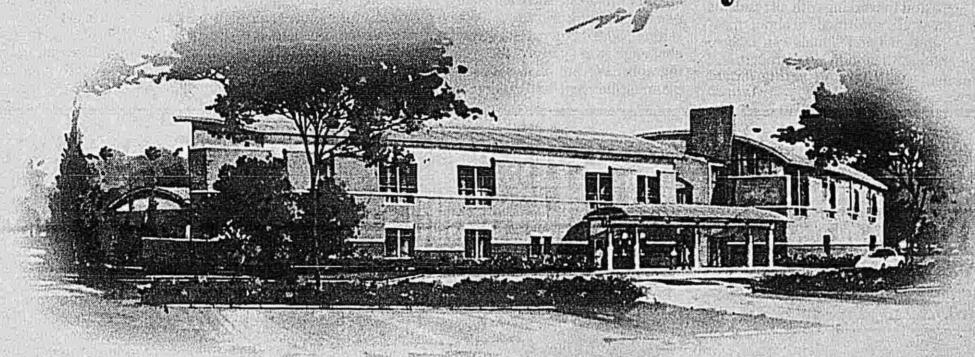
will help cover costs incurred and property loss

The mayor hopes that a federal declaration

Gratitude was expressed to Mayor Marilyn

ed by the Kerner family, the Wennstrom family, the Staten family, JJ Blinkers, Northern Exposure, Baskin Robbins, Rosati's Pizza, Deni's Candy Bouquet, G.P.W. Builders, Antioch Schwinn, Lyons and Ryans, Katie's Country Cottage, Josie's Doll and Teddy Bear Collectibles, Dairy Queen, Golden Panda Chinese Restaurant, Squire Restaurant, Leaves of Earth, Waterford Lodge, State Bank of The Lakes, Jewel, Black Forest Pastry Shop, Flo's Family Hair Care, Tulip Patch, JC's Pizzeria, Antioch Theater, Red School Café and Grande Jakes.

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#### **POLICE BEAT**

Persons charged with a crime are innocent until proven guilty in a court of law.

#### ANTIOCH

#### **Revoked driver's license**

Alan P. Hoff, 42, of 131 Bridgewood Dr. in Antioch was arrested on June 25 at 11:37 a.m. for driving with a revoked driver's license.

Hoff was observed at the corner of Rte. 83 and North Ave. driving a Chevy van with an expired sticker. Police advised Hoff of the reason for the stop. His identifiers were checked through LEADS, coming back as revoked.

Hoff was arrested and transported to the Antioch Police Department where he was placed through booking procedures. He'received citations for operating a vehicle with expired registration, and for driving while revoked.

He was released on bond pending a July 12 court date at 9 a.m. in Grayslake.

#### DUI

Edward De Grenier, 33, of 301 Terra Cotta in Crystal Lake was arrested on June 24 at 3:05 a.m. for driving under the influence of alcohol on Rte. 173 west of Tiffany.

Police clocked a red Pontiac traveling 53 mph in a posted 40 mph zone. The officer turned around to follow the vehicle and saw it cross the yellow line twice with both driver's side tires.

De Grenier was pulled over and advised of the reason for the stop. Police could smell the strong odor of alcohol on his breath and requested he exit the vehicle to perform a field sobriety test.

According to police, De Grenier showed poor balance and coordination in each of several attempts to do the one leg stand test.

He was placed under arrest and transported to the Antioch Police Department. De Grenier submitted to a breath test with a result of .17.

Citations were issued for driving under the influence of alcohol, driving with blood alcohol concentration of more than .08, improper lane use and speeding.

He was released after posting a cash bond pending court date.

#### No valid driver's license

Stephanie Miller-Burns, 28, of 279 Oakridge Ct. in Antioch was arrested for no valid driver's license on June 23 at 6:44 p.m. on Main St. at Park Terrace.

While taking stationary radar, police observed a red Buick coupe traveling southbound on Main St. at 45 mph in a posted 30 mph zone.

Police stopped Miller-Burns and requested her driver's license and proof of insurance. She said she had neither. Her identifiers were run through LEADS/NCIC/SOS confirming she had no driver's license.

She was arrested and transported to Antioch Police Department where she was issued citations for speeding, no valid driver's license and operating an uninsured vehicle.

She was released on bond pending July 12 court date in Grayslake.

#### Suspended driver's license

William M. Holstrom, 39, of 2018 Rolling Ridge in Lindenhurst was arrested for driving while license suspended on June 22 at 11:47 p.m. on Lake St. at Hillside.

#### **Letters welcome**

Letters to the editor are welcome. They should be on topics of general interest, approximately 250 words or less. All letters must be signed, and contain a home address and telephone number. The editor reserves the right

to condense all letters.

Send letters to: Lakeland Newspapers Attn: Letters to the Editor 30 S. Whitney St. Grayslake, IL 60030

Police spotted his vehicle approaching the intersection at a high rate of speed. Radar checked Holstrom doing 33 mph in 20 mph posted zone.

Holstrom was stopped and police ran his identifiers through LEADS/NCIC coming back as suspended.

He was arrested and transported to Antioch Police Department for booking procedures. He was released on a personal recognizance bond pending Aug. 22 court date.

#### Suspended, possession of drug paraphernalia

Daniel W. Collins Jr., 21, of 299 Joanna Ct. in Antioch was arrested for driving while suspended and possession of drug paraphernalia on June 22 at the corner of Main St. and

Police clocked a red Dodge traveling at 30 mph in a posted 20 mph zone. Collins was stopped and advised of the reason for the

stop. Police requested Collins' driver's license and proof of insurance. Collins gave police his state identification and said he did not have insurance. Identifiers were checked through SOS/LEADS with Collins having a suspended driver's license.

He was placed under arrest and placed into the rear of squad car.

While inventorying the vehicle prior to towing, police found a multi-colored glass smoking pipe containing possible cannabis residue. The pipe was on the floor between driver's and passenger seat.

Collins was transported to Antioch Police Department for booking. Collins said the pipe was his, but refused to answer any other questions about it.

He was issued citations for speeding, operating uninsured vehicle, driving while suspended, unlawful possession of drug paraphernalia.

He was released on a \$200 cash bond pending July 26 court date.

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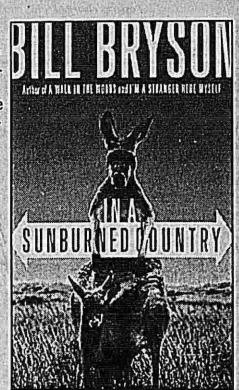
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#### **NEW BOOKS AT THE LIBRARY**

**In a Sunburned Country** 

Bill Bryson

new book by the world's funniest—and perhaps most eccentric-travel writer is always cause for rejoicing. Unlike many of his peers, who focus on typical destinations or touristy experiences, Bryson seeks out the odd, the little known, the one-of-a-kind, and the just plain weird. In his latest offering, which chronicles his exploration of Australia, he introduces us to a town that went without electricity until the early 1990s, a former high-ranking politician who hawks his own autobiography to passersby, an assortment of coffee shops and restaurants (Bryson is particularly fond of meal breaks), a type of giant worm, and the world's most poisonous creature, the box jellyfish. Bryson's use of language is unparalleled (he's also written two excellent books about the English language), and it is sheer delight to sink into his prose, especially his hysterical, enlightening, and sometimes moving descriptions of people and places we've never even imagined. His books are, quite simply, among the best and most rewarding travel literature ever written-head, shoulders, and torso above most of the competition— and this new title is a guaranteed winner. David Pitt — Copyright @ American Library Association.



#### **FICTION**

AF-GILL

Death of an Irish Lover: a Peter McGarr Mystery

Bartholomew Gill

**AF-ROBBINS**Fierce Invalids from Hot Climates *Tom Robbins* 

AF-BUNN

Great Divide T. Davis Bunn

#### AF-GARWOOD

Heartbreaker Julie Garwood

AF-TROLLOPE

Marrying the Mistress Joanna Trollope

AF-SAUL

Nightshade John Saul

#### **NON-FICTION**

ANF 791.43028092 MAC Camino: A Journey of the Spirit Shirley MacLaine

ANF 940.5426 BRA

How to Know God Deepak Chopra

ANF 796.62092 ARM

It's Not About the Bike: My Journey Back to Life

Lance Armstrong

#### ANF 919.40465 BRY

In a Sunburned Country Bill Bryson

ANF 344.730533 LOT

More Guns, Less Crime John R. Lott

ANF 305.4 SNY

Necessary Journeys: Letting Ourselves Learn from Life Nancy Snyderman/Peg Streep

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#### **LETTER TO THE EDITOR**

# Four coaches build character in players

I have not been known to write letters to the editor, but I felt this one must be written. There are four gentlemen in Antioch that I feel deserve recognition and praise for their contribution to Antioch Youth Baseball and to the devotion and concern they have shown to each young man on their team. Despite the "suggestion" from the league director to "play only the best players and bench the rest," these men stayed true to the ideal that all of the young men on their team deserved the chance to play baseball. (Didn't all of the players pay to play?) These coaches found value in each of their team members and slighted none because of the level of his abilities. As a result, some of these less skilled players made wonderful progress. My son was one of those players.

These coaches "checked their egos at the door" at every game and win, lose or tie the players were never made to feel that they were "losers." These four coaches are the All Stars of the coaching staff of AYB. As one who has taught for many years and who has also coached for AYB, I know that the feelings these young players take with them from AYB do impact on other aspects of their lives. It's unfortunate that some adults feel there are 11 and 12-year-old players who are not worthy of our attention and guidance. The building of character is not a task that is easily accomplished and many times overlooked but not in the case of these coaches. As well as the improvement of skills, the building of team spirit and individual character was always an integral part of the players training.

I just hope these men continue to coach because the community and those young players they coached are the winners. The character built by those who coach/teach is far greater in value than the score of any baseball game.

Chad Boehm, Mike Ruth, Tom Houghton and Randy Dussault, you have my thanks and admiration for what you have done not only for my son, but also for all of the sons whose lives you have helped to shape. Go Rockies.

Pace to discontinue

The Pace board of directors made deci-

sions on three bus routes with low ridership that were the subject of recent public hearings.

Route 895 Vernon Hills Corporate Shuttle,

which began in March 1999, will be discontin-

ued at the end of June. The bus provides week-

day rush-hour trips between the Vernon Hills

Metra Station and Corporate Woods, Computer Discount Warehouse, American Hotel Reg-

ister and the Continental Executive Parke. The Village of Vernon Hills and four companies

within Corporate Woods have participated in

the funding of Route 895 since the beginning of

the year in order to keep the service operating.

That financial support ends June 30, and the consistent low ridership on the bus does not

continued in August and replaced with a van

shuttle operation to be run by the Village of

Melrose Park. The current bus route provides

local service Monday through Saturday, with

passengers riding free and the village con-

tributing fares. Pace will provide the van for the

shuttle service at half cost, and the suburban

transit agency will also give supplemental

erate, but will have service reduced in late Au-

gust. The bus provides daily trips between the Great Lakes Naval Training Center and Gurnee

Mills, also serving Lakehurst Mall and Six Flags

Great America. The main service change is

hourly service instead of half-hour service on weekdays and during non-peak times on

weekends. Also, designated weekend trips will

run express between the Naval Training Cen-

ter and Gurnee Mills, which is the destination

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Route 567 Ports of Call will continue to op-

funding for the remainder of 2000.

for most riders.

Route 441/442 Melrose Park will be dis-

warrant continued service.

three bus routes

Kris Bolin Antioch

# NEIGHBORS

Name: Mariann Haugh

Home: Antioch

Occupation: Retired from Ameritech

Community involvement: Volunteer at St. Peter rum-

mage sale

I'm originally from: Berwyn
I graduated from: Kendall, Wis.

My family consists of: My sister Sherry

My pet is: A Scottie named Dana.

What I like best about my town: Friendly, caring neighbors and friends.

The secret to my success is: I like to please people.

I relax by: I don't. Everybody knows I'm hyper.

My perfect day in Antioch would be: Enjoying the sunshine and boating.

Last book I read: I like to read "Woman's World Magazine."

Favorite TV show is: News

Favorite movie is: "Gone with the Wind"

Favorite music: Light

Favorite restaurant: All Antioch restaurants.

My life's motto is: Be kind and grateful for everything we have.

If I won the lottery, I would: Share it with friends.

My greatest accomplishments are: My valued circle of friends.

I want to be remembered as: A good friend and person.

People who knew me in high school would say: She hasn't changed.

My pet peeve is: Hot-headed people and impatient people.

My dream job would be: I don't want to work anymore-just enjoy life.

If you have a "Neighbor" that you would like to see profiled in this column, call Neal Tucker at 223-8161.

#### **Letters to the Editor**

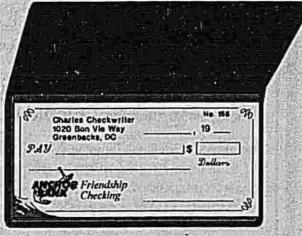
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# Calendar

Friday, June 30

20th Annual Taste of Chicago held in Grant Park in Chicago through July 9. For more info., call 312-744-3315 or visit the web site at www.cityofchicago.org/specialevents

Saturday, July 1

Sat. 9:30 a.m.-5 p.m., Sun. 10 a.m.-4 p.m., "Great Midwest RubberWalk" rubber stamp convention held in Kenosha at the Carthage College Todd Wehr Center, 2001 Alford Park Dr. \$5 each day at door, for info., call 262-857-3100

Ravinia Festival presents Russian Rhapsody with the Chicago Symphony Orchestra. For ticket info., call 266-5100 or visit www.ravinia.org

Sunday, July 2

7-9 p.m., Open Gym at Antioch Community High School, cost \$2, adults only

Monday, July 3

12:45 p.m., Bingo at Antioch Senior Center, info. at 395-7120

7 p.m., Northwest Educational Group meets at Lake Villa Administrative complex

7 p.m., Antioch Garden Club meets in the Maplethorpe Room at the Antioch Comm. Center, visitors welcome, for more, call Suzi Hetzel at 395-3803

6:45 p.m., Bingo at Antioch Moose Lodge, Rte. 173, 2 miles west of Antioch, info. at 395-9780

7 p.m. Network of Friends, Multiple Sclerosis support group meets at Antioch Moose Lodge (newly diagnosed welcome)

7-9 p.m., Lakes Area Community Band rehearsal at Antioch Community High School, information at 395-6729

Tuesday, July 4
4th of July Festivities:

A day of events held at Williams Park including a Children's Fun Fest with many activities, a 5K Race, an ice cream social hosted by the Lakes Area Historical Society, all kinds of contests, sporting events, an apple pie baking contest, 25¢ pool admission, and much more. Food sold by local groups and music performed by various bands and the choir. Fireworks held at Williams Park at dusk. Call 395-1000 for details.

Wednesday, July 5

7-8:30 p.m., A Safe Place/Lake County Crisis Center, free support group for women victims of abuse meets in Round Lake, call 249-4450 to find out more

Sequoit Board of Directors meets

6:30 p.m., TOPS Weight Loss weigh-in, 7 p.m. meeting at Antioch Senior Center, 817 Holbeck, information is available at 395-6437 or 395-8143

7-9 p.m., Northern Lake County Quilter's Guild meets at State Bank of the Lakes in Lindenhurst, call Valerie at 838-2126

Thursday, July 6

7 p.m., American Sewing Guild group "Running in Stitches meets at State Bank of the Lakes, Lindenhurst, call Janet at 265-7932 or Chris at 548-8223

8-9 a.m., Network Lake County, a business networking group, meets at In-Laws restaurant in Gurnee, guests invited, call 548-5305 to find out more

Coming soon
July 8

12:30-4:30 p.m., Earth Festival held at YMCA Camp Duncan in Ingleside. Several live performances, crafts, vendors and activities (swimming, boating, hayrides, fishing and more) for a day of family fun. Tickets are \$10 per family in advance and include lunch. Call (815) 385-4743 for details

GOT SOMETHING GOING ON? CALL US!

A 14-day noti ce is needed for all calendar requests. Call 223-8161 and ask for calendar assistance. Or e-mail calendar@lakelandmedia.com

# Some like it hot, some like it cold—the air conditioning battle wages on

Tell the battle lines have been drawn and both sides have hunkered down for what appears to be a really, really long summer. The mom of the house fought bravely when she and Hubby built their home eons ago; he wanted central air conditioning, she wanted a central vacuum system. Wifey won. Every summer since then, as soon as the mercury rises above 65 degrees, Hubby would start his whining about the heat, and Wifey would stand her ground. And so life went on until several months ago - with the children of the house, who are getting older and showing way too much interest in Hubby's big screen TV in the great room, he decided the time had come to finish off the basement, giving the aging sibling a bit of their own space.

Electricians, plumbers and carpenters were busy refining their individual talents on the floor below the main living space of the house. Wifey had an idea what Hubby was up to, but she had no proof until she accidentally stumbled across a rather large space that had been cleared out around the furnace.

Hubby quickly explained it was for a humidifier, Wifey nodded satisfied, but was highly suspicious. Then a small concrete slab appeared on the side of the house, this Hubby testified, as so her garden hose no longer would have to rest in the wood chips and get dirty. Wifey again nodded in agree-



# JINGLE FROM PRINGLE

Lynn Pringle

ment thinking, "Yea, who wants a dirty garden hose," but her suspicion grew to the size of Rhode Island. Then came the morning when a huge truck backed into the driveway and a rather large square piece of machinery that strongly resembled an air conditioning unit was delivered.

Hubby, doing a really poor impression of looking surprised, exclaimed, "Who the heck ordered that?" And that is when war was waged. Now Wifey and the children have experienced first-hand what Dad thinks is an appropriate temperature. This is the man that hails from Canada, and the last time they stated in a hotel room with air-conditioning, he put it on full blast, on the coldest setting possible. Did I mention it was December and they were in Toronto? They had to actually call down to the front desk and ask for an ice scraper to scrape the insides of the windows in their room. Mom and the kids ate their room service breakfast on the balcony because the arctic air was actually an improvement over the temperature inside.

Hubby believes 55 is a pleasant temperature, Wifey thinks 80 is more acceptable. Hubby relented to 70, Wifey consented to 79. Hubby moved to 75, Wifey, reluctantly bartered to 77. And there is where the stalemate lies. So now there is a little game played daily when Wifey and Hubby are under the same roof. Every time either one ventures past the thermostat, you can hear beep, beep, beep as the temperature is re-programmed. Hubby snickers as he is usually the last one to bed at night, and as sure as the sun rises in the east, beep, beep, beep,

goes the thermostat. But Wifey is always the first one up in the morning, so once again beep, beep, beep penetrates the house. Wifey is pretty sure though that all will be well soon, because next week in the mail the bill from Commonwealth Edison should arrive—we'll see how much beep, beep beeping goes on then.

And so goes another "Jingle from Pringle."

Readers with information for "Jingle from Pringle" should call Lynn Pringle at 395-6364.

# Historical society to give out ice cream

By JULIE MURPHY Staff Reporter

The Lakes Region Historical Society (LRHS) is holding its annual open house at the Historical Society Museum after the parade.

Bringing back an old Antioch tradition, LRHS will be giving away free ice cream in addition to its famous punch and cookies.

Children of all ages are welcome to enjoy this cool treat by asking, "Please Mr. Reeves, may I have an ice cream?"

Event chairman, Earl Beese said, "We're preparing to have sundae cups for 500 people. We're going to have it set up outside, weather permitting."

The tradition started years ago when children from the lower grades of elementary school would come to Reeves' Drug Store on a designated day each week to get their free ice cream cone. They had to go to the back of the store to find Mr. Reeves at his desk and ask him for the ice cream in person. Before they would get it, they had to make sure they said "please."

The historical society displays will be open for viewing, including the new display of Reeves' Drug Store.

The open house begins immediately after the parade and will remain open until about 3 p.m.



New on display at the Historical Society Museum is Reeves' Drug Store. In the tradition of Mr. Reeves, the Lakes Region Historical Society will be giving out free ice cream on the Fourth of July at its annual open house immediately following the parade. —Photo by Kirsten N. Hough

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For more information about hosting one of these students, call Paul Wierzbicki at (815) 455-3415. Or call the State Director at 1 (800) 313-5758.

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A Directory Of Antioch Area Churches

Graceland Baptist Church. 258 Ida St., Antioch, IL Sunday School 11am., Morning Worship 11am., Sunday Evening 7pm. Robert Williams, Pastor.

First Church of Christ, Scientist & Reading Rm. Rte 173 and Harden, Antioch, Phone (847) 395-1196. Sunday School, Sunday Church Service 10:30am, Wednesday, 7:30pm.

Beautiful Savior Evangelical Lutheran Church. 554 Parkway, Antioch. Phone (847) 265-2450 Sunday Worship at 9am, Sunday School, High School & Adult Bible Classes 10:30am.

Heritage Lutheran Church. Lindenhurst Civic Center, 1949 Old Elm Rd., Lindenhurst. (847) 356-1766. Sunday service 10:00 am, Sunday School & Bible Class 9:00 am. (summer schedule - 9:00 am Sunday) Rev. Mark W. Anderson, pastor.

St. Ignatius Episcopal, 977 Main St. Phone (847) 395-0652. Low Mass 7:30am., High Mass 9:30am Sunday School & Nursery 9:30am.

Antioch Evangelical Free Church. 750 Highview Dr. Phone (847) 395-4117. Sunday Worship 8:15, 9:30 & 11:00am, Sunday School for all ages, infant thru adult, 9:30am. Children's Church 11am. Awana, Youth, Women's Ministries, Men's Ministries, Growth Groups, Seniors. Senior Pastor David M. Groleau.

St. Stephen Lutheran Church (ELCA). 1155 Hillside Ave. Phone (847) 395-3359. Sunday Worship, 8 & 9:30am. Rev. Robert Trendel, Interim Pastor.

Christian Life Fellowship Assemblies of God Church. 41625 Deep Lake Rd., Antioch. Phone (847) 395-8572. Sunday School (all ages) 9am., Sunday Morning Worship 10am., Children's Church 10am., Sunday Evening Worship 6:30pm., Wednesday Worship & Children's Program 7am., Tues. Women's Fellowship & Bible Study 9-11:30am. Jeff Brussaly, Pastor. Faith Evangelical Lutheran. 1275 Main St., Phone (847) 395-1600. Sunday Worship 8 & 10:30am., Sunday School 9:25am., Sal. 7pm., Rev. Gregory Hermanson, Pastor. Christian Day School (847) 395-1664.

Millburn Congregational United Church of Christ. Grass Lake Rd. at Rte. 45. Phone (847) 356-5237. Sunday Sérvice 10am. Children's Program 10am. Rev. Paul R. Meltzer, Pastor.

United Methodist Church of Antioch. 848 Main St. Phone (847) 395-1259. Worship 8:30 & 10am., Fellowship Time 9:30am; Sunday School 10am.

St. Peter's Church. 557 W. Lake St., Antioch. Phone (847) 395-0274. Masses weekdays, 7:30am; Sunday 6:30, 8, 9:30, 11:30am & Saturday 5:30pm. Rev. Father Ronald H. Anglim, Pastor.

Chain of Lakes Community Bible Church. 23201 W. Grass Lake Rd., Antioch, Phone (847) 838-0103. Sunday Worship 8:15 and 10:45. Sunday School 9:45. Children's Church 10:45. Youth, Women's, Awana & Small Group ministries. Pastor, Paul McMinimy.

Good Shepherd Lutheran Church (Missouri Synod). 25100 W. Grand Ave. (Rte. 59 & 132), Lake Villa. (847) 356-5158. Sunday Worship 8:15 & 10:45am; Sunday School (3 and up) and Bible Study 9:30am, Christian Preschool. Rev. John Zellmer, Pastor.

Lighthouse Church of Antioch

554 Parkway Ave., Antioch, IL (847) 838-0616. Saturday Evening Service 7:00 p.m. Adventure Club for Kids, Adult Bible Study Saturday Evening 6:00 p.m. Monday Evening Bible Study 7:00 p.m. Thursday Evening PTSD Support Group 7:00 p.m. Senior Pastor Tom Bartmer.

Dan Dugenske, Director
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# Along the **Green Road**

he golf course usually yield's some pretty wild happenings. And last week was no exception to the rule.

First, a great time was had by all during the 8th Annual Grayslake Colts Football & Cheerleading Golf Outing at Antioch Golf Club.

"I think it was a tremendous success," said George Gallaugher, one of the organizers for the event and member of the Board of Directors for the Colts.

"And it just keeps getting bigger and better every year.'

All in all, 140-plus Grayslake and surrounding area hackers, most of us anyway, were all present with the focus of helping benefit Grayslake football ages 6-18.

"Football is one of those sports that's a role sport," said Grayslake High Athletic Director and head football coach Dan Dillon.

"It's great that we continue to promote this. It's a chance where everyone bounds together with one common goal."

Besides Grayslake, representatives from Antioch, Lake Zurich and Crystal Lake youth football programs were present for the event.

"There was a good cross-section," added Dillon. "It's nice to see so many different people, not only from Grayslake, but from other areas, out here to help support this

Meanwhile, Gallaugher mentioned that all teams playing for the Colts Football & Cheerleading Association have once again been invited to play in the national tournament, held in late August at the Iowa Dome.

 There was also a big-time first last week at the Lake County Chamber Golf Outing held at Midlane Resort in Wadsworth.

That's when an ace was scored for the first time in the event's 55th year.

Phil Hannah drilled a hole-in-one on the 151-yard 26th hole.

He was in shock when I saw him afterwards," said Mike Foerster, who served as Chairman for the Golf Committee and in addition to being the Director of Administration at Six Flags.

"It was great that we could have a representative from Celozzi Ford in Waukegan come out right away. The event had 140 players and was again a tremendous success.'

For his efforts and speaking of Celozzi Ford, Hannah, for his efforts, was rewarded a 2000 Ford Focus.

 And for all of those who aren't familiar, yours truly meets many interesting characters, not only in my travels as a journalist, but as a caddie as well.

I happened to get some good insight where Carmel football is concerned when I worked along side of junior-to-be Mike Zeifert, who fits the role perfectly as a caddie, standing 6-feet, 205-pounds.

Ziefert will probably start on the offensive line for the Corsairs this coming fall.

"Caddying has been a great way to keep in shape," said Zeifert, who is in his third year

dragging at Shoreacres GC in Lake Bluff. "Plus, it's a nice way to make good extra cash.'

John Phelps can be reached at (847) 223-8161, ext. 132; fax (847) 223-8810; or e-mail at edit@lnd.com.

# SPORTS

June 30, 2000

# Workshops give student trainers a leg up

By JOHN PHELPS Sports Editor

The anatomy of the body is a pretty good place to start if you're an aspiring student ath-

Well, classes of between 8-15 people congregated as part of a Student Athletic Trainers Workshop at Carmel High School.

The workshops were presented by the Sports Medicine Department at Condell Medical Center.

'We've had a very positive response to the classes," said Dan Houglum, one of the workshop instructors. Houglum is an employee of Condell and also works as an athletic trainer at the Centre Club in Libertyville.

"If one is interested in sports medicine or medicine in general, the workshops serve as a great stepping stone."

Kathryn Webster, also employed at Condell and a certified athletic trainer contracted by Trinity University, was another featured instructor for the workshops.

Everyone thinks that we just run on the field and tape a leg or an ankle," she said. "But it's much more involved. We as athletic trainers deal with the prevention of as well as care for injuries. We also serve as educators."

The first week of the workshops dealt with topics such as the introduction to anatomy, basic injury assessment, injury prevention and treatment and basic taping and bracing, just to name a few.

The second week focused on the different aspects of rehabilitation, training and conditioning techniques, muscular strength, range



Grayslake Community High School student Heather Braun learns how to tape an ankle as Carmel High School Athletic Trainer Tom Fischetti looks on during a student athletic training workshop at Carmel High School.—Photo by Sandy Bress-

of motion and manual muscle testing.

Holli Cruz, who will be a sophomore at Grayslake High School this fall, practices karate and ballet and is hoping to work in the medical field some day.

"I think the most interesting thing we've learned was dealing with the back and the different bones and muscles," she said.

Christy Anderson, also a sophomore-to-be at Grayslake, plays tennis recreationally and said she has also benefited from the workshops.

"I'd like to be either a doctor or nurse after college," she said. "The taping of various injuries was really interesting. I hope there are more classes and workshops because I just want to be able to help my peers when an injury occurs."

Condell and the Red Cross will be presenting a six and a half hour course for coaches in basic first aid skills. The course is slated for August and will be held at Grayslake High

# Lakers up to old tricks

By JOHN PHELPS Sports Editor

They might have different faces from year to year but the results are very similar when it comes to the Lakeland-based Laker eighthgrade basketball team.

Last weekend, the Lakers improved to 58-5 on the summer season after claiming the title in the North American Youth Basketball Regional held at Batavia High School.

"We don't have the superstar in Andre White but our depth is probably the strongest we've had in some time," said head coach Denny Porter. "We're playing very well right now. This team is very quick."

In Porter's 30-plus years of running the program, his teams have earned seven AAU National titles and numerous state and regional crowns.

In Batavia, the Lakers downed the Chicago Heights Hawks 67-52 to claim the title, which included a 25-6 run in the second half.

Guard Julian Lott, heading to Zion-Benton High this fall, led the way with 18 points. Center Eric Verneisel, who will attend either Carmel or Jacobs, scored 14 points while snaring 11 rebounds. Forward Ivan Turner, also heading to Zion, chipped in with 10 points and nine rebounds.

The Lakers also have a second squad, the silver team, which posted two victories at Batavia.

# Firecracker Sports Tournament to be held at Williams Park

'This is a big part of the Fourth

of July celebrations and the

community greatly looks

forward to it.'

Karen Kubin

Marking Officer for FNBEO

BY BECKY DUBA Staff Reporter

The First National Bank-Employee Owned is hosting its 9th Annual "Firecracker Sports Tournament" on the Fourth of July at Williams Park.

Karen Kubin, Marking Officer for FNBEO, said, "This is a big part of the Fourth of July celebrations and the community greatly looks forward to it."

The event will include a Crazy Co-Ed

Softball tournament, which actually begins the evening of July 3 and will continue on throughout the Fourth. Only 20 teams will be accepted and a \$40 entry fee is necessary. First, second and third place winners will receive cash prizes. For more information on how to register early, contact Elaine Lonergan at 395-3443 or Mike Gliniewicz at 395-1888.

Another event for the day is Co-Ed Sand Volleyball, running from 9 a.m. until sunset on the Fourth. Only 8 teams are to be accepted with cash prizes going to the top 4. First place will win \$150. Only 16-year-olds and up may play. A \$35 registration fee is required and for more information call Kevin Daw at 395-4760.

Patrons may also involve themselves with the Basketball three-point shoot out and the Horse Shoe Tournament.

The Basketball three-point shoot out is for all ages and runs from noon to 3 p.m. The top 3 persons from each age group will receive cash and prizes. People will shoot 3 shots from cer-

tain already marked positions around the basket. The event costs only \$5 with necessary registraion on site from 11 a.m. to noon. To pre-register for the event, call Karen Kubin at 838-2265.

Registration for the Horse Shoe Tournament can also be done on site; but only the first 16 teams are allowed. This event costs \$10 and is sponsored by Thelen Sand and Gravel, Captain Curts and Antioch Lanes. For further information about this event, call Phil Lindberg at 395-0442.

"This is a huge event," Kubin said. "And it just makes the whole day."

Because of limited space, all parties interested should register as soon as possible. The deadline is June 23. Entries and fees can be mailed to First National Bank-Employee Owned c/o Firecrackers Sports Tournament P.O. Box 389, Antioch, Illinois 60002.

# Chicago White Sox training centers offer chance to polish skills

The Chicago White Sox Training Centers, week-long summer baseball camps traveling to more than 160 Illinois, northwest Indiana and Iowa locations this summer, offer top-notch youth baseball and softball instruction to kids

Top collegiate coaches, full-time private instructors, former major leaguers, current professional coaches and scouts and handpicked collegiate players instruct camp participants during an intensive week of fine-tuning fundamentals, learning and improving skills and gaining insight into the game from those

who know it best. Current White Sox staff and players make special guest appearances at various Training Centers throughout the summer. Last year,

Manager Jerry Manuel, first base Coach Bryan Little and players James Baldwin, Scott Eyre,

Keith Foulke, Mark Johnson, Paul Konerko, Jeff Liefer, Greg Norton, Jim Parque, Bill Simas, Chris Singleton and Mike Sirotka stopped by to offer their own tips and to speak to the kids about their playing experience.

Each training center costs \$159 and runs Monday through Friday for 3 1/2 hours daily. Training Centers cover hitting, bunting, pitching and catching, infield and outfield training, baserunning, position play, throwing mechanics, stance glovework and ball transfer. Physical and mental preparation, and specific game situations and strategies also are taught. In addition to providing individual instruction, the Training Centers also stress the importance of teamwork.

Every student who completes the program receives a Sox Training Center Tshirt, cap, bat bag and hitting book in addition to membership in the Silver and

Black Pack, which includes six game tickets and a pre-game parade on the field at Comiskey Park.

At every White Sox home game, all children can compete in the skills competition by visiting the popular FUNdamentals area at Comiskey Park.

This area opens 1 1/2 hours prior to each home

the game starts. The FUNdamentals area is staffed by the professional staff of the White Sox Training Centers and features batting cages, pitching cages, a simulated basepath for running and a hitting training area.

Upcoming Training Center locations include Williams Park in Antioch July 17-21, Odom Field and Butler Lake Park in Libertyville July 24-28, Gene Hanson Field at The College of Lake County July 17, Community Park Field July 10-14 and Jaycee Park in Grayslake July 17-

For more information about the Training Centers or the Baseball Skills competition, call or e-mail the White Sox Training Centers at: White Fox Training Center Headquarters, call game and remains open for 1 1/2 hours after. \_ \_ (630) PLAY BALL or e-mail: stc@chisox.com

# LV Travelers bring home the gold

The Lake Villa Traveling 11-year-old baseball team competed in the 12-team 2000 Elk Grove Memorial Day Tournament.

The wet conditions did not interfere with Lake Villa's dominating play. In the first of two games, the Travelers were matched against a strong Carol Stream team. Carl Stream and Danny Sheridan were dominating in the first six innings on the mound with Sean Hertz closing the door in the seventh for the 9-7 win.

Hoffman Estates was the next victim on LV's road to the championship. Ross Morway, Brian Schmidt and Zach Amrein were strong on the mound. Strong defense helped to seal the 9-5 victory. The offense sparked as LV smashed their way to 14 hits. Carl Stream (3-for-3, two doubles), Steve Klein (2-for-3, double), Sean Hertz (2-for-3, double), Josh Manninen (2-for-3) and Matt Limbert (2-for-4) paced the offense.

On a sunny afternoon, LV met the DuPage County Demons in their semifinal match-up. The defense was clicking on all cylinders behind the pitching of Stream, Klein and Schmidt. Lake Villa collected 10 hits with Stream going 3-for-3, Klein 2-for-2 and Hertz 2-for-3 as LV downed the Demons 8-4 to advance to the championship game.

The weather was perfect for the evening match-up against tournament host Elk Grove Village. Hertz and Stream were outstanding on the mound as they fanned 10 batters in 6 innings. Brian Schmidt came in and closed the door on the 5-4 victory. LV took a quick lead early in the game, fell behind, but then rallied in the fourth to regain the lead and never look back. This was baseball at its best as LV made great plays, collected timely hits and fought hard all the way to the final out.

With approximately half of the season behind them, LV is proving to be one of the top 11year-old teams in the area with an overall record of 21-6-1.



And the pitch!

Trevor Popp delivers the heat during an Antioch Youth Baseball game last week. -Photo submitted by Robin Jaranson.

A note to our community...

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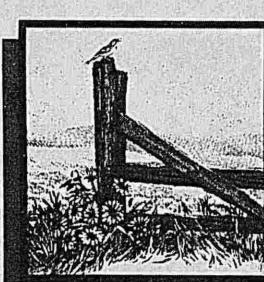
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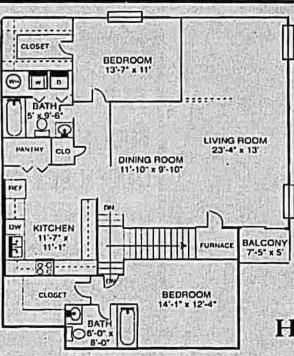
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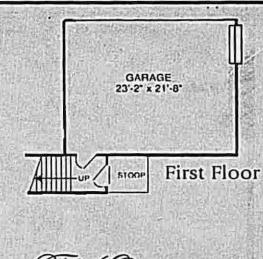
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# 

Week-long camp marks 10th year assisting young burn victims

From Hebron to Hillside, they came in support of youngsters who are survivors, yet come to this camp to escape the harsh realities they face.

The event—in its 10th year—is an annual camp for burn victims held at Camp Duncan.

"This is the eighth time I have been here. My daughter is a paramedic as well as my son and son-in-law," said Sharon Payne of Orland Park.

The 80 participants enjoyed the last week of spring and start of summer sharing their experiences, capped off by a parade of fire trucks and dance. The camp is sponsored by Illinois Fire Safety Alliance and dozens of

Please see CARE / Lakelife 3

BY STEVE PETERSON
STAFF REPORTER

Eight-year-old Lonnie Boyd plays on a hill of the YMCA's Camp Duncan in Ingleside during

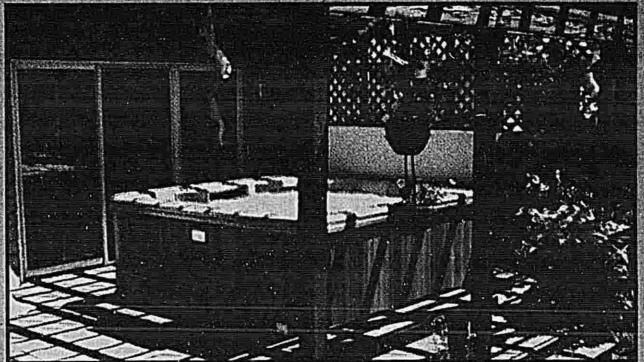
Eight-year-old Lonnie Boyd plays on a hill of the YMCA's Camp Duncan in Ingleside during visitor's day of the Illinois Fire Safety Alliance's annual Burn Camp.—Photo by Sandy Bressner



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# There'll be a hot time on the ol' cruise tonight

fter much cajoling, pleading and whining, Donna finally convinced her husband to board that big old jet liner and take the family on a well-deserved vacation to the great Northwest. I'm sure we'll hear all about the Abear family vacation upon their return next week—in the meantime I have the honor of filling Donna's shoes. Hopefully their not clogs. . . there's something about men in clogs that just doesn't work for me.

My wife and I recently returned from our own vacation, a cruise to the Caribbean.

Surely you've seen the commercials—bikini clad women running around the decks while guys with full heads of hair and well-defined pecs sip cocktails by the pool bar. Okay, so there really isn't much truth in advertising today, but the point is if you drink enough of those cocktails by the pool bar, you'll begin to think your fellow shipmates look like ad agency models.

You've heard the stories of the outstanding service on cruises and I'm happy to report that it's all true. From the time the plane touches down, your every need is taken care of. First you're met at the gate by a toothygrinned cruise line representative who proceeds to take the new arrivals on a walk through the airport on what can only be described as the Batan Death March. We lost one couple from Minnesota on the death march—lucky for us it was the couple from Minnesota who decided to "look alike" by wearing the same flowery Hawaiian shirts. How does a wife get a guy to agree to that??

The next days of our trip were spent acclimating ourselves to the temporary home we called "our closet" away from home. This actually turned out to be part of the "fun" the travel agent promised us in that we simply couldn't help rubbing up against each other in those tight quarters.

Shopping on the islands for all sorts of items you can get right here in the good old US of A is a favorite past time for many of the passengers. I don't get it—spend \$5,000 to go on a cruise, several hundred more on appropriate clothing and sundries, all in an effort to



# EVERYTHING'S FINE

Steve Fine

spend most of your time running from store to store to save \$25 on a watch you can find at a K-Mart blue light special. My wife is in full agreement with me on this and so I was only forced to go schlepping from store to store once. It cost me a mere \$500 but I am now the proud owner of an authentic desk clock made out of real sea shells from the beaches of Aruba. Actually if you ask me, they look just like the shells I use to pick up from the beaches in New Jersey minus the medical waste materials.

As promised by the TV ads, the food is to die for and several passengers actually at-

tempted to do just that by eating themselves into a coma. We counted the number of times the ship serves sit-down meals each day and we came up with the same number that Carl Sagan attributes to "star stuff": billions and billions.

At dinner one night we were treated to the dance of the Flaming Bobka, or in other words, waiters dancing around with flaming sterno on their heads while attempting to perform the limbo. I'm not kidding—these poor men and women from third world countries are forced to carry a flaming whipped cream pie on their head. Now that's what I call first rate entertainment!

As the parade of flaming pies was nearing its end, one over zealous waiter attempted to perform the Macarena and YMCA at the same time. We quickly learned that this should not to be attempted if you have flames shooting out of a pie tin attached to your head. Of course he missed judged his footing and the pie slid off his head and onto a female passenger dressed in what can only

be described as "flammable material." PHOOF! She was up in flames faster than dry kindling in a forest fire. After the applause quieted down (many of us thought she was part of the show), we doused her with left over beverages from our table and quietly wished it was us who were in her place. Why you ask would we want a flaming bobka on our laps? Rumor has it she received a free cruise each year for the rest of her life—she is, however banned from eating in the main dining room when flaming pies are the entertainment for the evening.

Of course all good things must come to an end and before we could count the number of drinks on our bar bill, it was time to drop anchor and return to reality. The worst part of cruising is the last day of the trip when cruise ship personnel are told to eject you off of the ship (bodily if necessary) to make way for the new customers. This shift in attitude begins precisely at the time you hand out the "tip" envelopes to your cabin steward, waiter, head waiter, assistant head waiter, drink steward, wine captain, chair puller outer, and salad dressing pourer. Once that envelope is sealed and handed over as a gesture of thanks for a great week of cruising, it's all over but the shouting. Before you know it the captain is requesting that all passengers pre-pare to disembark—50 miles from port! As soon as the ship hits the dock you're politely asked to "disembark" (loosely translated get the #\*&@ off this ship) and that smiling representative who met you at the airport is now sneering at you for taking too long to carry all of your own luggage towards cus-

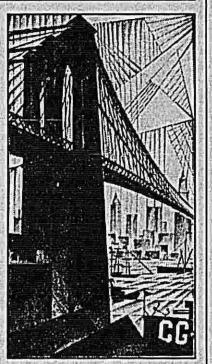
Vacations are great but there truly is no place like home—at least you know you'll be safe from flaming bobka's.

SO-AND-SO is a personal friend of Donna Abear's. He has tied her up and locked her in a closet so that he could share this guest column with you. Honest-fly, he agreed to "guest host" for her while she takes a family vacation. Her column will return next edition.

# 'Figures and Forms' at the Terra Museum of American Art

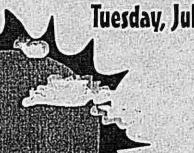
Pictured are works from Figures and Forms: Selections from the Terra Foundation for the Arts, an exhibition that examines and contrasts the many approaches to the representation of the human body, architectural structures and still life forms. Figures and Forms will be open to the public through Sunday, July 9, at Terra Museum of American Art, 664 N. Michigan Ave., Chicago. The exhibition features more than 75 works of art focusing on the concept of the human figure and architectural forms as seen through the eyes of noted ninteenth and twentieth century American artists including George Bellows, James Abbott McNeill Whistler, Robert Henri, and Edward Hopper, among others.

For more information, call Terra Museum of American Art at (312) 664-3939.



Brooklyn Bridge, c. 1925 by Arnold Ronnebeck

# 2000 Antioch Run For Freedom Tuesday, July 4th, 2000 at 8:30 a.m.







Applications and more information available at www.thisisyourbank.com or (847) 395-2700.

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Awards for the top three males overall and top three females overall. This includes 4 tickets to a Chicago Cubs home game for first place male overall and first place female overall.

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Awards will be given to the top three males and top three females in the following age groups: 11 and under, 12-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+.

#### AMENITIES:

- T-shirts to the first 1000 registrants to
- pick up their race packets.
- Complimentary refreshments.
- Course maps in the race packets.
- Ample parking.

#### REGISTRATION & PACKET PICK-UP:

- Registration forms available at the following State Bank of The Lakes locations:
  - Antioch 440 Lake Street Grayslake - 50 Commerce Drive Lindenhurst - 2031 East Grand Avenue Spring Grove - 1906 Holian Drive ...or at www.thisisyourbank.com
- Registration in person and packet pickup at State Bank of The Lakes, 440 Lake Street, Antioch, IL until Mon, July 3, 2000
- Registration and packet pick-up on race day from 6:30 a.m. until 8:25 a.m. Corner of 741 Main St (Rt 83) and Poplar Ave, Antioch IL. Across from the Scout House.

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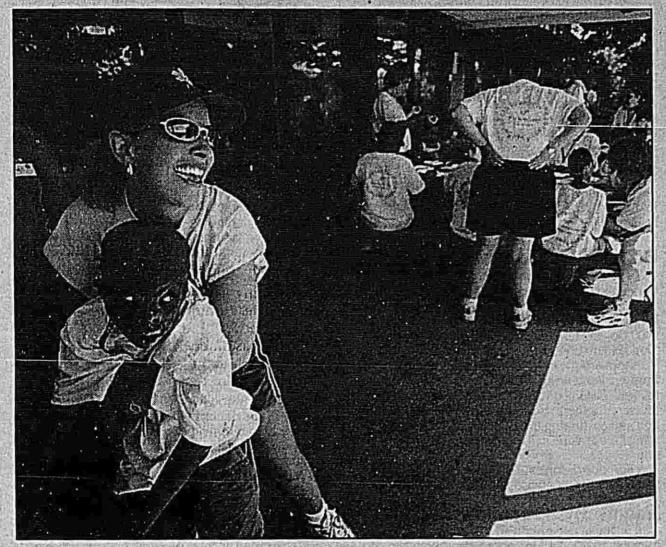
• Artists and fine crafters, selected by jury, will be exhibiting on the wooded grounds of the Abbey near the shore of Benet Lake

1 mile northeast of Antioch, Illinois, on Nelson Road

1 mile north from intersection of 173 & 83 to North Ave., East 1 mile to Nelson Road

### **FROM LAKELIFE 1**

# CARE



Camp counselor Sarah Rusk shares a laugh with camper Jeremy Smith during visitor's day at the Illinois Fire Safety Alliance's Burn Camp.—Photo by Sandy Bressner

suburban fire departments.

"It is very emotional when they have to leave. The kids go back to the cruelty they face. A lot get choked up," Payne added.

"The participants enjoy coming to camp. They are in the same situation as everybody else. There are no put-downs, weirdo, or geek. It is a safe place, away from the war zone," said Kim Kiser, director of Camp Duncan.

Kiser said there are "a lot of tears on the last day. It is bittersweet-they don't

Daily activities of boating, archery, campfire singing are supported by therapy, both emotional and physical.

"We donated a six-person golf cart. We have always raised funds for burn camp. Last year, we gave them a video camera. It is a time for them to get their childhood back,' said Paul Ross of Tri-State Fire Department, in Darion, Ill.

The children incurred the burns through all sorts of circumstances, including physi-

cal abuse, burn camp leaders said.

The cabin leaders, staff and victims often become friends for many years to come. One Mt. Prospect firefighter's recent wedding was attended by many burn camp vic-

"It's the kids. My daughter loves helping kids. It is the best of both worlds," said 'Seeing the kids smile is wonderful. Just seeing them with their

counselors. They can sit down

and start talking and know there

is an adult who cares.'

Kathy Haage

Deerfield-Bannockburn

Fire Department

Therese Viggiano, whose daughter Yolanda works for the Mt. Prospect Fire Department. Mt, Prospect's Chief, is president of Illinois Fire Safety Alliance.

Before lunch on a Wednesday visitors day, family members

lined up along the main street of the camp, as a parade of fire trucks from Alden-Hebron to Tri-State Fire Department moved along. Wauconda, Grayslake, Round Lake and Fox Lake were among area departments represented. The event gives fire departments a chance to show off their trucks in the parade and support of the alliance. A lunch was served and a fun fair was held. On Friday, campers gathered for a dance.

Campers in groups of six had a chance to ride in the ladder truck from Wauconda Fire Department.

Wauconda Fire Chief Dave Dato served as president of the alliance last year.

"I've always enjoyed the kids. They get something out of it and it enriches their lives. We have people from southern Illinois here and two other states-Wisconsin and Indiana-have started their own burn camps," said Dato.

"Our goal is to eliminate the need for the camp," said Jim Quinn, chief of Deerfield-Bannockburn Fire Protection District.

"Seeing the kids smile is wonderful. Just seeing them with their counselors. They can sit down and start talking and know there is an adult who cares," said Kathy Haage, ad-

ministrative manager for Deerfield-Bannock-

Haage has been at the camp all 10 years.

She recalled the first year, in the 100-degree heat, when it was a battle to help keep campers and their wounds cool. "We did not know what camp was," she said.

A group of Harley-Davidson owners raffled off a motorcycle at the camp. The Hot Times Poker Run has supported the camp for eight years.

"We have 14 firemen who ride motorcycles. It is a very worthy cause. The first year, we raised \$500, this year we are giving a check for \$11,000. Next year, we hope to raise \$20,000. I know someone who was burned on 100 percent of his body. You never heal those wounds. Several people wear long sleeves, but it is harder for women. Another friend, Ron Cox, is retired and he doesn't care as much what he looks like," Gunner Jefferies of Villa Park Harley owners group, said.

Kiser said although the camp requires much time of her staff, it is very worthwhile. The Northern Illinois Burn Alliance campers bid farewell on a Saturday-until next June.

# Summertime jazz concerts to be held

Inspired by popular demand, Gorton Community Center will host a summer series of three jazz concerts on Sundays from 4-6 p.m. Tickets are \$15. Due to building construction at Gorton, the concerts will be held at the Deer Path Inn, 255. E. Illinois Rd., Lake Forest.

The John Moulder Quartet will perform

on Sunday, July 9. A prolific composer whose original pieces combine an alluring lyricism with harmonic and rhythmic ingenuity.

For further information, or to receive a program brochure, contact the Gorton office at 234-6060 between 9 a.m. and 4:30 p.m. weekdays.

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Cubs 7:05 p.m. Autograph Fridays

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#### MILLER LITE **UMBRELLA**

July 8 **Brewers vs. Tigers** 7:05 p.m.

The first 20,000 adults 21 and older will receive a full size umbrella with the new Brewers logo courtesy of the Miller Brewing Company.



JOURNAL SENTINEL **ALL-DECADE TEAM** '70s

July 7 Brewers vs. Tigers 7:05 p.m.

The first 15,000 fans will eceive a card set depicting the Brewers players selected by the fans to the All-Decade Team from the 1970's.

#### JOURNAL SENTINEL



SAUSAGE RACE 5K RUN/WALK

July 8 Brewers vs. Tigers 7:05 p.m.

he second annual Sausage Race will take place at 3:30 p.m. Entry fee includes Tshirt, hot dog or brat, soda and a general admission licket to the game that night. Course includes running on the warning track of County Stadium. Call (414) 933-

0160 to receive an entry form.

# BANK = ONE. FAMILY DAY

July 9 Brewers vs. Tigers 1:05 p.m.

Fans can purchase four upper randstand tickets, four hot dogs and four small sodas for \$25. Additional person is \$6.25. Tickets must be purchased in advance.



SMALL FRIES BASE RUN

Following each Sunday home game, all kids 14 and under will have the opportunity to run the bases at County Stadium. Each child will receive a coupon good at participating McDonald's following the base run.

# SPECIAL EVENT

# 4th of July Fest at Great Lakes Training Center

op-notch headline bands and exciting entertainment acts have already been confirmed for this year's festival on Monday and Tuesday, July 3 and 4. Last year's festival drew more than 50,000 people.

Headlining the music stage on July 3, jam to the explosive tunes of the Doo-bie Brothers and on July 4 the legendary Charlie Daniels and Marshall Tucker bands, will pump up the crowds with their foot-stompin, country chart toppers. With bands

such as REO Speedwagon, Eddie Money, LoverBoy, Kansas and Cheap Trick, the past few years, this year's musical lineup looks to be the best yet.

Along with the fabulous music, "festivalgoers" will enjoy thrilling carnival rides and games, the Miller Lite Comic's on Duty Tent, a free family entertainment stage and a place just for the "little patriots," called Kid-Zone. Plus don't miss the circus, bringing their troupe acts that combine skill and comedy to amaze and amuse any audience. Besides that, take part in our "Kicks for Cash" contest, complete with a NFL-style football field and goal post, where contestants may

attempt a field goal to win up to \$30,000.

At the conclusion of each night, there will be a combination of fireworks and a laser light show that is second to none in Lake County. Don't miss these spectacular days of 4th of July fun, which is open to all base personnel and the general public. Admission and parking are free. For more information, call 688-2110, ext. 484, or visit the web site at www.ntcmwr.com.

#### **MUSIC**

#### Concert in the park

The Zion Park District will continue its 2000 Concert in the Park Series on Thursday, July 13, with Special Consensus. The concert will begin at 7 p.m. at the Zion Park District Bandshell, 2400 Dowie Memorial Dr., Zion (adjacent to the Zion

The Special Consensus is a four person Blue-grass band which has been performing nationally and internationally since 1975. Their sound fits somewhere between traditional bluegrass and country music. They also perform original songs and some gospel selections. Since 1985, they have released six albums and appeared on The Nashville Network's "Fire on the Mountain" show.

For more information about the 2000 Concerts

in the Park series, please call the Zion Park District

#### Concert in the Park

The Zion Park District will continue its 2000 Concert in the Park Series on Thursday, July 6, with The Fabulous Murrary Brothers. The Concert will begin at 7 p.m. at the Zion Park District Bandshell, 2400 Dowie Memorial Dr., Zion (adjacent to the Zion Leisure Center).

Appearing nationally, The Fabulous Murrary Brothers Band brings its All-American music show to Zion. Playing on 25 different instruments, the Murrary Brothers use comedy, audience participation and costuming to assure that there is some-thing for everyone in its Las Vegas style presenta-

For more information about the 2000 Concerts in the Park Series, please call 746-5500.

#### Racine Symphony Orchestra

The Racine Symphony Orchestra announces it's 2000-2001 Lakeside Pops series.

The Lakeside Pops series will again delight audiences with performances on June 30, August 4, and September 1. All performances will be held at Festival Hall. Concert time will be 7 p.m., with the grounds opening at 5 p.m. and entertainment on the outdoor stage at 6 p.m. As in the past, food and beverages will be available at Festival Hall, or you may bring your own gourmet treats.

Individual seat subscriptions can be purchased through the symphony office and are \$42 for an adult and \$25 for a child (indoor seating). Call the symphony office at 262/636-9285 for more details.

#### Renaissance Faire now open

The 13th Annual Bristol Renaissance Faire

runs through August 20 in Kenosha. Journey back to 16th century England every Saturday and Sunday from 10 a.m. to 7 p.m., rain or shine.

Boasting a beautiful 25 acre site, 16 stages of continuous activity and over 1,000 costumed performers, the Bristol Renaissance Faire brings in performers from all over the country. The nine-weekend festival offers a vast array of musi-

cians, jugglers, sword fight-ers, comedians, story-tellers and more to provide

over 150 performances daily.

The Bristol Renaissance Faire boasts one of the area's largest fine arts marketplaces. Over 170 merchants from around the world are assembled in a Tudor-style market. Rare and one of a kind items are available, including hand-blown glass, jewelry, spun clothing, hammered pewter, candles, carved wooden toys, hand-tooled armor and much more.

The Bristol Renaissance Faire is located just west of I-94 near the Illinois/Wisconsin border in Kenosha. For more information, call 395-7773 or visit the web site at http://www.renfair.com.

#### Latin music featured at Heritage Festival

On July 2 at Bowen Park, located at Sheridan Rd. and Greenwood Ave., Waukegan, get ready to rock & roll and dance to the beat of a blend of rhythms of traditional Latin music from Cuba, Puerto Rico, the Dominican Republic and Brazil at

the annual Waukegan Heritage Festival hosted by the Waukegan Park District.

Starting at noon, the Main Stage will rock to the rhythms of the '80s-'90s band Beggars Opera until 3 p.m. From 5-6 p.m. the Maddrum Sonando Group will set the park on fire with their blend of Latin funk, Latin Jazz, Latin Rock, boogaloo, R & B Salsasoul and Latin Rap. Both of these performances are free to the public. The Main Stage is sponsored by the law firm of Rosing, Smith, Ericksen, Zeit & Stanczak LTD.

The Children's Stage will feature the Puerto Rican Ballet Folklorico from 4:15-5 p.m. and the well known Andean music group Kauzy from 5-6 p.m.

#### AUDITIONS

#### **Bowen Park seeks actors**

The Bowen Park Theatre Company is looking for male actors for immediate casting for its Summer Shows for Young Audiences productions, Pinocchio opening July 6 and the Princess and the Pea opening July 20. Each production has four day-

Continued on next page Botraic Valence courses

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Continued from the previous page

time performances and one run-out date that includes two daytime and one evening performance.

Available actors should call each production director for audition information. For Pinocchio call 231-4619 and for The Princess and the Pea call (773) 728-7305. For other information, call Bowen park Theatre at the Jack Benny Center for the Arts at 360-4741. Bowen Park Theatre is a professional, non-equity theatre company. All roles are paid.

Holding auditions

The Village Theatre of Palatine will be holding auditions for its next production "Picnic" on July 10 with callbacks on July 11 at 7 p.m. at Cutting Hall, 150 E. Wood St., Palatine. Please come in the back door. Auditions will be held in the upstairs rehearsal room.

Auditions will consist of cold readings from the script and some improv and the director is looking to cast 4 males and 7 females. Call (773) 862-2237 for information.

#### Opera to hold auditions

Bowen Park Opera will audition for its 2000-01 season July 6 from 6-10 p.m. in Waukegan in Goodfellow Hall at the Jack Benny Center for the Arts in Bowen Park, 39 Jack Benny Dr. and July 8 from 1-9 p.m., Chicago, at the Irving Park Lutheran Church. Those auditioning should prepare two arias. one to be sung in English and bring a photo and resume.
An accompanist will be provided. Roger Bingaman is the Music Director.

For more information, or to reserve a time to audition contact Rik at the Jack Benny Center for the Arts at 360-4741.

#### KIDS STUFF

#### Summer camp fun in the Arts

The Waukegan Park district is offering a fine arts camp for youth aged 8-14. "Fun Arts — Session Two" will be conducted now through July 7. This day camp will give students the opportunity to explore the fine arts through dance, painting, cartooning, drawing and music.

In addition to "Fun Arts," the park district is offering "Kids Play — Summer Stage" for youth aged 8-14 from June 26 to July 7. This youth theater group will produce an original play during each session.

Both camps will be held at the Jack Benny Center for the Arts, 39 Jack Benny Dr., Waukegan. For further information please call 360-4740

#### **CLASSES**

#### continued of the stippe **Botanic Garden courses**

The school of the Chicago BotanicaGarden is now offering its summer schedule of courses. From one evening workshops to more in-depth certifi-cate programs to its popular "Weekend Gardener Series," the school serves the need of beginning to expert gardeners and naturalist, with classes and special programs.

The school is offering more than one hundred courses during the summer term. Highlights include: The Evening garden; Art at the Garden; Botanical art; An Evening Prairie Walk; Easy Vines, Shrubs and Roses; Peatland tours to Volo Bog and much more.

For a course catalog describing the programs and classes in more detail, please call the Chicago Botanic Garden Registrar at 835-8261 or visit their web site at www.chicago-botanic.org.

#### 'Spanish Breeze'

For those who want to put Spanish to immediate use in their personal lives, Barat College is offering a special "Spanish Breeze" course July 3 through August 2 at its campus in Lake Forest. The course is focused on training participants to have an immediate command in Spanish geared to use in one's personal life and travels. It is open to the public and there are no pre-requisites for registration.

"Spanish Breeze" will be offered Mondays and Wednesdays from 1-2:30 p.m. at the Barat College campus, 700 E. Westleigh Rd., Lake Forest. For information call 604-6376

formation call 604-6376.

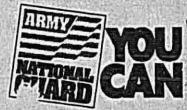
# ATTENTION

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#### **Embroidery class**

"Stumpwork Embroidery" a form of raised embroidery popular in England during the second half of the 17th century, will be taught by Jane Nicholas. Sponsored by Gorton Community Center, a two-day workshop will be offered on Friday, June 30 and Saturday July 1 from 9 a m. until 4 June 30 and Saturday, July 1 from 9 a.m. until 4 p.m. and a one-day workshop to be held on Sunday, July 2 form 10 a.m. until 5 p.m.. The work-shops will be held in the Council Chamber, Lake Forest City Hall, 220 E. Deer Path, Lake Forest.

Interested participants should register and pay in advance. For further information call the Gorton office at 234-6060.

#### Workshop hosted by Gorton

Lake Bluff resident and Creative Memories Consultant Valerie Linehan will conduct a work-shop on creative photo albums and photograph organization at Gorton Community Center, 400 East Illinois Rd., Lake Forest. The classes will take place on Monday, July 10, or Thursday, September 14, from 7-9 p.m. The fee is \$20.

Students will learn how to assemble a longlasting and original photograph display or scrap-book for friends and family members, or to memorialize a special occasion. Bring a pair of scissors and 8-10 photographs. All other materials will be available for purchase.

Interested participants should register and pay in advance. For further information, or to receive a program brochure, contact or stop by the Gorton office at 234-6060 between 9 a.m-4:30 p.m., weekdays.

#### Summer Blooms

Jeanne Balmes of Balmes Florists will be at Bowen Heritage Circle's Lilac Cottage with summer flowers and ready to assist students in crating an arrangement that will bring the vibrant summer colors into their homes. Class on Wednesday, July 12 from 7-9 p.m. Decorate your home with the bursting colors of summer blossoms and blooms. Students are asked to bring along scissors, a sharp knife, and wire cutters. The fee for this class is \$40 for residents of the Waukegan Park District and \$45 for non residents of the District. Please register no later than July 5 for this great class. Lilac Cottage is located at 1911 N. Sheridan Rd., Waukegan. Call 360-4740 for further information.

#### **SINGLES**

#### Singles group get-together

Solo Singles Group (40+) meets every Friday evening at 8 p.m. at the Gale Street Inn on Diamond Lake Rd., Mundelein. There is dancing and socializing (sitting in the lounge area, right in front of the live entertainment). Call the hotline for more information 746-6818.

#### DANCE

#### Square dance club

Buoys and Belles Square Dance Club is hosting the Cricket Happening Dance with caller Lin Jarvis on Friday, June 30, at the First United Methodist Church, Waukegan. There is a work-shop at 8 p.m., with the dance beginning at 8:30 p.m.. The cost is \$3.50 per person.

All modern western square dancers are invited. Light refreshments will be served. The church is located at 128 N.Utica St. Parking is available in the west parking lot. For more information call 746-1461 or 244-2373.

#### **CLUBS**

#### **Women's Club meets**

This social organization invites new and established Lake County women residents to join them for coffee, meet new people, and learn about the club's numerous activities including golf, cards, theater and dining outings, crafts, antiques and book clubs, and couple's events. Meetings are held the second Wednesday of the month (except July and August), 10 a.m., at State Bank of the Lakes in Grayslake. For more information, call 265-7434 or 550-0838.



# CONNECT with Illinois for year-round fun

Tant to find out what's happening in Illinois? The Illinois Department of Commerce and Community Affairs, Bureau of Tourism has proudly unveiled its all-new 2000/01 Weekend Adventure Guide. This is the time for our readers to call Illinois' toll free travel hotline, 1-800-2CONNECT to get a copy of your own new guide.

WEEKEND ADVENTURE GUIDE

The state's Weekend Adventure Guide is bigger and better than ever because it was developed based on consumer feedback and research conducted on the

typical Illinois traveler. Through their research, the state determined that Illinois is the quintessential weekend escape state, a place where people can get away quickly and easily.

The new guide provides consumers with pre-packaged weekends that make it simple to pick-up the guide, pack up your things and hit the road. From road trips like Route 66 to wineries and vineyards throughout the state, from kid-friendly activities to romantic destinations for two, Illinois has done the planning for you with this guide. New to this guide are tips on "off the path" destinations, "yearly events" to plan the best times to go, must-see places to visit "while you're here" and key names and numbers to know."

When consumers call Illinois' travel information center at 1-800-2CONNECT to request the Weekend Adventure Guide, they also can talk to a trained travel

counselor who can help plan their per-

fect Illinois getaway. The travel counselor can instantly access the towns in Illinois that match the consumer's interests and email, fax or send via regular mail this information. For those interested in searching Illinois on the web, their site www.enjoyillinois.com is an excellent resource for online trip planning and can also be used to order the new guide.

# Ninth Annual Civil War Days







Watch Union and Confederate forces take battle.

### Lakewood Forest Preserve **Wauconda July 8-9**

#### Saturday 5 pm-9 pm Civil War Twilight Tours

Take a sunset tour as the evening fires are lit and the military characters prepare for battle. Artillery drill begins at 8:30pm. Reservations required. \$5 adults, \$2 youth (ages 6-17)

Sunday 10 am-4 pm Civil War Re-Enactment

Get an up-close look at life during the civil war. WN On-going activities, with battle at 2pm. \$6 adults, \$3 youth (ages 4-17)

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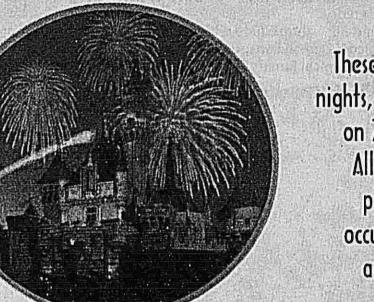
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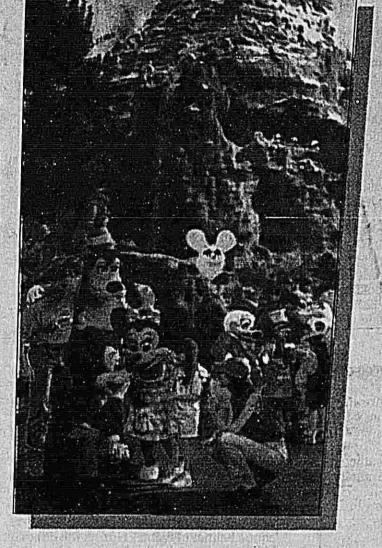
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These prices are for 7 nights, Monday departure on 7/17-8/28/00. All prices are per person, double occupancy. Children are additional.

LOCATIONS



**Ascot Travel** Gurnee, IL 847-244-0110

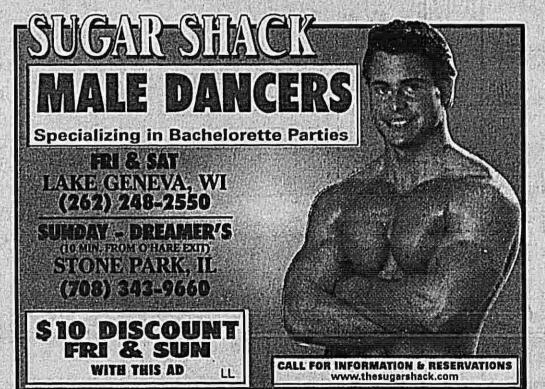
# Acapulco Bay Mexican Cuisine Separate Dining Area 200 Forest Ave. in Fox Lake Tiki Bar Open On The Deck Mid-May (847)587-4066 -Plenty of boat parking available-





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# Best Chicken & Ribs at Richard's

Since 1966, Richard Lumpkins has been busy serving his customers the best chicken and ribs they've ever eaten.

Lumpkin started in Chicago in 1966 and now he, his wife Eileen and four sons, are seeing to it that the customers of Richard's Chicken and Ribs, located at 900 W. Rollins Rd. in Round Lake Heights for the last 21 years, can dine on the same delicious southern fried chicken and hickory smoked BBQ ribs that are the basis for over 34 years of success in the restaurant business.

Richard's is open from 6 a.m. to noon for breakfast; for lunch from 11 a.m. to 5 p.m. and for dinner from 5 to 10 p.m. seven days a week. The sports bar is open until 2 a.m.

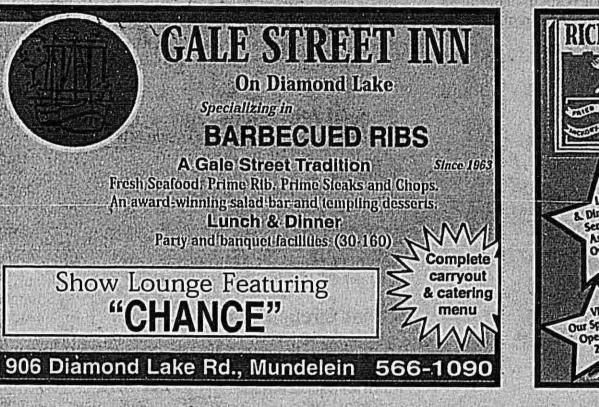
A Grand Buffet featuring a salad bar and a hot buffet is served for breakfast and lunch.

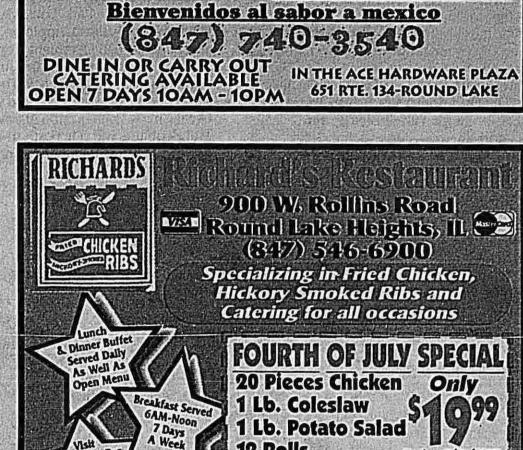
Years of giving customers what they want, fine service and outstanding food, served in a casual atmosphere or available for carry-out, keep hungry diners headed Richard's way on a regular basis.

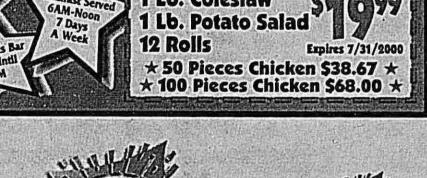
> Call (847)546-6900 for more information.



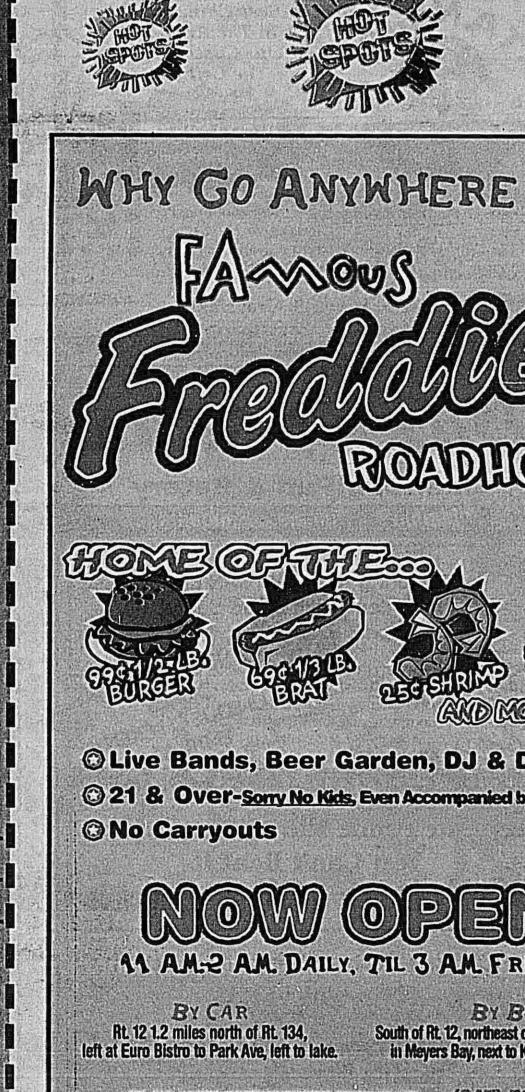














(847) 587-9677 AN ALA CARTE ENTERTAINMENT RESTAURANT

Elephants on a train, side shows at a park, and international circus celebrities parading through downtown Milwaukee: these are just some of the new features that audiences will enjoy during Wisconsin's 2000 Great Circus Parade Festival, slated for July 7-July 16.

"The Great Circus Parade has grown over the past 35 years into a festival of magnificent proportions," explains Greg Parkinson, executive director of Circus World Museum, which stages the Parade festivities.

### The Strong Investments Great Circus Train, July 7-10

Activities will begin on Thursday, July 7, with the loading of The Strong Investments Great Circus Train at The State Historical Society of Wisconsin's Circus World Museum in Baraboo. Seventy-five antique circus wagons will be loaded onto 18 vintage rail flat cars, a feat requiring the strength and expertise of both human and horse power. Spectators are invited to watch the all-day process, which employs historically accurate

#### Milwaukee hosts the Great Circus Parade

circus train-loading methods.

On Friday, July 8, The Great Circus Train, sponsored for the 15th consecutive year by Strong Investments, Menomonee Falls, Wisconsin, will embark on a three-day journey to Milwaukee for The Great Circus Parade. The colorful, half-mile-long train will make a leisurely, 380-mile journey through the south-central and eastern portions of the state via the Wisconsin & Southern Railroad Co. and Wisconsin Central System. The circus train will make daytime stops along the way at Devil's Lake State Park, Lodi, Madison, Whitewater, Oshkosh, Appleton, Green Bay and Fond du Lac. Overnight stops will be made in Waukesha on Friday, July 8, and Appleton on Saturday, July 9. There will be some new passengers on board this year's Great Circus Train-jumbo African elephants. The elephants will ride portions of the threeday trip, making appearances at major stops.

The Great Circus Parade Showgrounds, July 11-15

After the circus train arrives in Milwaukee on Monday afternoon, July 10, the circus history festival will move into its next phase at Milwaukee County's Veterans Park along Lake Michigan.

From July 11-July 15, the 60-acre park will be transformed into the 2000 Great Circus Parade Showgrounds. This year's new attractions will include 18 performances of the ever-popular Royal Hanneford Circus. Each fast-paced big top show will be comprised of horses, aerialists, magic, acrobatics, clowning, hula hoops and canines. Show tickets may be purchased at the Showgrounds or in advance from Circus World Museum (608) 356-8341.

Showgrounds visitors will also enjoy the new Bros. Grim Sideshows, which harken back to a time when fire-eaters, strong men, sword swallowers, bearded ladies and tattooed marvels, took center stage. The half-hour Bros. Grim Sideshows will be presented up to six times daily.

**Special Attractions, July 15** 

Special Saturday, July 15th activities will include the 15th Annual Great Circus
Parade Breakfast at the War Memorial Center, 8 a.m. to noon. The all-you-can-eat pancake event will include clowns, face painting, and other circus surprises. Tickets will be sold at the door at a cost of \$5 for adults and \$3.50 for children ages 4-12. Children age 3 and younger will be admitted at no charge.

#### **Great Circus Parade, July 16**

The ten-day circus history festival will conclude on Sunday, July 16, when The Great Circus Parade takes to the streets of downtown Milwaukee at 2 p.m. The Parade is comprised of 2,000 costumed participants, 1,000

musicians, 700 horses, 100 clowns and 50 antique circus wagons from Circus World Museum.

In the latter section, audiences will enjoy seeing such international celebrities as Italian movie star Moira Orfei; Leonid Kostiouk, director of the famed Moscow Circus; Phillip and Carol Gandey who own circuses in England, China and Saudi Arabia; and Robert Fossett, descendant of famous English circus owner Sir Robert Fossett.

The newly restored Ringling Bros. Lion Tableau will be the highlighted new feature of The Circus Kings section. This historic vehicle served as the Ringling Bros. Circus's first magnificent bandwagon. Elaborately carved, gold leafed and weighing in at five tons, this 120-year-old vehicle was restored by craftsmen at Circus World Museum's circus wagon shop. Restoration efforts have brought the wagon back to its 1901-1903 appearance, an era when the Ringling Bros. Circus had recently become one of the largest circuses performing in the United States.

Official parade bleacher seats are available at three prime Wisconsin Avenue locations near the beginning of the Parade's three-mile route: Firstar Center, Juneau Square and O'Donnell Park. Each seat is \$25, and can be reserved by calling Circus World Museum at (608) 356-8341.

For the first time ever, this year's Great Circus Parade will be televised in a live, high-definition, coast-to-coast PBS broadcast on Sunday, July 16, 2-4 p.m. The Great Circus Parade will serve as the first live HDTV production to be offered by PBS to its member stations. The live broadcast, produced by Milwaukee Public Television and sponsored by Strong Investments, will also be simulcast in analog format.

For more information about the 2000 Great Circus Parade Festival, call Circus World Museum at (608) 356-8341 or visit The Great Circus Parade's web site at www.circusparade.com.











# Plucky Aardman hit 'Chicken Run' something to crow about

or those unfamiliar with the work of Nick Park and Aardman Animations, the word "claymation" might bring up images of Gumby or Mr. Bill, the hapless lump of modeling clay who suffered abuse from "Mr. Hands" and Sluggo. Such examples are a far cry from the clay "puppets" created by Aardman.

I confess to being predisposed to love anything that comes from Aardman Animations, the British company that gave the world "Wallace and Gromit." If animator Park decided to do "Ishtar" in claymation, I'd take a chance on it.

Fortunately, the film's co-direc-

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[12:50] 3:50 7:30 10:15

**BOILER ROOM** (R)

[1:20] 4:10 7:40 10:20

[1:50] 4:20 7:50 10:30

RETURN TO ME (PG)

KEEPING THE FAITH (PG-13)

WHERE THE HEART IS (PG-13)

ERIN BROCKOVICH (R)

CIDER HOUSE RULES (PG-13)

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[1:10] 4:00 7:20 10:05

[1:00] 4:05 6:50 9:40

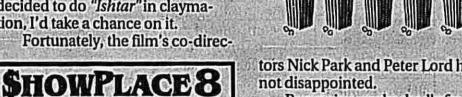
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PATRIOT (R)

DAILY 11:00, 2:30, 6:00, 9:30 CHICKEN RUN (G) Digital DAILY 1:00, 3:15, 5:20, 7:25, 9:30 PERFECT STORM (PG-13) Digital FRI & SAT 11:30, 2:15, 5:00, 7:45, 10:30 SUN-THURS 11:30, 2:15, 5:00, 7:45

GLADIATOR (R) DAILY 3:00, 6:00, 9:15

TITAN A E (PG) DAILY 1:00 MISSION IMPOSSIBLE 2 (PG-13)

DAILY 1:30, 4:15, 7:00, 9:45 BOYS & GIRLS (PG-13)

DAILY 7:15, 9:30 FANTASIA 2000 🖾 DAILY 1:00, 3:00, 5:00

SHANGHAI NOON (PG-13)

DINOSAUR (PG) DAILY 1:00, 3:00, 5:00, 7:00 SHAFT (R) Digital

FRI & SAT 1:00, 3:30, 6:00, 8:30, 11:30 SUN-TUES 1:00, 3:30, 6:00, 8:30 ME MYSELF & IRENE (R) Digital

DAILY 1:30, 4:15, 7:00, 9:45 GONE IN 60 SECONDS (PG-13)

DAILY 1:00, 3:45, 7:00, 9:45 BIG MOMMAS HOUSE (PG-13) DAILY 2:30, 5:00, 7:30, 10:00

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movie review

tors Nick Park and Peter Lord have

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#### Chicken Run

Rating

Director Nick Park

Peter Lord Starring

Julia Sawalha Mel Gibson Miranda Richardson Tony Haygarth Phil Daniels

a decidedly plucky chicken, Ginger (voiced by "Absolutely Fabulous" star Julia Sawalha), who is determined to escape the horrors of an English chicken farm. The farm is a desolate place, bearing uncanny similarity to the barracks of the stalags.

Ginger finds a reluctant ally and hero in Rocky (Mel Gibson), a "Yank" on the run from the circus, who enjoys the company of the "chicks" while his wing heals. He promises to teach them to fly, so they can avoid the fate planned by the dreadful Mrs. Tweedy (Miranda Richardson), who wants to turn a better profit by making chicken pies, instead of selling eggs.

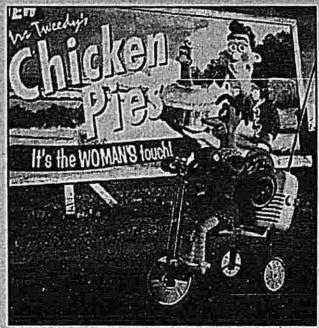
As usual, Park fills each frame with details both charming and entertaining. Parodying "The Great Escape"underground tunnel scene, Ginger rides through a tunnel on a roller skate. Aficionados of the famed Steve McQueen film will find many other visual references to it. In one scene, a teapot sits in a nest in the coop, to cover for the absent Ginger.

The characters are, as with all Park's creations, rich in expression and personality. Rocky swaggers like the typical American cock-of-the-walk, while old-timer Fowler (Benjamin Whitrow), the chicken-yard rooster, reminisces about the old days in the R.A.F.

Typical of Park's love of goofy technology, as seen in "The Wrong Trousers," the biggest threat to the chickens comes from a Rube Goldberg-ish contraption that makes chickens into pies. Rocky and Ginger take a wild ride through the machine, with an escape sequence that rivals any seen in any Indiana Jones movie.

The supporting cast provides color and balance, as Ginger's practical perseverance is countered by the innocent oblivion of her friend Babs, played by another "Ab Fab" veteran, Jane Horrocks, who refers to Ginger's time in solitary as a "holiday." Even the sturdy intellectual type is represented in "Mac," a bespectacled chicken with a Scottish burr, played by Lynn Ferguson.

The highest recommendation for "Chicken Run" comes from the audience. At the opening night run in Fox Lake, I heard the laughter I expected to hear, from adults and children alike. I was more amazed by the middle-aged man sitting in front of me, who covered his head



Rocky (Mel Gibson) gets a harsh reminder of why he is needed by the chickens at Tweedy's Farm in the clay animation comedy adventure "Chicken Run."

> during the critical freedom flight. The tension in his body was palpable. He was totally absorbed in the chickens' plight.

On exiting the theater, a pair of older women said they wanted to come back again. Children as young as three years of age expressed enthusiasm for the chickens, while their older brothers and sisters raved about the details of the pie machine and the various escape

Finding no squawks to cluck over, I heartily crow with delight, and award a full five boxes of chicken feed (popcorn) to "Chicken Run," destined to become a family classic.

#### THEATRE REVIEW

# 'Pump Boys and Dinettes' eases up on the gas

ump Boys and Dinettes," the popular country-music revue last presented at the Marriott Theatre in Lincolnshire in 1990, is back for another go-around.

At the Double Cupp on Route 57 sisters Rhetta and Prudie again are pouring coffee, dishing out their famous pies and singing their hearts out. Jim, Eddie, Jackson and L.M. are out front, pumping gas, keeping an eye on the ladies and dreaming of vacation. And members of the audience once more get a chance to win a genuine "trout" auto air freshener.

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\*\*CHICKEN RUN (G) (12 40 1 30 2 40 3 30 4 45 5 30)

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SHAFT (R) (12 05 2 25 4.45) 7 05 9 25 STR
TITAN A.E. (PG) (12 05 2 25 4.45) 7 05 9 25 STR
TITAN A.E. (PG) (12 30 2.50 5 10) STR
GONE IN 40 SECONDS (PG-13) (12 30 2.50 5 10) STR
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4 40) 7 25 10 05 DES
GLADIATOR (R) (12 05 3 25) 6:30 9 45 STR

No Passes No Passes or Super Savers 

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ANTASIA 2000 (G) (12:35 2:15 ONE IN 60 SECONDS (PG-13) 12 45 3 10 5 35 3 30

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The revue, conceived and written by John Foley and Debra Monk, is as frothy as ever.

But the current production, directed by Jason Edwards, is not nearly as engaging as it was a decade ago.

This is due largely to the casting. While the two perky women performers, Jacquelyn Ritz and Kelli Cramer, are both highly proficient singers, they are too young and too pretty for the roles of long-suffering, hard working waitresses.

And without this spark of verisimilitude, the musical can become a series of sketches strung together without much heart. "Be Good or Be Gone," normally a showstopper, lacks bluster, and "Tips," usually an uproarious number, falls apart as the women spend too much time in the audience hustling gratitudes.

Jason Edwards, as Jim, the narrator, first played the role in a 1985 production in Pennsylvania. His smooth patter and boyish charm are perfect assets for the past. John Havens, Andrew Blendermann and Walter Rahn provide strong support.

"Pump Boys and Dinettes" runs

through Aug. 20. Ticket information is available at 634-0200.-By Tom Witom



The cast from "Pump Boys and Dinettes" includes (front) Jason Edwards, John Havens, Andrew Blendermann and (back) Walter Rahn, Jacquelyn Ritz and Kelli Cramer.

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## **HOROSCOPE**

Aries - March 21/April 20

Get straight to the point when a loved one confronts you about a personal situation. Don't be coy; just say exactly what is on your mind. While your honesty may be somewhat hard to take, the truth needs to be said. Your words eventually will be appreciated. However, you need to understand that this might take a bit of time. Taurus – April 21/May 21

Don't let a close friend's offhand comment upset you early in the week. This person doesn't mean anything by it; he or she is just trying to be funny. Let it go. A loved one invites you out for a night on the town on Thursday. Even though you don't feel like going, say yes. It's sure to be a good time. Cancer plays a key role. .

Gemini - May 22/June 21 You're on cloud nine early in the week, Gemini. Enjoy yourself, and don't let a minor mishap at work ruin your good mood. It doesn't create a serious problem, and no one gets hurt. So, just correct the error, and move on. A close friend needs your help with a personal problem. Do what you can for him or her.

Cancer - June 22/July 22

A social outing during the middle of the week makes you the center of attention, Cancer. Enjoy the spotlight, because you deserve it. However, don't let all of the attention go to your head. You still have to maintain some decorum. Libra plays an important role in this event. Leo - July 23/August 23

Keep your eyes and ears open around loved ones this week, Leo. Something is going on, but no one will tell you what it is. You're going to have to find out on your own. Try to decipher the hidden messages in what people are saying. It will take time, but you will find out what is happening.

Virgo - Aug 24/Sept 22

Your punctuality serves you well early in the week. You are at the right place at the right time and get a surprise windfall. Enjoy! A close friend confides in you about trouble that he or she is in. Try to help without being judgmental. Criticism is not what

this person needs right now. Try to be supportive. Aries plays a key role. Libra - Sept 23/Oct 23

A co-worker turns to you for help with a personal problem. While you don't know this person well, do what you can for him or her. Your efforts will be appreciated. That special someone has a surprise for you. Enjoy!

Scorpio - Oct 24/Nov 22

That special someone gets into financial trouble early in the week, Scorpio. While you would like to help, don't. This person needs to work this out alone. That's the only way that he or she will learn from this mistake. A loved one drops by unexpectedly with a gift for you. Enjoy!

Sagittarius - Nov 23/Dec 21

Don't let an acquaintance pull the wool over your eyes when it comes to a business deal. This person doesn't have your best interest at heart. On the contrary, he or she is only concerned about his or her own potential gain. Turn to a loved one for advice about this situation.

Capricorn - Dec 22/Jan 20 Stop a close friend from making a big mistake early in the week, Capricorn. This per-

son isn't seeing things clearly. Your assistance, which is sure to save a lot of headaches, definitely will be appreciated. An acquaintance reveals his or her true feelings for you. Let him or her know that you feel the same way.

Aquarius - Jan 21/Feb 18

Be realistic when setting your goals for the week. Don't bite off more than you can chew. Realize your limitations, work within them, and you're sure to make a lot of progress. That special someone needs to talk with you on Saturday. Listen to what he or she has to say. It will be eye-opening.

Pisces - Feb 19/March 20

Try to help a troubled friend early in the week, Pisces. This person doesn't know which way to turn. Give him or her the guidance that is so desperately needed. Not only will you help to resolve a difficult situation, but you'll also strengthen this relationship.

# CROSSWORD

#### **ACROSS**

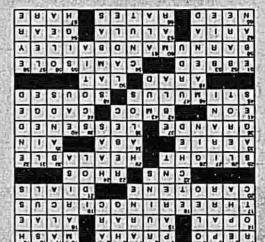
- 1. Take back
- 5. Prague 10. Grind
- 14. Opaque gem
- 15. Monetary units
- 16. Wings
- 17. Innovation of 59 across
- 20. Pigment
- 21. Selector switches
- 22. Nervous system
- 23. Letters of the alphabet 25. Slender
- 29. OK to cure
- 33. Lofty bird nest
- 34. Fabric of goat hair 35. Own (Scottish)
- 36. Large (French) 38. Reduced in size
- 41. Long time
- 42. Big man on campus
- 44. Mooch
- 45. Information
- 48. Immersed
- 49. Rumanian city
- 50. Skeletal muscle
- 51. Receded
- 54. Short negligee 59. Famed American showmen
- 62. Solo song
- 63. Plumage
- 64. Accommodate
- 65. Requirement-
- 66. Speeds
- 67. Rabbit
- DOWN

- 1. College army 2. Capacity measure
- 3. Young salmon
- 4. Margarine
- 5. Bring up
- 6. Dilapidations
- 7. Thomas \_\_\_\_, British composer, 1700
- 8. Jawless vertebrate
- 9. Discharge
- 10. \_\_\_\_ Tomei, actress
- 11. Ravorbill genus
- 12. First king of Israel
- 13. Rudolph \_\_\_\_, war criminal

- 18. Cut into a surface
- 19. Worshiped object
- 23. Medieval fiddle 24. Robert \_\_\_\_, poet
- 25. Wise men
- 26. Dormouse
- 27. Citizen
- 28. Hard liquor
- 29. Lightnesses
- 30. Musical groups
- 31. Follower
- 32. Brought to a conclu-
- 37. City 3000 B.C. 39. Nova \_\_\_\_, province
- 40. Cologne
- 43. Calumny
- 46. Bacchanalian,
- 47. Sanskrit 48. Ballroom dances
- 50. Take off
- 51. Anagram of eaab 52. Empty
- 53. Cheese

- 54. Canute
- 55. Utterance 56. Trees bearing oily seeds
- 57. Shakespearean king
- 58. Judges' journey
- 60. Damage
- 61. Flower petal

#### ANSWERS





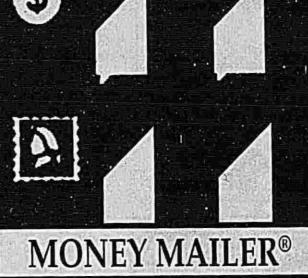
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You probably know the date that Christopher Columbus landed in the new world - Oct. 12, 1492. however, do you know when he set sail on this famous voyage?

# new word treble

The hightest part, voice or range

#### **Answers**

Did you know: Aug 3, 1492 Music Scramble:

- 1. Classical
- 2. America
- 3. Rap
- 4. Bluegrass



#### **Music Scramble**

Unscramble the letters below, and learn about different types of music.

- 1. A symphony and an opera are considered to be this type of music. SCLLICASA
- 2. Jazz music, which was developed around 1890, is native to this country. EAIACRM
- 3. This popular music consists of rhymed verses being recited over recorded or live instrumental music. PRA
- 4. This type of folk music generally is played on banjos and guitars. USGALSBRE

#### **Music Search**

There are 14 music-related words hidden throughout the scrambled puzzle below. See how many you can find and circle. The words go horizontally and vertically, backward and forward.

BAND **CHORD DISCO** HARMONY INSTRUMENT MELODY PITCH REHEARSE RHYTHM **SCALES** SCORE STRUMMING TUNE VOCALS

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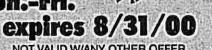


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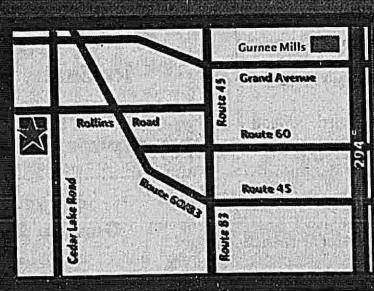
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#### **COUNTY DIGEST**

#### Office closings

All Secretary of State offices and facilities will be closed on July 4. They will re-open on July 5. Independence Day will be observed by all state agen-

#### **Holiday checkpoints**

Two joint roadside safety and sobriety checks will be conducted over the Independence Day weekend.

The first check will occur between 10 p.m. on July 1 and 3 a.m. on July 2 in the vicinity of Rtes. 120 and 83 in Grayslake.

The second check will occur between 10 p.m. on July 3 and 3 a.m. on July 4 in the vicinity of Rtes. 120 and 134 in Hainesville.

The checkpoints will be conducted jointly by the Lake County Sheriff's Office, the Grayslake Police Dept., the Round Lake Park/Hainesville Police Dept. and the Illinois State Police.

#### **Lakefront fireworks**

The City of Waukegan will be hosting a fireworks display at the Waukegan waterfront on July 4 at 9:30 p.m. For more information call 599-

#### **Corps compete**

The Waukegan Drum and Bugle Corps will compete with seven other corps in the Midwest Drum and Bugle Corps Competition to be held on July 1 at 6 p.m. The free event will take place at Weiss Field located at the corner of Lewis and Washington Streets in Waukegan.

# THIS

#### FOR THE FAMILY

Suburban Family magazine is a new monthly feature

SEE PULL OUT INSIDE

#### CORRUPTION CULTURE

Is the Sec. of State fiasco a mirror to Illinois politics?

**SEE PAGE B4** 

# Health Dept. cites two more restaurants

### County levels \$6,000 fine on a third restaurant

By SANDY HARTOGH Staff Reporter

Amidst a legal battle with the Avalon Family Restaurant in Gurnee, the Lake County Health Dept. has held two more revocation hearings for restaurants in Grayslake and Round Lake Beach.

The Center Inn Chinese Restaurant at 925 Hoffner Dr. in Grayslake lost its food service permit at the June 20 hearings. The health department shut down the small eatery at 9 a.m. on June 22 for failing numerous inspections dating back to April 1999. However, according to the health department's communications manager Leslie Piotrowski, restaurant's doors re-opened on June

23 after receiving a clean bill of health from health department sanitarians.

Restaurant owners, Stuart and Alice Moy, were cited with several vi-

We have never fined a restaurant before, but we have never been sued by a restaurant before'

Leslie Piotrowski health department spokeswoman

> food that were allegedly molding were also found during the inspections. Piotrowski said the owners maintained this "special type of Chinese food" for their consumption only.

olations including

improper food stor-

age, rodent drop-

pings, poor sanita-

tion practices, im-

proper food tem-

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ing practices. Jars of

Piotrowski also noted that the Moys themselves had no understanding of food safety at the establishment. However, one of the conditions for re-issuance of a \$360 food service permit was that their son Owen Moy be in the restaurant more often. Piotrowski said he is certified in food service and sanitation.

Piotrowski admitted that it was "amazing how quickly this turned around," but she said the Moys were highly motivated since the restaurant is their sole source of income.

The health department extended the deadline for revocation of a food

Please see CLOSINGS / B2



#### **Old times**

Catherine Gross of Wadsworth talks with friend Lorraine Santi of Lake Villa during the annual Senior Day at the Lakewood Forest Preserve in Wauconda. For more photos of the event, see page B15.—Photo by Sandy Bressner

# 10th District race no longer three-legged

By SANDY HARTOGH Staff Reporter

Mundelein resident John D. Onorato, who threw his hat into the crowded circle of candidates vying for the 10th Congressional District seat last March, has withdrawn from the race. His goal to be listed as a Reform Party candidate on the November ballot reportedly failed with only 1,000 registered voter signatures on his nominating petition.

The Allstate Insurance Company analyst needed to collect at least 8,844 signatures in order to file a nominating petition for new-party candidates. The deadline for the petition was June 23.

Onorato claimed that he initially approached the Texas-based Reform

Party because he was "disillusioned with the two major parties" whom he believes only represent special interest groups and not individuals.

The self-proclaimed fiscally conservative liberal earlier asserted that the "country needs a viable third party in the interest of simplicity, honesty and clarity."

If nominated, Onorato had planned to use a "flat tax" plan, adequate child health care, and federal preservation of land and open space as part of his political platform.

As it stands now, the 10th District race for the seat vacated by Republican Congressman John Porter will be run by Republican nominee Mark Kirk and Democratic nominee state Rep. Lauren Beth Gash (D-Deerfield).

# Overall crime declines in Lake County for 1999

By SANDY HARTOGH Staff Reporter

Overall crime in Lake County has decreased since 1998 by 4.5 percent according to statistics compiled by the Illinois State Police.

However, a high jump of 40 percent in reported crimes of aggravated assault and battery may leave county residents feeling less than safe despite the newest Crime Index figures. Add to that a 10.5 percent increase in the amount of reported rapes, including a variety of sexual assault crimes, and one may wonder why there is such a hoopla regarding the overall downward slide.

According to Lt. Fred Heidecke of the Lake County Sheriff's Office, the sharp increase in the above crimes has prompted the sheriff's office to

Please see CRIME / B2

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# Flag will celebrate education

#### 75th anniversary of the Ill. Association for Home and Community Education honored

By SANDY HARTOGH Staff Reporter

A United States Flag that once flew over the U.S. Capitol building will catch the Lake County breeze during the week of Independence Day. A special flag-raising ceremony on July 3 will hoist the well-traveled Stars and Stripes over the Lake County Courthouse in downtown Waukegan to honor the 75th anniversary of the Illinois Association for Home and Community Education.

Since 1998, the flag has flown over half of the counties in the state, recognizing the volunteer organization that helps to improve the lives of individuals through education and community service.

The Lake County chapter of this group has been in existence for over 68 years. It began as a rural movement known as the Homemakers Extension, with one educator going from homestead to homestead in a car donated by Rockenbach Chevrolet of Grayslake. Current membership is now well above 290, and the group recently changed its name to the Lake County Association for Home & Community Education (LCAHCE) to reflect the urbanization that continues to grow within the county.

Some of the services offered by the mem-

bers of LCAHCE include cooking classes, enriched living classes, child tutoring, and even classes on how to read utility bills.

LCAHCE is most noted this past year for holding the Lake County Summit on Violence. Members have also sewn and donated nearly 200 book bags filled with books for county children involved in the Head Start Program. To help promote literacy worldwide, LCAHCE recently presented a literacy resolution at an international conference held in South Africa. The resolution was passed by 750 delegates representing 65 countries. According to Betty Houbion, public information officer for LC-AHCE, all 65 countries are mandated to carry out the literacy resolution that will go on to the United Nations for further expansion.

"This flag was given to us to honor all of the people who have worked hard to educate others and improve their quality of life," commented Houbion. "The flag also honors every resident in Lake County."

The flag, which will be coming from Knox County, will be presented by state Senator Adeline Geo-Karis (R-Zion).

The ceremony will begin at 8 a.m. at the courthouse located on Utica St. in Waukegan. The public is invited to attend said Houbion.

# **FROM PAGE B1**

### **CLOSINGS**

license for Thomas' Restaurant at 4 E. Rollins Rd. in Round Lake Beach. Owners Jose and Alejandro Cruz have until the end of June to correct violations which include improper cooling procedures, cross-contamination hazards, spoiled food, poor sanitation and hand washing procedures. Piotrowski said the facility also needed repairs and cleaning.

Like the Center Inn, Thomas' has failed numerous inspections since early 1999. When asked why the restaurants were allowed to stay open this long, Piotrowski replied that the health department is "not in the business of shutting down restaurants."

"We bend over backwards to work with restaurants to give the owners an opportunity to correct problems," stated Piotrowski. "Thomas' is very close to getting things straight, but they are not quite on target. We found that the problems could be corrected without much difficulty on the part of the restaurant manager."

If Thomas' fails its next inspection, the health department will revoke its food service permit until the code violations are corrected. The owners were not available for comment.

Piotrowski noted that the health department will be more diligent with inspections for the Center Inn because of its past history of "critical" violations. The same will apply to the Round Lake Beach eatery if it remains open.

An article in the Lake County Board of Health Ordinance states that the health department can levy fines of up to \$500 for each day that "said violations occurred and continue to exist." Neither restaurant will be fined, said Piotrowski.

In contrast, the Avalon in Gurnee is being slapped with a counter-complaint by the health department. This follows a temporary injunction issued by Circuit Judge John Goshgarian in

favor of the popular restaurant after the health department issued a permit revocation on May

According to Piotrowski, the health department is asking for payment by Avalon owners, Manny and Besse Kritikos, of up to \$500 for each day a health inspector came in to find critical violations. This amounts to approximately \$6,000 in fines.

When asked why the Avalon was being nailed for the fines, particularly since the other two restaurants had similar, if not more code violations, Piotrowski replied that the Avalon is "a special case because we are in a lawsuit."

"We have never fined a restaurant before, but we have never been sued by a restaurant before," explained Piotrowski. "We are asking for the fines in an effort to induce compliance."

The health department is working with the Lake County State's Attorney's office to seek a permanent injunction that would close the Avalon until three code violations are corrected. The violations, which Goshgarian found to be "minimal" include improper food temperatures, cross-contamination violations in which raw foods are stored over prepared foods, and hygienic practices violations in which employees were found to be using soiled towels to clean their hands. According to the countercomplaint, these violations are classified as "critical" by the Federal Food and Drug Administration and the Illinois Department of Public Health.

In their complaint, the health department contends that the above violations continue to "exist as recently as the May 24 re-inspection." However, Piotrowski admitted that there have been no inspections at the Avalon since then to observe whether the restaurant is in compliance. She did note that health department personnel have gone to the Avalon several times to present educational programs to the employ-

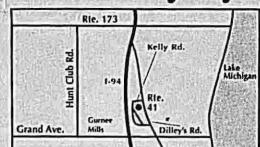
"We are very pleased and excited that the Avalon is finally utilizing these programs," said Piotrowski, who mentioned that the Kritikos' initial rejection to the programs may have caused many of their food service problems.

Steve Sklare, of Superior Commercial Services, was hired as a consultant by the Avalon owners in deference to the health departments request to do so. Sklare said he has been working closely with the restaurant since the beginning of May to ensure that it is following proper procedures.

"I have worked with the Avalon to make sure it is in compliance in every way, shape and form," stated Sklare. "I feel that the restaurant is operating with great concern, and the owners are very conscientious of the safety and health of their patrons."

"Our hope is to show the health department that it is time to drop the legal activity. We just want them to see we are more than following the rules," concluded Sklare.

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FR-SA & WE-TH 1220, 135, 310, 420, 605, 705, 805, 850, 950
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LOVE BEATS THE HELL OUTTA ME (R) LOVE BEATS THE HELL COTTA ME, 1250, 255, 515, 720, 925

ME, MYSELF, & IRENE (R) / (TWO SCREENS)
1205, 120, 235, 350, 505, 620, 735, 855, 1005

CHICKEN RUN (G) (TWO SCREENS)
1235, 125, 235, 325, 435, 525, 635, 725, 835, 925

AFT (R) / 100, 315, 530, 745, 955

A.E. (PG) AND GIRLS (PG13) 1225, 240, 455, 110 BIG MOMMA'S HOUSE (PG13) 1200, 220, 435, 655, 910
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MEDIA

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# **CRIMES**

compile its own report based on crimes reported in the county over the past three years. He said the review should be completed later next

County law enforcement officials reportedly credit the increase to the rising number of individuals who come forward to report such crimes that are sensitive in nature and cause feelings of embarassment for the victim.

Heidecke said the state police figures may also be based on various interpretations of the crimes committed, whereas, for example, part of the increase could be attributed to more reports of domestic violence.

"Certain types of crimes are being reported on a more regular basis than others," commented Heidecke. "To say specifically what skewed the figures is hard to say."

The total number of murders that occurred in the county since 1998 is down by about 38 percent. There were eight murders in 1999, with the majority of them taking place in North Chicago and Waukegan.

Reported burglaries took a nose-dive of about nine percent, along with a 7.6 percent decrease in reported larcenies. Apparently, there were bigger fish to catch with auto thefts netting a 3.5 percent increase, and reported robberies climbing up the scale by about 4.5 percent.

The Illinois Uniform Crime Reporting Program uses eight crime categories that comprise the Crime Index upon which the above statistics are based. The first four categories are considered to be violent crimes that include murder, criminal sexual assault, aggravated assault and robbery. The remaining classifications are considered to be property crimes that include burglary, larceny/theft, auto theft and arson.

The Crime Index is indicative of the amount of serious crime that occurs within particular jurisdictions, regions or the state as a whole.

# AT A GLANCE

#### A DIGEST OF STORIES MAKING HEADLINES THROUGHOUT OUR REGION

#### Pageant queen arrested for fighting

uperied of case the Thought to **国内的广泛的产品的产品,产品的企业** 

Wadsworth - Miss Wadsworth 2000 may soon be without a crown.

Glenn Ryback, pageant director, announced that the pageant committee has temporarily suspended Rachel Harmon from pageant activities.

A day after obtaining the crown, Winthrop Harbor Police arrested Harmon for fighting.

According to Winthrop Harbor Police Chief Joel Brumlik, Harmon got into a physical altercation with another youth at the Winthrop Harbor Street Dance.

After obtaining witness testimony, patrolmen arrested the two girls, Brumlik stated.

Both youths must appear in court on July 13, he said.

#### Chain O' Lakes regulations lifted

Fox Lake—The Fox Waterway Agency (FWA) gave boaters and recreational users of the Fox River the word they have been waiting for 30 days.

The Fox River and Chain O' Lakes from the Wisconsin border to Stratton Lock and Dam near McHenry was opened to no-wake boating on June 21, as flood waters receded and river levels continued to drop. The Fox River between Algonquin and Stratton Dams remained closed to power boating due to continued high water levels. Only the Illinois Department of Natural Resources (IDNR), with concurrence of the United States Coast Guard (USOG), has jurisdictional authority to close and re-open the Waterway.

The Chain O' Lakes reopened to power boats at 12 p.m. June 23.

#### Mayor asks for federal disaster relief

Antioch - Mayor Marilyn Shineflug sent a letter to Rep. Philip Crane (R-Palatine) asserting that the Village of Antioch be declared a federal disaster area.

Shineflug said, "If the Village of Antioch is included as part of the federal disaster area, some funding mechanisms may become available for residents who received damage to their homes and businesses as a result of the flooding. For this reason, I sent a letter to Representative Crane."

The mayor hopes that a federal declaration will help cover costs incurred and property loss of individual homeowners.

Gov. George Ryan previously declared Lake County a disaster area as a result of flash flooding.

#### Bike path rapist arrested again

Libertyville— The Libertyville Police Dept. said a man on parole, convicted of raping a woman in 1993 on the North Shore bike path attempted to strike again.

Christopher Hanson, 24, of 23 S. Whitney St., Apt. # 10 in Grayslake, was arrested and charged with aggravated battery and unlawful restraint after police received a report he attempted attack a 48-year-old Libertyville woman.

Authorities said the woman was walking along a bike path at 11:54 a.m. on June 24, near West St. and Lake St., by Butler Lake Park. She was then allegedly attacked from behind by Hanson, and the woman told police he attempted to drag her into a wooded area near the path. She then fought back, managed to escape, and contacted authorities.

Hanson is currently being held in Lake County Jail on a \$900,000 bond.

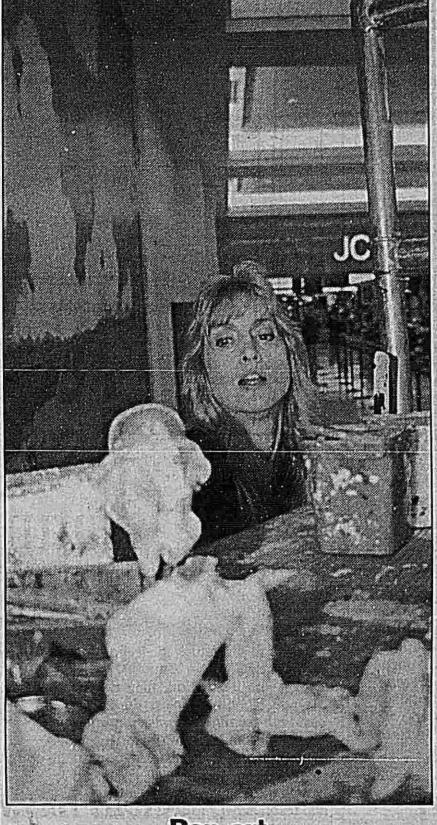
#### New trustee leaving village

Grayslake—Less than five months after he was approved to fill a vacancy on the village board, Grayslake trustee Craig Gertz is looking to move out of the village.

'Basically, I work downtown, and it's a door-to-door commute of two hours each way," he explained.

Until he moves, Gertz will continue to serve on the board. Trustee Stacy Braverman commented, "I think residents will have concerns about someone sitting on the board

(whose interest is no longer in Grayslake).' Gertz responded to questions about his commitment to Grayslake whole-heartedly. "My attitude towards Grayslake has not changed at all," he said, noting that it was a "geographical necessity" for him to move. "It has no implications on my heart for the community."



Pop art

Paulina Franz of Round Lake Park grabs more paint off of the scaffolding she uses during her work on a mural inside the Hawthorn Center mall in Vernon Hills. —Photo by Sandy Bressner

#### Teacher convicted after lewd remarks

Round Lake— A John T. Magee Middle School teacher has been found guilty on misdemeanor charges of disorderly con-

According to Police Chief Charlie Foy, parents of two thirteen year-old Magee girls told police that Kenneth L. Phillips, 37, had made lewd gestures while talking to the students.

Phillips, who was on lunch duty at the school, allegedly overheard a youth make a sexual comment. He then called two Magee girls into a side hallway, and asked if they understood what the youth had said.

According to the parent of one student, the teacher proceeded to make sexual gestures.

Round Lake Area School District 116 officials suspended Phillips for ten days without pay, after learning of the alleged incident.

#### Police to gear up for new station

**Gurnee**— Preparing for the construction of a new police station in Gurnee, four police department heads will be attend-

ing a four day "Planning, Designing and Constructing Police Facilities" seminar in October.

The seminar is designed to give attendees insight on how to build a long-lasting facility within a budget.

Patrick said the department has recently finished interviewing architecture firms for the facility. The next step is to pick a firm and begin the preliminary designs.

The new station, which will replace the department's headquarters on Old Grand Ave., is still at least two years away. The planning process will take about a year. Construction will take at least another year beyond that.

#### Woman charged in burglary

Lindenhurst - Lindenhurst police have charged Dana Lee Shepherd, 22, of 9 Meade Ct. in Fox Lake with theft and criminal trespass, both Class A misdemeanors, in connection with a burglary at 220 Valley Dr. in Lin-

Allegedly intoxicated, Shepard entered the home of Jason Seebacker and his wife, Lisa, and took a purse containing \$102 in cash, miscellaneous identification, credit cards, other personal papers and a watch.

Shepherd was charged and released on a personal recognizance bond of \$1,000. She will face trial on July 7 at 9 a.m. in Waukegan courtroom C-405. Police gave her information on alcohol and substance abuse services, and she made an appointment with NICASA.

The purse was returned to its owner, after the contents were inventoried and photographed.

#### Village to attract growth to southside

Mundelein-The Mundelein Village Board took the first step in revitalizing the south side of the village at a committee of the whole meeting before their regularly scheduled board meeting.

To do this, Camiros Principal Consultant Les Pollock suggested initial concepts for the village's comprehensive plan.

On the south side of the zone, running northwest along Rte. 83, Pollock suggested doing major renovations to the streets and businesses and to attract "key destination" businesses and create an entry way that will attract more consumers to the area.

Pollock also suggested doing a major overhaul of Townline Rd. and its intersection with Rte. 60/83. The renovation would include major intersection enhancements and the potentially making the street into a parkway.

#### White Hen passes zoning board

Wauconda— A proposal for a White Hen store at Liberty St. and Main St. cleared a hurdle as zoning board of appeals members gave their approval.

The major issue at the hearing was traffic patterns. Zoning board members placed a condition on their approval that only right turn in and right turn out onto Rte. 176 be allowed.

There could be a stack-up problem if that is allowed, Nosch said.

Donald Wallis, architect for the petitioner, said there are several hours in which traffic would not be a problem. Liberty St., also known as Rte. 176, is a state highway. There is a traffic light just over a hundred yards away at Main St. and Liberty.

The parcel is the site of a former gas station. An existing house will have to be torn down. The proposal now goes before the Wauconda Village

#### Board. Fireman's quick response saves life

Lake VIIIa - Off-duty Lake Villa volunteer fireman Steve Coles' convinced neighbor Dick Olker who was denying having a heart attack, to take aspirin, a blood thinner, then immediately called 911 on his cell phone.

Paramedics arriving on the scene in two minutes determined that the patient was experiencing a myocardial infarction (MI), and began aggressive treatment enroute. Coles took the wheel of the ambulance, so both paramedics could help the patient during the 25-minute trip to the hospital.

The patient, who had a quadruple by-pass operation, is recovering normally.

### **CLC NOTES**

#### New exhibit July 7

Sculptures and paintings by two Lake County artists will be featured in the next exhibit, scheduled to open July 7 at the College of Lake County. Carol Gildar, a watercolor and pastel artist from Highland Park and Robert Andrus, a wood sculptor from Gurnee, will present their works through Aug. 11 in the Community Gallery of Art at CLC's Grayslake Campus. A public reception for both artists will be held from 7-9 p.m., July 7.

Andrus, a graphic designer for more than 40 years, is a self-taught sculptor. His wood sculptures are large-sized, carved fruits and vegetables that look whimsical and abstract. His inspirations come from observing birds, fruits, vegetables and flowers. An avid traveler, Andrus has displayed many of his pieces in private collections, corporations and public

The gallery hours are 8 a.m.-10 p.m., Monday-Thursday and 8 a.m.-4:30 p.m., July 7-28; and 8 a.m-4:30 p.m. Monday-Thursday, July 31-Aug. 11. For information, call Steve Jones, art gallery curator, at 543-2240.

#### New student orientation

The College of Lake County student development office will conduct several orientation sessions in July for new degreeseeking students and an information session for parents of students interested in attending CLC.

The new-student orientation sessions will be held from 10 a.m.-2:30 p.m. July 6, 18 and 27 and 3:30-8 p.m. on July 5, 12, 20 and 25 at the Grayslake Campus. An orientation session also will be held from 10 a.m.-2:30 p.m., July 10 at the Lakeshore Campus in Waukegan. The sessions will include a multimedia presentation about CLC, a campus tour, information about financial aid, admission requirements and CLC programs and services. Students will also complete academic advisement, course selection and registration. New students are strongly encouraged to attend one orientation session. Prior to attending the orientation, students must have a CLC application on file in the admissions office. They must also have completed the basic skills assessment process by taking CLC's basic skills test or submitting high school or college transcripts and ACT, SAT or GED scores for evaluation.

The parent information meeting will be held from 6-7:30 p.m., July 17 in Room C003 at the Grayslake Campus. The session will present information about services provided by counseling, financial aid, student activities and the office of special needs.

Pre-registration is required for both the orientation and parent information meeting. Call 543-2090 for reservations.

#### **Ceramics, China** painting classes

The continuing education department at the College of Lake County will offer a ceramics class for beginners and a class in China 

painting in July.

"Beginning Ceramics" (CCRF 10) will be taught from 6:30-9:30 p.m. on Mondays beginning July 10 for four weeks and "China painting" (CCRF 12) will be offered from 6:30-9:30 p.m. on Tuesdays beginning July 11 for three weeks. Both classes will meet at the Technology Campus on CLC's Grayslake Cam-

Students in the ceramics class will learn how to pour, clean and prepare a greenware piece for firing and paint the fired bisque piece. They also will learn different techniques such as glazing, staining, dry brushing, underglazing and antiquing. The course fee is \$49, plus \$15 materials fee due the first class.

The china painting class will consist of painting small boxes, cups and saucers and small tea sets with mineral-based China paints and brushes and decorating with different flowers, tied ribbons and bands and scrolling. The course fee is \$65, plus \$20 materials fee due to the instructor the first class.

For course information, call 532-2022. To register, dial 223-1111.

# Lakeland Newspapers

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#### **EDITORIALS**

# Swim ultimate: aquatic center

n bygone days, a swimming hole, usually formed out of an old gravel pit, or a public beach on a small lake were inviting summer attractions for the small towns around here. Following World War II, civic groups built community pools with donations and fund raisers to provide fun and relief from sizzling summer days. The pools were pretty basic: A hole in the ground lined with cement surrounded by concrete slabs. A small bathhouse completed the facility.

That was then. And this is now. Enter the era of the water park. Welcome to Disneyland down the street.

Family aquatic centers are sprouting in and around the suburbs like golden arches. In Lake County, Grayslake has established a new standard for swimming pool glitz and amenities. Slides, wading areas, rainbow umbrellas, lap lanes concessions. And more at a new aquatic center costing \$3.3 million.

The latest community to jump on the water park bandwagon is Wauconda where residents will be asked to approve a \$4.5 million referendum in November to build a park district facility with the enticing name, Spirit Waters Aquatic Center. Voter approval would end a 30-year effort to building a community swimming pool for a town once noted for its public beaches on Bangs Lake. The famous beach scene in the landmark comedy "Blues Brothers" was filmed in Wauconda.

So those familiar northern Illinois July and August scorchers will be a breeze with the new aquatic centers. Build a water park and they will come.

# Life on the river gets complicated

ife on the river— the Fox River— is getting more complicated. This time of year there's the heaviest boat traffic in the nation giving rise to all sorts of safety problems. Unpredictable weather conditions, mostly in the form of flooding, produces economic woes and undetermined property damage.

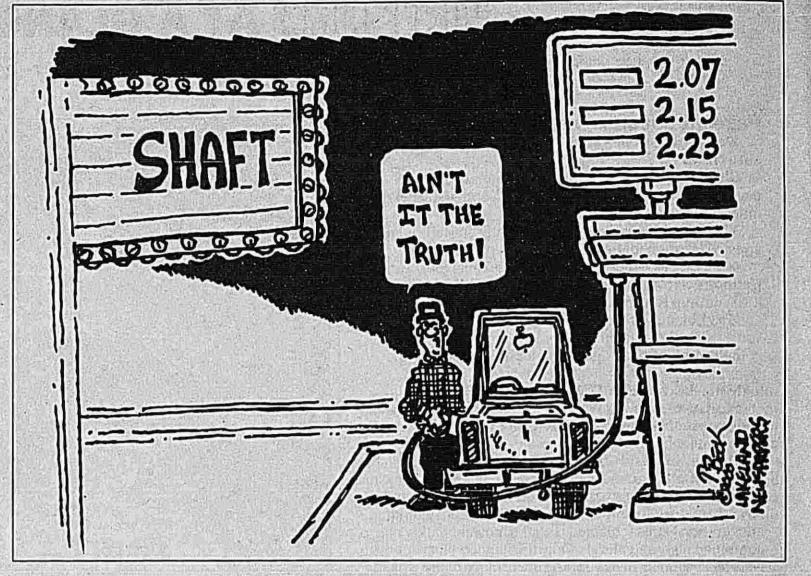
Government agencies charged with the responsibility of managing the myriad problems associated with a national resource are getting stickier all the time. The Fox Waterway Management Agency (FWA) currently is involved in a tug-of-war with the Lake County Stormwater Management Commission (SMC). Now McHenry County wants a storm water management apparatus of its own which surely will run into conflicts sooner or later with the existing agencies.

Elsewhere in this week's editorial section is a comprehensive letter from FWA's attorney which clarifies water management issues—from the FWA viewpoint. Maybe we'll hear from SMC next week. What hasn't been said is that the state could well diminish inter-agency battling and bickering by taking more pro-active positions.

With the exception of the Army Corps of Engineers, all the powers attributed to the various agencies dealing with the Fox River stem from the state. Yet the legislature often takes a hands off approach that results in the current controversy over jurisdiction of flood plains and flood ways management.

It is ironic that the FWA came into being more than a decade ago because of indifference on the part of the State of Illinois over water quality and safety issues in the Chain O' Lakes and upper Fox. Where authority begins and ends shouldn't be all that complicated because the real power rests with the state.

Why should two local agencies have to go to court to find out where they stand on the Grass Island geo-tube project when a decision could be worked out in Springfield?



VIEWPOINT

# Nature venting? Hail of a mess

re you getting the feeling that Mother Nature is laying it on us kind of heavy? Flooding. Sunless, dreary days with seemingly incessant rain. Damaging hail. What next? Hurricanes? Killer dust clouds? Maybe a twister?

On the Chain O'Lakes, boating and resort activity vanished as high waters shut down marinas and pubs that normally would be humming this time of year. Resilient and resolute, residents and business people along the Des Plaines River in Gurnee sand bagged and manned pumps waiting for a disaster designation from the governor and the water to recede.

Not officially classified as a disaster, but surely a calamity of historic proportions, was the May 18 hail storm, worst within memory and a catastrophe that will be playing out all summer as automobiles are repaired, homes are rehabbed and trees are replanted.

In damage dollars, the hail storm dwarfs the Gurnee-Des Plaines clean up and lost revenue in the Chain. By mid-June, insurers had doled out more than \$100 million to repair hail damage in Lake County. Since the storm hit during working hours, people from all over the county employed in the storm area suffered as golf-ball sized hail hammered thousands of cars in south county business park parking

In that respect, the May hail storm touched far more people than the famous tornadoes in Lake Zurich and Zion years ago.

Farmers Insurance, a major insurer, sent in disaster teams to as-



BILL SCHROEDER
Publisher

sess claims, just like major insurers handle hurricanes and tornadoes. John Moore, a Farmers adjuster, worked 14-hour days inspecting dented cars, typical of countless adjusters. Country Companies and State Farm, two other major insurers, still are backlogged after more than a month.

Typical auto hail damage claims are running between \$3,500 and \$4,800. Many cars have been totaled. Adjustments of \$10,000 are fairly common.

Mother Nature on a rampage has turned all of us into weather watchers. She's made the new millennium memorable so far.

#### Invisible service

Expansion of Amtrak service in this locality has been greeted with yawns. Can't say we're enjoying additional benefits because the two trains daily north and south creep through Fox Lake, Round Lake, Grayslake, Libertyville and points south on the Metra north line virtually unnoticed. I've seen the south

bound train three times about 8 a.m. There are no stops in Lake County.

#### Don't get gassed

Bob Klug of Antioch agrees with this column about responding to high gasoline prices by pestering the dealers with smaller purchases. Bob reasons station owners will be cutting into profits by working harder and transfer their displeasure up the line to distributors and the refineries. Klug knows full well the impact of fuel costs on the economy. Before retiring, he operated a trucking business in Chicago.

#### One word view

This column is dispensing with its annual "learned" mid-season review of the Cubs and dismissing the sorry North Siders with a one word assessment: P-U! Their "Cubness" is overwhelming. And to think the Cubs threw a black ball a few years ago to keep an honest-to-goodness professional baseball team from setting up shop in Lake County.

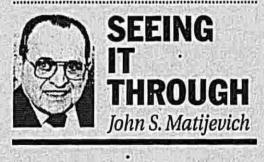
#### One man's family

While John is cavorting around engaged in boy things like T-ball, swimming, fishing and free-spirited summer afternoons with buddies in the backyard, Erika is nursing a badly broken arm suffered in a playground fall. Ali and Nikky are enjoying being three-year-olds, meaning that they are capitalizing on their new-found individuality. Newest grandchild Tommy, one-month old, still is wide-eyed with amazement over what's happening in the big old world about him. Grand kids sure are wonderful.

# Secretary of State scandal—Culture of corruption?

brought to light about the driver's license scandal, naturally I have been asked what I think about it, and what can anyone say but that it is a real mess, and I believe that it has been even more widespread than so far reported. Up to now, I have not written about it, because I thought that some would say that I might be slanted because "it's a Republican taking the hits."

But, now that present Secretary of State Jesse White has also taken some hits for some policy decisions



that tended to undermine legitimate investigations of corruption in the office, I thought that I should give my opinion. White has made some moves like putting former U.S. Attorney Jim Burns in charge of root-

ing out corruption that may salvage.

What bothered me most about Gov. George Ryan's reaction to the alleged major corruption on his watch was his statement which in effect said that there has been, there is, and probably will be in the future a culture of corruption in the Secretary of State's office. It's the same as saying, "they did it before me, and they're going to keep on doing it" theme.

One thing is for sure. For many years, everyone knew that the Secretary of State's office was considered a "patronage army" where employees peddled fund-raising tickets like they were girl scout cookies. The "middle manager" employees applied some pressures to "those below," and I'm sure that some employees felt that their job future might be at risk if they didn't "shell out."

The reason that the Secretary of State's office was considered a stepping stone for higher office was because it was fodder for fund raising. There is a thin line between voluntary donations and the arm-twisting type. I am sure that employees have

run into bosses who sued the hardsell, either "sell the fund-raising tickets or eat them up," which in plain language means, "buy them yourself." When that technique is used, you are inviting corruption.

There is no doubt that based on what has been publicly revealed, fund-raising and corruption that occurred during Ryan's watch raised to the "Nth" degree. From truckers and others to travel across the country to receive driver's licenses by paying off large amounts of

Please see SEEING / B5

### **PARTY LINES**

PARTY LINES, THE LAKELAND NEWSPAPERS' COLUMN OF POLITICAL OPINION, IS PREPARED FROM STAFF REPORTS.

# Pressl pounds age issue in 8th District race

ance Pressi has pretty well defined his campaign theme for unseating veteran Congressman Phil Crane (R-

Instead of hitting at Crane's conservatism and philosophy promoting smaller government, the Democratic newcomer will pound home the idea that Crane has been around "too long."

The Rolling Meadows resident bore into Crane's hometown of Wauconda to stress to senior citizens at their annual picnic at Lakewood Forest Preserve that the 8th District needs "a fresh face."

Pressl, age 42, is saying he better represents the changing population in west Lake County and northwest Cook County. Time will tell. Crane, 68, has stayed in office for 30 years because he is in tune with the conservative views of the 8th district.

#### Finds a job

Bob Powers, unsuccessful in the spring primary to oust County Board Rep. Larry Leafblad (R-Highland Lake), has found a Republican party job. He's working to organize the GOP booth at the annual Lake County Fair, July 25-30.

#### **Family Picnic**

Despite the list of candidate fund-raisers and golf outings that never seems to end, Lake County Republicans have set Sunday, Aug. 20, to gather for their annual family picnic at Lamb's Farm, Libertyville.

#### Keep 'em guessing

Dashing Jack Potter didn't raise many eyebrows with his announcement for mayor of Waukegan. He's been conducting himself like a candidate for a long time, ever since he couldn't get on the ballot two elections ago. But he's creating suspense by not announcing his party affiliation.

#### **Backing NICASA**

Round Lake area elected officials and law enforcement leaders serving as a focus group provided the impetus for a new NICASA program for preventing school violence and strengthening families. Headed by **Karen Smith**, a one-time psychiatric nurse, RAFT (Resiliency Among Families and Teens) will



**Perry:** Being named as potential successor to mayor.



Marks: Believes in keeping a punctual schedule.



**Grever:** Won't allow room for the Grinch.

swing into action with the beginning of the fall term.

#### Talking about mayor

The Grayslake mayoral sweepstakes is picking up steam with the names of two trustees, **Tim Perry** and **Stacy Braverman**, being mentioned as successors to Mayor **Pat Carey**. That collision could happen this spring—if Carey chooses not to run after completing her second term. This doesn't count businessman **Joseph Zbarboro** who announced a spite candidacy for mayor at a village board meeting.

### New meeting times canned

A resolution to change the meeting schedules of the county board committees ran into overtime and was canned by a vote of 20 -1.

Board members **Judy Martini** (R-Antioch, Dist. 1) and **Martha Marks** (R-Riverwoods, Dist. 21) both shared the same sentiment.

"If you can't do the schedule, don't run for the job."

#### **Family ties**

Grayslake trustee **Craig Gertz** put to rest speculation that he is somehow connected to the Prairie Crossing development—he has a third cousin who lives in the subdivision.

"I don't know where anyone came up with that (rumor)," he said.

The trustee abstained from voting on a phase of the development which may have prompted the rumor.

### Ladies of County Board too loud

Larry Phillips, owner of the Electric Harbor Marina in Lake Villa blasted the county board's noise ordinance, which he said allows for music at his establishment to be played at only 60 decibels.

"How can you make that ordinance when the ladies of the county board talk at noise levels of 63 to 65 decibels?" he asked board members.

#### **County grinch**

The county's planning, building and zoning committee was on the verge of becoming the "Grinch Who Stole Christmas" following a resolution to adopt an amendment to the text of the Unified Development Ordinance that provides for temporary use permits for such things as garage sales, food sales and Christmas tree sales. One of the standards set forth was to be that the permits were only good for daylight hours.

Board member Robert Grever (R-Kildeer, Dist. 19) loudly protested, "I think it's ludicrous that Christmas trees can't be sold after dark! This needs to be sent back for fine tuning."

Committee members obviously forgot about daylight savings when they made the proposal.

# Be careful what you pray for

hree friends were watching a football game, two of them with such fervor they kept asking for divine intervention.

One was praying for the Bears and the other for the Packers.

Finally, the exasperated third friend suggested, "Why don't you guys just let God enjoy the game?"

Just last week we learned again that the Almighty doesn't give a hoot about professional football. If he did, he would have made sure the Monday Night Football analyst job went to Rush Limbaugh and not Dennis Miller.

But that's another column.

Although many winners of various sports events suggest afterwards that God was on their side, we really doubt he gets involved is such trivia. The U.S. Supreme Court, however, must get involved sometimes. Last week, for example, the justices voted 6-3 to strike down a Texas school district's policy that allowed student-led invocations before high school football games.

Thus, school prayer once again became a major topic of debate—although, as we know, as long as there are math tests there will be prayer in schools.

In the southwest, high-school football fans are every bit as rabid as college fanatics. In college, the annual Texas-Arkansas rivalry ranks up there with Harvard vs. Yale, Army vs. Navy, and Ohio State vs. Michigan.

The week before a game against Texas this sign was seen outside a church in Arkansas: "Football is only a game. Spiritual things are eternal. Nevertheless, beat Texas."

Prayer in the United States of America came back big-time nine years ago — all it took was a war, the Persian Gulf War. The word "prayer" was everywhere. The president declared a national day of prayer, folks



# THE PFARR CORNER Jerry Pfarr

were holding prayer vigils, everyone was praying for peace and the safe return of our troops.

There is a correlation between the prevalence of prayer and the onset of dire circumstances. When human frailty comes face to face with fear and foreboding, we turn to heaven for help.

This was captured cleverly in the 1978 movie, "The End," starring Burt Reynolds. The final scene goes something like this: Burt fears he is drowning and yells to God, "If you get me out of this, I'll give you 75 percent of everything I own." As his situation improves, he says, "Good work, God—like I said, 50 percent—half for me, half for you. Keep going."

When he finally realizes he is near shore and isn't going to drown, he says, "Okay, God, 25 percent, and that's my final offer."

And then there's that old warning: Be careful what you pray for. It was Oscar Wilde who said, "When the gods wish to punish us they answer our prayers."

An excellent explanation of prayer was offered in an episode of the television sitcom, "The Wonder Years," about 10 years ago:

The mom is in church lighting a candle and her little boy asks, "Do you think God will answer your prayer?"

After just the right pause, and with just the right smile, his mom assures him: "In one way or another."

#### LETTERS TO THE EDITOR

# Lucky Lake Countians

We consider ourselves lucky to have met some very kind and considerate people at Lake County Fairgrounds a few weeks ago.

My husband and I were attending the Central States Collie Club show. Everything was fine until we started to head home. Our van would not start. At 1:15 p.m. on a Saturday afternoon, the chances of getting someone to help were very slim.

But help we found, indeed. A young man parked next to us promptly got out his battery tester and checked the battery. (I think he said he was from Waukegan). A lady parked on our other side not only offered the use of jumper cables, but took my husband to two repair shops in hopes of finding someone to work on the vehicle, called her husband for help and then offered to drive us all the way home herself. A huge thank you goes to Jennifer Nollin and husband, Gary.

We also appreciated the fast service done by Paul at Wildwood Service. It turned out to be minor problem with the ignition and he had the work completed on Monday.

One of our fellow exhibitors, Tammy Mercer, lives in our area and was kind enough to give us, and our two dogs a ride home.

Thanks to all of you.

Patricia Schroder

Winnebago

#### Open space needs

Another letter from Jack L. Martin, that outspoken critic of everything but peaker power plants, ap-

pears once again in the newspaper. This time he is taking to task the county and Forest Preserve Boards in their quest for more money with which to buy existing open land.

According to Mr. Martin, the acquisition of more land by the Forest Preserve District will not have any affect on growth, sprawl, or urbanization. The problem, he says, is people. That in itself is a very profound statement. It would seem to me that the answer then may lie in having fewer people move into Lake County. How do we discourage more people from moving into Lake County? We encourage the Lake County and Forest Preserve Boards to buy more open land.

One does not have to be Albert Einstein to know that if 5,000 acres is taken off the developer market, that if each potential home were to be built on a one-quarter acre lot of that 5,000 acres, we have eliminated 20,000 potential homes, housing about 80,000 people in Lake County. That in itself would certainly retard growth, sprawl and urbanization.

In reading and re-reading Mr.
Martin's letter I did not see one
mention as to whether he is against
growth, sprawl and urbanization. It's
apparent that he is against taxes for
land purchase, but not for new
roads. He is against the politicians,
but he is all for the professional
transportation specialists whose
livelihood relies on road building.

Hank Jacoby Wallconda

## FROM PAGE B4

### SEEING

money is major corruption, and people in high places had to be either blind or ignorant not to have known it was going on.

We can't do much about the corruption that has occurred. But every citizen in Illinois should be mad as hell that we must accept this "culture of corruption" as if it is the norm that will continue, no matter what is done. Yes, it will continue as long as public officials in high places accept it as the norm.

If it weren't for the investigation by the U.S. Attorney's office into the scandal, do you think for one moment that any entity of the state would have taken steps to uncover the corruption? Uncovering is much rarer than covering up.

Whenever there have been hints of scandal in the past, the first thing

you hear of is the appointment of an inspector general whose public job is to get to the bottom of things. The scandal in the Secretary of State's office bares out what I have long said, that you often have to investigate the investigator.

It isn't enough that Gov. Ryan has taken steps to limit campaign contributions under his control in the governor's office. It should be across the board in every office. Also, how about the many professions and businesses that the state regulates?

Political campaigns are at the root of the corruption. If they are sincere about rooting out corruption, they ought to think seriously about limiting campaign spending and campaign contributions.

Just as we have closed our eyes for too long about the "strong

armed tactics" of fund-raising activities in the Secretary of State's office, let us remember that we haven't "laid a glove" on the other office of state government that raises a humongous amount of campaign funds and where they come from. Just as we heard a lot about the Build Illinois program of the past, you can rest assured that those who profited helped to build large campaign warchests, too. Will the benefactors of today's Illinois FIRST programs be the first in line to fuel tomorrow's political campaigns?

The bottom line is that the public must not tolerate this culture of corruption. The best way to eliminate that culture is to get rid of those who accept that it can't be eliminated. Public service must be a public trust, and the public deserves nothing less.



Don Taylor

# Build better banking relationships

ost small-business owners don't tend to think about their banking relationships as long as business is good and they don't need any money. However, when things are going well may be the best opportunity you'll have to lay the groundwork for those times when you need to be in your banker's good graces.

When tough times come or the supply of money tightens, the interest rate may go up and lenders will look more carefully at potential borrowers. If you will take the time now to build a good working relationship, you'll be prepared when you really need help.

Before you begin schmoozing any banker there are some basics you should understand. Let's begin with a few key areas that bankers feel strongly about.

#### Navigating the Seven C's

- Character. Character to a lender is the responsibility or moral commitment a borrower feels toward their financial obligations.
   Usually, this is measured by examining the borrower's credit and repayment history.
- Capacity for repayment. This is a judgement, made by a lender based on an examination of historical income statements, balance sheet strength, pro forma information and other sources of income.
- Collateral. Collateral is made up of assets owned by the borrower but promised or pledged to the lender in the event of non-payment of the loan. The amount of collateral required to secure a loan varies from lender to lender and depends on the nature of the assets. Generally speaking, more is better. Lenders are more comfortable if the collateral value is greater than the value of the loan.
- Capital. Capital is a measurement of the wealth controlled by the business that can be used to produce additional wealth or profit. The amount of capital in a business is equal to the total capital from debt and equity. Lenders prefer that borrowers have low debt to asset and low debt to net-worth or equity ratios. When other issues are equal, a business that has little debt and lots of equity has more borrowing power. This is particularly true if the business has the ability to pay all current liabilities with current assets excluding inventory. Usually capital ratios are compared with other businesses in the same industry to establish the strength of the borrower.
- Conditions. Good bankers the kind you want to build a working relationship with are interested in the status of your business environment. What is going on in the general economy? How are conditions in your industry and geographic market area? What is happening in your business specifically? Are your customers prospering? Are your key employees happy? Etc.
- Competition. Because the game of business is changing so rapidly, better bankers are keeping an eye open for competitive challenges for their borrowers. If you want to strengthen your banking relationship don't allow your banker to know more about your competitors than you do. When we wrote our Up Against the Wal-Marts book we found that the most successful businesses spent time studying the competition. They used what they learned to create their own long-term competitive strategies.
- Comfort level. A banker's comfort or confidence level is created by how well you address the first six C's. Your knowledge of your own financial condition, your reputation and integrity, good credit history, knowledge of your business environment and competition will instill a high degree of confidence in the lender's mind.

Don Taylor is the co-author of Up Against the Wal-Marts. You may write to him in care of Minding Your Own Business, PO Box 67, Amarillo, TX 79105

# BUSINESS/REAL ESTATE

**B6** /Lakeland Newspapers

June 30, 2000

# Tanning, body wrap services offered by Fox Lake business

A new Fox Lake business offers services for losing weight and overall health through wrappings, tans and facials.

C.K. Wrap 'N Tan Inc. is open at 62 E. Grand Ave. The business is run by Cheri Koelper and Cindy Krebeck, and uses the Suddenly Slender Body Wrap method.

"We use the mineral wrap. You are wrapped like a mummy. You can lose inches and reduce cellulite," said Koelper, company president. "Our customers have been from age six to 76. Quite a few men use it."

The process helps to tighten skin. For senior citizens and others, this can lead to a younger look.

"You can see instant results. We have a guarantee of six inches coming off for women, four inches for men. It will not come back unless you gain weight," said Koelper.

Koelper was a former pre-school teacher before joining Krebeck in the business. Both are certified in their specialties.

Conditions from migraines, acne and arthritis have been alleviated with the process, the owners said.

"It relieves pressure and straightens posture. That alone helps a lot of conditions," Krabeck said.

Krabeck benefited from the process as she was severely sunburn while in Florida. The wrap techniques remove the poisonous conditions of the sunburn.

One golfer took a body wrap for some sore muscles and went out and played that day. Baseball pitchers have also benefited.

The Suddenly Slender Body Wrap is a 30year-old process invented by Victoria Morton. It has been featured on TV's "Extra," and Glamour Magazine.

Wraps are applied warm, but the body will

Please see BODY WRAP/B7



Cheri Koelper, President of C.K. Wrap 'N tan Inc., wraps a regular costumer for demonstration. The wrap is soaked in a mineral solution and is left on for 60 minutes, which Koelper said drains the body of impurities and can actually take inches from a customer's figure.—Photo by Kirsten N. Hough

# RE/MAX May sales top \$1 billion

The RE/MAX of Northern Illinois network reports that this year, for the first time, its closed sales volume for the month of May topped \$1 billion. Sales for the month were a record \$1.1billion, a gain of 11.87 percent from the previous record high for the month, \$991 million established last year.

The RE/MAX networks also set new highs for May in total transactions and new listings. Transactions were up 6.22 percent to 6,029 from 5,676 last May, and new listing volume rose to \$795,569,669 from \$734,590,125 for the same month in 1999.

Through the first five months of 2000, the network recorded gains in all three categories when compared to 1999.

# County clearinghouse calls for IRB projects

The newly created Industrial Revenue Bond Clearinghouse (IRB), which will fund manufacturing facilities, will provide \$9 million in financing for capital expenditures of small manufacturing facilities in home rule and non-home rule communities at interest rates that range from 65-80 percent of conventional bank rates.

Participating Home Rule communities include: Buffalo Grove, Gurnee, Lincolnshire, North Chicago and Waukegan. A call for Projects was mailed out to 142 banks, municipal representatives, commercial/in-

dustrial realtors, public and private developers and bond counsels. Additional inquiries are welcomed. Funds are earmarked for small manufacturers that are financing facilities and providing new jobs. To qualify, manufacturers must alter or add value to raw materials; have spent less than \$10 million on capital expenditures over a six-year period; and use funds to finance new construction, equipment or purchase an existing facility. Funds can also be used to refinance existing bonds and add new full-time jobs.

# Fireworks accidents may not be covered

# Insurance agents advise that whether holiday mishaps are covered or not depends on policy

If you are a homeowner, you might want to beware of rockets red glare and bombs bursting in air this 4th of July holiday. The Professional Independent Insurance Agents of Illinois (PIIAI) offers some words of caution about firework-related accidents.

"Many homeowners assume they are covered for any type of accident that happens around their home," said Gene Sberna, CIC president of PIIAI. "But if you were to ask me if you are covered for a fireworks accident, I would have to honestly answer that it depends."

Insurance companies will probably not consider paying a claim if:

of Minding Your Olvn Business, PO Box 67,
Amarillo, TX 79105

• You have a state, county or municipal law/or-

dinance outlawing fireworks or if the law only

allows professionals to operate them.

• Your area outlaws the types of rockets. It doesn't matter that you purchased the rocket legally somewhere else, they won't pay.

The claim involves an unsupervised minor child and your area outlaws use by minors in unsupervised circumstances.

 unsupervised circumstances.
 Your local law/ordinance requires a permit and you do not have one.

Insurance companies will not pay for damage under two general conditions: (1) you have violated the law or (2) circumstances could not be deemed accidental. A scenario in which some firecrackers in your home were set off when they were placed too near the barbecue

would be accidental. If your teenager set a firecracker off on purpose, the certainty of coverage is far less clear and less likely.

"If you were using fireworks legally, and did not intend harm, your homeowners policy could pay under the personal liability section, which is property damage to third parties," said Sberna. "There is no deductible applied to this coverage."

If the at-fault homeowners has a personal umbrella, there may be coverage for the damage even if the underlying policy won't cover it. Again, this all depends on the policy language.

If your insurance company decides to pay for your fireworks-related claim, will your premiums go up? "Generally speaking, the answer is no," said Sberna. "The company will probably either cancel/non-renew the policy or attach an exclusion for all future losses from this

Please see FIREWORKS/B7

#### **BUSINESS DIGEST**

#### Wooden Nail in Vernon Hills cited as top retailer

The Wooden Nail, a specialty gift store in Hawthorne Center Mall at Vernon Hills, was recognized recently as a Heritage Lace Showcase Store. This distinction is shared by only 400 retailers throughout North America. It is earned by fulfilling special requirements which include offering a broad selection of Heritage Lace-read-made curtains, table lace and lace gifts specialties-in extensive and very attractive Heritage-approved displays.

#### Idstein Mortgage celebrates 10 years

Idstein Mortgage Services Inc. of Grayslake is celebrating its 10-year anniversary. Ken Idstein, a lifelong resident of Grayslake, began the business in May of 1990. Idstein started working from a room in his house. Within a year, the garage in that house was converted into his office. Today, the entire home at 549 Rte. 83 has been converted into office spaces. Ken manages the business along with his wife Joy (also a lifelong resident of Grayslake). Idstein is an active member of the Grayslake community. He has served on the Board of Directors of the Grayslake Chamber of Commerce since 1985 and is a past president of the Chamber.

#### In::comp qualifies as portable specialist

Lake County's largest business-to-business computer company recently earned exclusive service certification status from Compaq Computer Corporation. Compaq announced on April 24th that Inacomp Computer Systems is now an authorized Compaq Portables Specialization dealer, meaning customers can continue to call on Inacomp to repair their portable computers rather than shipping them to Compaq for repair.

#### Firstar introduces automated banking in Spanish

Firstar Bank's 24-hour automated telephone customer service, "Firstar Express," has now been enhanced to better serve customers with the addition of a Spanish language function. This includes all automated or interactive voice response services and live person-to-person customer service calls. Previously, Firstar offered foreign language services through a live interpreter. However, recent increases in the number Spanish speaking customers and the organization's ongoing commitment to providing outstanding customer service to all customers warranted the new upgraded automated system. To access the Spanish automated banking service, simply call the local Firstar Express number in your area or call (800) FIRSTAR and then enter the number five.

#### **NEW BUSINESSES**

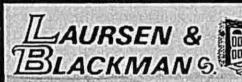
The following are new businesses located in Lake County.

Williams Heating & Cooling, 5616 Acorn Ln, McHenry, IL 60050. Jason C. Williams, owner. Call (847) 497-4803.

Findley Consulting, 35849 N. Helendale Rd., Ingleside, IL 60041. Sue Findley, owner. Call (847) 587-2625.

The Seawall Co., P. O. Box #2, Wauconda, IL 60084. Ron Kruger, owner. Call (847) 331-

P&J Trucking, 3473 Dorchester, Gurnee, IL 60031, James Gibbons, owner. Call (847) 707-4057.



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Ingleside — Three-bedroom ranch in great neighborhood.

This 11-year old home is situated on approximately a 1/2 acre lot and is professionally landscaped. The recently stained exterior is cedar sided. The home features central air, 2 1/2 baths, a bar and a terrific family room with gas fireplace and wet bar. Both the eating area and family room have sliders leading to a large deck. It also offers a full lower level that is partially finished with a large play area and separate home office, which could be used as an additional bedroom. There is also plenty of storage with a large crawl space with cement floor and lights. The home also features a large 2-1/2 car, heated garage with work area and storage cabinets. Some recent upgrades include: new hardwood floors, interior and exterior paint, can lighting and ceiling fans. This home is a must see. Asking \$192,500. For further information, please contact the owners, Ralph or Jill at (847) 778-2187 or (847) 546-5809. Buyer agents

Owner is a licensed commercial real estate broker with Hendricks & Partners, LLC-Illinois

### ON THE MOVE

Chris Ward has recently been named divisional vice president, regulatory affairs, Abbott International. She joined Abbott in 1984 as a manager in regulatory affairs. Ward resides in Wauconda with her husband. Thomas J. Dee has recently been named controller, manufacturing operations, in the pharmaceutical products division of Abbott . He joined Abbott in 1990 as a senior financial auditor in Corporate Finance and Administration.

The Illinois Funeral Directors Association honored Daniel D. Dugenske of Antioch as a Forty Year Licensee of funeral service at their convention in Springfield. Dugenske was recognized for his contribution to funeral service and to the Illinois community.

Katle Elfering is a highly trained Mortgage Management Specialist,



**Elfering** 

and has been originating residential mortgage for ten years. Her background as a realtor and property manager gave her extra insight into the needs of both homebuyers and real estate professionals. Elfering is an affiliate of the Lake County Board of Realtors and the Lake County Home Builders Association. She will be working out of the Antioch and Gurnee offices of Bank



Karmin M. Maritato has recently been named director, community relations, Abbott Laboratories. Her responsibilities include community relations and retiree communications. Previously, Maritato was manger, community relations. She joined Abbott in 1983 in the guest and professional services department of Abbott's pharmaceutical products division.

# FROM PAGE B6 **FIREWORKS**

particular risk. Losses like this are rare, so they are not experience-rated as with car insurance."

The only way to be sure you are covered is to call your insurance agent before using fireworks. He or she will want to know your safety plan for using the fireworks. Even then, these kinds of homeowners claims are borderline at best because they constitute acts that materi-

ally increase the potential hazards of the insureds. Homeowners policies generally state that it is the insured's responsibility to never knowingly increase the hazard to loss.

"The best policy is to be safe in the first place," said Sberna. "Take your family to the local park or community sponsored fireworks festivities. Let the professionals do the work while you relax and enjoy the show."

#### **BODY WRAP**

feel cool. A pancho is worn to help retain body heat.

Prior to the wrapping, measurements are taken of various parts of the body—hips, calves, waist, midriff, abdomen, upper arms, etc. A chart is kept with desired number of inches to lose.

"I had no idea if it would work or not, but I was competing in a national pageant and wanted to look my best, so I thought I would give it a try. The wrapping process was very easy. It's really fun to get all wrapped up like a mummy. It was exciting to see how many inches I lost, and I was really surprised when I saw how my clothes fit when I was through," said customer Kristin Wheeler.

The Fox Lake company also offers tanning, facials and a complete pampering package. For more information call 587-5180.

#### Letters welcome

Letters to the editor are welcome. They should be on topics of general interest, approximately 250 words or less. All letters must be signed, and contain a home address and telephone number. The editor reserves the right to condense all letters.

Send letters to: Lakeland Newspapers, Attn: Letters to the Editor 30 S. Whitney St., Grayslake, IL 60030

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# ON MORTGAGES

by Gary S. Meyers



### **EXPERTS ANSWER READERS QUESTIONS**

Most likely mortgage payments situation and ask about programs are your biggest monthly expense. Add to them unexpected medical expenses or other debt and you could have a problem. This week The Meyers Report asks the experts how to protect your home when your 1999. financial foundation gets shaky.

Q. It was a struggle to buy my first house and I don't want to lose it. I have large medical bills with a family member, need a car so that I can get to work, and am behind in my bills. I have been thinking of filing for bankruptcy, but I don't know what effect it will have. I already have taken out a second mortgage. Is there a way to refinance again and consolidate my bills?

A. "It might be in your best interests to consolidate your bills," said Bill Bantz, president of American Security Mortgage. "If you have some equity in your house, it might worth trying to get a fresh start."

There are certain loan programs, such as FHA, that will allow you to refinance without requiring you to pay off your medical bills. Qualifying for any type of program depends on the amount of equity you have in the house, as well as your credit rating.

Refinancing would allow you to get some cash out up to 85 percent of the value of your home, which you can then use to pay off some of your bills. In any case, go to a loan officer with all of the information about your your good credit rating.

for which you may qualify.

Q. I am looking for information on first-time home buyers with a bankruptcy background. I filed Chapter 13 in December,

A. Lenders usually prefer that you wait at least two to three years from the time the bankruptcy has been discharged.

"If you filed for bankruptcy in December 1999, I would recommend talking to a consumer counseling service and going to a home buyers seminar to guide and prepare you for this large investment," said David Patterson, consumer loan manager for Northside Community Bank in Gurnee, IL.

During the two to three years following the bankruptcy discharge, lenders want to see that you have re-established your credit and paid at least three to four different accounts on time. These can be simple revolving charge accounts or installment loans.

"The house is the largest investment most people ever make, and the largest loans most lenders make to consumers," Patterson said. "Credit history definitely is one of the most important components."

He recommends that you start saving for this big investment and concentrate on re-establishing

Reader questions may appear in this column when e-mailed to Gary Meyers at: mreport@aol.com or snail mailed to 450 Skokie Blvd., Suite 400, Northbrook, IL 60062.

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(1) be a chartered bank, savings association or credit union, or (2) have been in business for five years and have successfully closed 5,000 loans (3) not have hidden or excessive fees.

Consumer Mortgage Advisory #21: The Good Faith Estimate.

Before you complete that mortgage application and pay the fee, get a "good faith estimate." This discloses your interest rate, term, all costs and fees, amount of cash you will need at closing, and the annual percentage rate. It must be very close to accurate at the time of your application. That's the law.

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30/fix/zero down*	*8.250	8.420	1/0	\$0	0%
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# June designated as pest control month; pests can cause more damage than a hurricane

Believe it or not, pests such as termites and carpenter ants can cause more damage than a hurricane, says David Harris-John, corporate director of operations for Smithereen Exterminating, Mundelein.

Harris-John emphasized that fact because the month of June has been designated as National Pest Control Month by the National Pest Management Association. "This month is being highlighted to bring to the public's attention the important role professional pest control companies such as ours play in preserving the health and property of their customers," he says.

Smithereen Exterminating, a 100+ year-old pest control company based in Evanston, also has offices in Midlothian, Chicago, Northlake and Kansas City. "Professional pest control industry researchers and manufacturers are continually developing environmentally responsible pesticides and equipment to meet the public's demands," he explains. "As a member of the Illinois Pest Control Association (IPCA), our company keeps up-to-date on the most current pest control methods that cause the least disruption to homes and businesses. We are on the cutting edge of the most advanced methods of pest management in the country," he says.

"Our company hires only licensed pest management technicians who have undergone extensive training in integrated pest management (IPM), pest identification and pest biology. Through this, as well as ongoing training, our professional pest management technicians can protect businesses, institutions, apartment buildings and homes from pests and the damage they cause."

Harris-John, a 30-year pest control industry veteran, offers these suggestions designed to keep pests out of your business or home:

\* Inspect and repair all window and door screens.

\* Seal cracks around windows and in siding that may allow for insect entry.

\* Keep shrubs and ornamental plats trimmed to prevent them from touching your building.

\* Eliminate water leaks and other sources of standing moisture that may attract such insects as cockroaches.

\* Vacuum carpeting and upholstered furniture on a regular basis to remove fleas or their eggs. Be sure to empty the vacuum bag after each vacuuming if the presence of fleas is suspected.

Clean up food spills as soon as possible.

\* On a regular basis, move refrigerators and stoves away from the wall and clean the floor and walls to remove any crumbs or food that pests need to survive..

\* Store dried foods (including dry pet food) in sealed plastic containers to prevent pantry pest infestations.

\* Don't store firewood against your structure. Firewood can attract carpenter ants and termites.

### Your contractor: money can't buy your love

Before you do anything on your home improvement project, don't forget to establish a good relationship with the right contractor.

Forget about the design. Forget about the budget. Poor communication will quickly sink the best-laid plans.

"The relationship between you and your contractor can make or break your home improvement project," says Richard Roll, president of American Homeowners Association (AHA).

Says N'ann Harp, president of Smart Consumer Services, "Some mornings you may feel like screaming as the truck pulls up and workers crawl out with tools that were invented to make as much noise as humanly possible. If you have trouble communicating before you start, there's going to be trouble during your project."

Here are some handy tips to keep in mind when hiring and working with your contractor. Hire Someone You Know (or at least some-

one you have thoroughly checked)

If you don't happen to know any contractors, talk to your friends and neighbors. Find out whom had work done, and if they would hire that person again without any hesitation. If they say yes in a heartbeat, the job not only looked good, but went well too.

Ask the contractor specific questions and follow your instinct. If you have doubts, keep looking.

Use Your 3-Day Right of Rescission

If you sign the contract then have immediate regrets, you have a legal right to cancel the contract within three days of signing it (provid-

ing it wasn't signed at the contractor's place of business).

#### Be Prepared to Show What You Want

Explain your project in graphic detail. The more information you give the contractor, the better. Clip pictures. Mark pages in books. Sketch possible floor plans. Make lists.

#### Listen and Be Flexible

Sometimes what we want and what we can afford are two different things. Your contractor is a trained professional (or at least should be). Be flexible enough in your vision to consider your contractor's point of view and ideas. It may save you money and get you a better result.

Be Prepared to Pay

Picking the lowest bid is not the way to pick the best remodeling contractor. Often, the lowest bids are underestimated, and that means cost overruns and a higher total in the long run. **Speak Up Immediately** 

If you notice a problem or something that is not what you wanted, speak up. Don't wait until the end to say, "You know, I really don't like the way the cabinets look."

#### Include Third Party Mediation in the Contract

Be sure to include a mediation clause in the contract in the event major disputes occur. This will give you some legal recourse in case talking it out doesn't get you anywhere.

For more information, go to the American Homeowners Association, www.ahahome.com or Smart Consumer Services, www.SConsumer.com







#### Free Anonymous and Confidential AIDS/HIV Testing Available

The Lake County Health Department and Community Health Center offers free anonymous and confidential AIDS/HIV testing at the following locations: Monday through Friday by appointment at Belvidere Medical Building at 2400 Belvidere Rd., Waukegan. Every Tuesday 6-8 p.m., First Congregational Church, 320 Grand Ave., Waukegan. For more information on AIDS/HIV testing, or to make an appointment at the Waukegan clinic, please call the Health Dept. at 360-6891 or 360-6520.

#### LAKE FOREST HOSPITAL

#### **Congregate Meals Program**

Join others for a nutritious, affordable meal on a daily basis in the hospital cafeteria. One meal each month includes a guest speaker or and educational program. No reservations necessary. Call 535-6187. Date: Daily. Time: 4:30 to 6 p.m.

#### Ear Cleaning Clinic For Seniors

Do you have decreased hearing, ear discomfort or a foreign body sensation in your ears? Nancy Wilens, GNP, will assess your ears and clean if necessary. Your insurance will be billed. SHC. Call 535-8400 for an appointment. Date: The third Tuesday of every month. Time: 1 to 4 p.m.

#### CONDELL HEALTH **NETWORK**

#### Free Weight Management Orientation

On Wednesday, July 5 at 7 p.m., Free Weight Management Orientation Program at Centre Club, 200 W. Golf Rd., Libertyville. Information is offered about these Medical Center Health Institute programs: NutriQuest, a liquid protein fasting program for individuals 20 percent or more over their ideal body weight; Lean For Life, an 8-week diet and exercise program; Biometrics, a computerized meal plan and personal training for exercise; and Healthy Achievers, an adolescent weight management program. Other programs are Transitions, weight management for pre-/post-menopausal women; Body Talk, a weight management support group; Nutritional Counseling, one-onone for individual needs and Weight Masters, a follow-up group for graduates of Lean for Life and Transitions. Reservations requested. 362-2905, ext. 5770.

#### PROVENA SAINT THERESE MEDICAL CENTER

#### **Breastfeeding Support Group**

On Wednesdays, July 5, 12, 19 and 26 from 9-10 a.m., a free Breastfeeding Support Group will meet at Provena Saint Therese Medical Center, 2615 Washington Street, Waukegan. No registration is required. For information, call 360-2281.

#### **Blood Pressure Screenings**

On Wednesday, July 5, from 11 a.m.-2 p.m., free Blood Pressure Screenings will be held at Provena Saint Therese Medical Center, 2615 Washington Street, Waukegan. No appointment is necessary. Call 360-2181 for more information.

#### **VICTORY MEMORIAL** HOSPITAL

#### Diabetes in the Year 2000

On Thursday, July 6 from 6:30-8 p.m., Diabetes in the Year 2000 will present a discussion of "Insulin and Oral Diabetic Medications". This free program will be held in the Ground Floor Conference Room at Victory Memorial Hospital, 1324 North Sheridan Rd., Waukegan. Call 360-4148 for a complete list of free educational seminars on diabetes:

# HEALTHWATCH

June 30, 2000

Lakeland Newspapers /B10

# Three simple ways to de-stress your daily routine

Stressed out? You're not alone.

According to the American Institute of Stress, Americans are more stressed than ever before. Forty three percent of adults suffer adverse health effects as a result, and 75 to 90 percent of adult visits to primary care physicians are precipitated by stress-related problems. Stress also causes approximately one million employees to be absent on any given workday, and ultimately is responsible for nearly 50 percent of employee burnout and 40 percent of worker turnover.

"Stress is an inescapable part of modern life," explains Todd Imholte, vice president of Hopkins, MN-based Environmental Graphics, the United States' largest producer of wall murals. "Whether we like it or not, we're constantly juggling a myriad of professional and personal responsibilities, often with too little time to do any of them justice. Add in technology, which now allows us to be "on call" during our leisure time via cell phones, pagers and e-mail, and it's no wonder our stress levels are higher than ever before."

That's the bad news. The good news is that there are a variety of stress management techniques that can be easily incorporated into the busiest daily routine. Imholte offers a few suggestions:

#### TOP THREE STRESS-BUSTERS

1. Go for a walk — on the beach, in the mountains or around your neighborhood. Just 20 minutes a day can work wonders, both physically and mentally.

2. Bring the outdoors indoors. Decorate your home with nature-inspired decor to help you relax and soothe the soul.

Take up an enjoyable hobby. Whether it's painting, playing an instrument, knitting or fly-fishing, choose something that will force you to calm down and enjoy the mo-

Imholte emphasizes the importance of creating a peaceful, nurturing home environment. "At the end of a busy day, most of us want to 'cocoon' and escape from the hectic outside world. Adding a wall mural like "Oriental Garden," "Cinnamon Bay," Clouds" or "Hawaiian Sunset," helps 'bring the outdoors in with soft colors and calming images."

"Serenity," Environmental Graphics' newest nature-inspired offering, depicts a tranquil garden of rich roses, lavender wildflowers and moss-green shrubbery. A welcoming floral-covered arch and park bench complete the garden oasis motif. When added to a room, it helps establish a balance of color and texture, while emanating a feeling of harmony throughout.

# He who hesitates...is lost

Hi Dr. Singer,

My son has trouble learning and I've noticed that part of the reason, at least, seems to be related to his need to change subjects frequently. He also seems to hesitate a lot and becomes interrupted. It doesn't seem to matter if he's in a situation that is distracting or not. It happens anyway. This doesn't bode well at school. A lot of the people I've spoken with at school seem to want to group this into the whole attention thing that seems to be so popular today. I don't see it that way because he is perfectly able to do other non school-related things in a smooth flowing way. When it comes to school subjects, however, there is this interruption quality to his work. I know I've read another column in the past about learning that you wrote, but I wonder if you could speak to this issue a little. Thank you. S.L.

Dear S.L.,

I have coined a term that I call, "thought interruption." It involves cognitive processing and hesitation in responding to material. I've



### **PARENT'S PLACE**

Dr. Sherri Singer

noticed that since I've been doing my cognitive processing program that all the kids I'm dealing with have exactly what you are describing. This is the difficulty with smooth, immediate, thought flow or maintaining the same subject or thought for an extended period of time.

It is also a problem with immediate hesitation that blocks the correct synthesis of whatever the child is trying to do. My thought is that if attention is good in other areas besides school, it's a clue that there may be a processing problem occurring. Processing is about interpreting, organizing, manipulating and remembering sensory information (visual, auditory and tactile.) I've had a lot of kids come to

Please see SINGER / B11

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#### much of a good thing Dear Dr. Donohue: My annual blood tests showed a **TO YOUR**

Too much potassium is too

like to know what you think causes this. I cut back on potassium-rich foods. Is there anything else to do? My doctor is testing my aldosterone-P.R.

ANSWER: Potassium is a busy mineral. It keeps the heartbeat in tempo. It's essential for conduction. of nerve signals and for muscle contraction. It keeps body chemistry in balance. Normal blood potassium levels are 3.5 to 5.0 mEq/L. Some laboratories establish 5.5 at the normal upper limit.

Symptoms of too-high potassium levels usually don't appear until blood levels reach 6.5. At that level, a person is nauseated. Abdominal cramps and diarrhea can occur. The electrocardiogram shows strange changes and at very high levels the hear stops beating.

Your potassium reading of 5.6 is not all that high. A single, slight potassium elevation can be a fluke. If blood cells are jostled in the test tube on their way to the lab, potassium leaks out of the cells and gives a falsely high reading. The first step in checking potassium elevation is to order another test to exclude a spurious potassium rise.

If potassium levels are consistently high, the doctor has to check the health of the kidneys. They regulate potassium blood levels by excreting it into urine when blood levels are high and by hanging on to it when blood levels are low.

The adrenal glands make aldosterone, a hormone that regulates blood potassium. Too much aldosterone causes kid-



HEALTH

Paul G. Donohue, M.D.

neys to retain sodium and excrete potassium. Too little, on the other hand, causes potassium retention and a rise in potassium blood levels.

Your potassium reading is not going to cause dire consequences. Your doctor has plenty of time to find a cause or to chalk up the single potassium elevation to a false alarm.

Dear Dr. Donohue: My husband and I do not want any more children. We have seven, which is more than I can handle. About a month ago, I was careless in taking my birth control pills. When I realized what I had done, I called my doctor in a panic. The doctor ordered the PRE-VEN Kit for me. How does it work?-R.S.

ANSWER: The PREVEN **Emergency Contraception Kit** contains four female hormone pills. To prevent pregnancy, a woman takes two pills as soon as she can can after having unprotected intercourse. The maximum allowable delay in taking the pills is 72 hours. Twelve hours after taking the first dose of pills, a woman takes two more pills.

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#### FROM PAGE B10

### SINGER

my program after having been diagnosed with ADD and having allegedly not had medication work for them.

Once we start working with helping the processing skills and the "thought interruption or hesitation" problem, they seem to be able to respond more quickly and handle longer and longer time periods of the work. Additionally, if there is an auditory or visual processing problem, of course their thoughts would be interrupted because anything else would feel better to do than focus on something you can't interpret, maintain or do well.

I view working with "thought interruption and hesitation" as one of the most important parts of my program. It helps kids to become more automatic in their responses. It also helps kids to stay on target regardless of what distractions there are around them. It helps

them to know they need to finish one thing before moving onto the next. It helps them to learn about perfecting skills.

If your son is not exhibiting these symptoms all throughout his life and environment, than you may want to explore this program and option more thoroughly. If it is happening throughout his life and across situations, other types of treatment may be more appropriate. I'd be glad to talk with you more about this.

Dr. Sherri Singer is a Licensed Clinical Psychologist and Childhood Behavior Specialist. She regularly works in person with many readers of this column. She is the author of, "Why Kids Misbehave" and "Raising Kids Who Don't Become Your Worst Nightmare." For an appointment or to purchase either of Dr. Singer's books, please call (847) 577-8832 or (708) 962-2549.

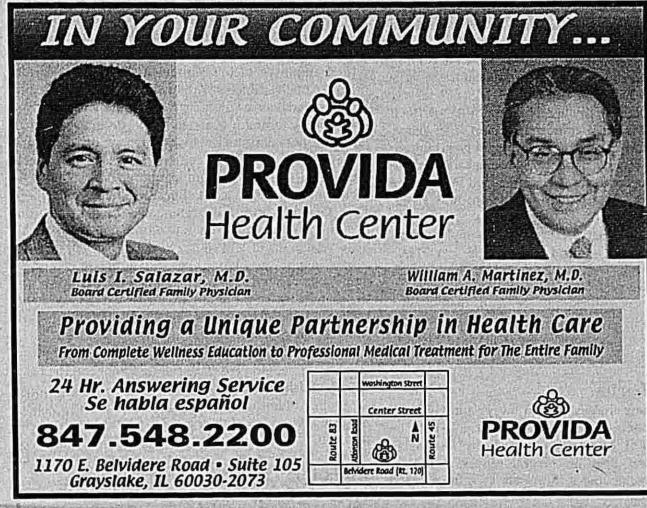
# YOUNG AT HEART

### When was the last time your doctor had a check up?

So how can you be sure that your physician knows how to be a good doctor? How do you know that your doctor is well-qualified and will be responsive to your needs? For people who have had a long-time relationship with their family physician, this is usually a non-issue. They generally trust their doctor because they know their doctor. For others, developing a long-term relationship with a physician is difficult since many Americans frequently move to new cities and new jobs. How can they choose and have confidence in a new family doctor? How can they give their doctor a check up?

There are some objective criteria that can give insight into a doctor's practice of medicine. Is the doctor on time for appointments? Are the office and staff clean and neat? Is the staff courteous? Does the doctor return phone calls? Does the doctor keep complete medical records in an up-to-date and legible manner? Does the doctor respond to complaints promptly? Does the doctor provide preventivecare services and counseling?

Recredentialing is what some health plans do on a regular basis. The process is used to determine if physicians who are in a health plan's provider network are continuing to meet the plan's standards. The doctors must meet objective criteria which are designed to measure the quality of day-to-day health care services delivered by the physician and the physician's staff. What can a patient do? Look at the list of providers in your health plan network. Most major plans have tough, objective and fair criteria as part of their recredentialing process. Recredentialing is an integral part of health plans that put the patient first.









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Edward D. Hughes, age 72 of Libertyville
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#### YONKER

Florence M. Yonker, age 77 of Libertyville Arr: Burnett-Dane Funeral Home, Libertyville

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Donald R. Brunstrum, age 49 of Libertyville Arr: Burnett-Dane Funeral Home, Libertyville

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111 W. Belvidere Grayslake, IL (847) 543-1080 Matthew J. Symond, Director Additional Locations in Chicago & Highwood

#### **Margaret Bolenbaucher**

Age 97, a resident of Hillcrest Retirement Center in Round Lake Beach for the past 13 years, and a former resident of Riverdale, died Monday, June 26, 2000 in Round Lake Beach. She was born in February, 1903 in Chicago, to Charles and Jessie (nee Forbes) Combs and had been formerly employed with the Wanzer Dairy Company in Chicago.

Survivors include; grandchildren, great grandchildren and great, great grandchildren, and her former daughter-in-law, Betty Beach of Prescott, Ariz. She is preceded in death by her husband, Joseph Bolenbaucher; her son, Charles Beach and by her daughter, Virginia Severs and by her two sisters, Janet and Caroline.

Private arrangements were made with the K. K. Hamsher Funeral Home, Fox Lake (the Chapel on the Lake)

#### Ora Lee Heinrichs

Age 77, died Friday, June 23, 2000 at Condell Medical Center in Libertyville. She was born June 19, 1923 in Chicago to Charles and Eunice (Smith) Howard. A long-time resident of the Round Lake area, she enjoyed volunteering at Calvary Presbyterian Church.

Survivors include her daughter, Cheri (Mike) Driscoll of Kansasville, Wis.; her grandson, Robert 'P.J.'; niece, Sandy Levandowski of Cheyenne, Wyo. and her children, Lance, Todd and Tammy; nephews, Norm Levandowski of Wyoming and Conrad Lips. She is preceded in death by her parents; a daughter, Catherine Lynn; and sister, Patricia (John) Lips.

The Memorial Service was held at Calvary Presbyterian Church, Round Lake with Rev. Lisle Kauffman officiating.

Inurnment was private.

Arrangements were completed by Justen's Round Lake Funeral Home, Round Lake.

In lieu of flowers, memorials may be made to the family.

#### Howard P. Charles

Age 76 of Madison, Wis. passed away Saturday, June 17, 2000 at his home. He was born Feb. 27, 1924 in Chicago, the son of the late Paul and Helen (Jaskowski) Cipowski. He had lived in several places including Richmond, before moving to Madison, Wis. three years ago.

Survivors include two sons Steven P. and Timothy B. Charles both of Fox Lake and one daughter, Donna (Tyler) Osman of Burlington, Wis. He was the grandfather of Trevor and Torrey Osman. One brother, Gilbert preceded him in death.

Funeral Services were held at the Spring Grove Funeral Chapel, Spring Grove.

Interment was private.

#### Brian P. Hegberg

Age 22, formerly of Kenosha, Wis. late of Portland, Ore. died on Monday, June 12, 2000 in California. Born Dec. 2, 1977 in Lake Forest, he was the son of Robert and Patricia (Hastie) Hegberg. He was born and raised in Illinois, moved to Kenosha, Wis for a short time before moving to Oregon and later to California. He was educated in the schools of Grayslake.

He is survived by his mother, Patricia of Kenosha, Wis.; his father, Robert of Chicago; two brothers, Rick of Round Lake Beach; James of Austin, Tex.; one sister, Karyn Gleeson of Pleasant Prairie, Wis.; two nieces, Rachel and Alice Gleeson and three nephews, Patrick Timothy and Robert Gleeson.

A Memorial Service was held at Proko Funeral Home, Kenosha, Wis.

In lieu of flowers, memorials would be appreciated.

Arrangements were handled by the Proko Funeral
Home, Kenosha, Wis.

#### William H . Precht

Age 66 of Savanna, passed away Thursday, June 22, 2000 at Freeport Memorial Hospital, Freeport. He was born Nov. 30, 1933 in Chicago, the son of the late Herman and Agnes (Kowalski) Precht. He lived in Buffalo Grove and Lake Villa before moving to Savanna in 1996. Bill served in the U.S. Army during the Korean Conflict and was a life member of the AMVETS of Buffalo Grove and the American Legion of Thomson. Before his retirement he worked as a Auto Body Repairman for the J. Glickauf Co. in Highland Park. On Sept. 22, 1956 he married Joanne Drygas in Chicago.

Survivors include his wife, Joanne; three sons, Gary, Russell and Roger (Denise) all of Lake Villa; two daughters, Shari (Peter) Gordon of Gurnee and Janeen (Dale) Ausloos of Lake Villa; four grandchildren, Ryan, Jacob, Ashley and Jennifer; one sister, Charlotte Simmons of Parrish, Fla.; two nephews, Robert (Patsy) Ernst and Charles (Debra) Ernst; a brother-in-law, Chuck Drygas; two nieces, Lori Drygas and Julie (Bill) Freeman. In addition to his parents he is preceded in death by one sister, Winifred.

Memorial Funeral Services were held at the Strang Funeral Home of Antioch.

There was no visitation and interment was private.
Friends desiring may make contributions to the
Wellhouse Center, 6562 Lake Rd., Windsor, Wis., 53598 in
his memory.

#### Elin Evelyn Mathews (nee Samuelson)

Age 86, an Ingleside resident for most of her life, having lived in her parents family home for over 50 years; formerly of Chicago and of late, Denver, Colo. died on Tuesday, June 20, 2000 at Rose Medical Hospital in Denver, Colo. She was born on May 17, 1914 in Chicago. Elin is a retired employee of the Mundelein Post Office; former member of the Chicago Art Institute, American Legion Post and had been a volunteer for the Democratic Party in Lake County for many years. Her love was music; particularly the opera and she was an avid reader and traveler.

She is survived by one daughter, Gail (Jeffrey) Ploen of Englewood, Colo.; by her grandchildren, Patrick Burke of Clearwater, Fla. and Victoria Burke of Chapel Hill, NC; by Zach, Gretchen and Hollis Ploen, all of Englewood, Colo; by her great grandchildren, Cassandra and Alyssa Burke; by her daughter-in-law, Nancy Burke of Florida; by many nieces, nephews, great nieces, great nephews and by many dear friends and neighbors of Long Lake and Ingleside. She is preceded in death by her husband, William Mathews in 1966 and by a son, Robert Burke and by her sister, Martha Dooley.

A Memorial Service was held at the K. K. Hamsher Funeral Home, Ltd., Fox Lake (in the Chapel on the Lake) with Rev. Lisle J. Kauffman officiating.

In lieu of flowers, memorials in her memory may be made to the Fox Lake Library, 255 E. Grand Ave., Fox Lake, IL 60020

#### William E. Lasco

Age 93 of Antioch, passed away Tuesday, June 20, 2000 at the Hillcrest Nursing Home, Round Lake. He was born, July 14, 1906 on a farm in Antioch, the son of the late William and Hulda (Krahn) Lasco. Bill was a lifelong resident and farmer in Antioch and a member of the Pure Milk Association.

Survivors include several nieces and nephews including Karen (the late Robert) Lasco of Kenosha, Wis. and Danny Lasco of Trevor, Wis.; his great nieces and nephews including, Ronald Lasco of Kenosha, Wis., Lisa Lasco of Racine, Wis. and Kris (Steve) Hammond of Farmington, Minn. He is preceded in death by three brothers, Lester, Luliver and Beebe Lasco and one sister, Lucia Krohn.

Funeral Services were held at the Strang Funeral Home of Antioch

Interment was in Liberty Cemetery, Salem, Wis.

#### Bette E. 'Nit' Evert

Age 59, a lifelong resident of Round Lake Beach, died Monday, June 26, 2000 at Provena St. Therese Hospital in Waukegan. She enjoyed crocheting and was an avid bowler. She was devoted to her children and grandchildren.

She was the mother of Marge Metzel of Gurnee and Julie (Jeff) Jones of Trevor, Wis.; grandmother of Keith, Anna, Zachery; daughter of Ellen and the late Leroy Schad of Round Lake Beach; daughter-in-law of Marie Evert of Oakhurst, Calif.; sister of Barb Welch, Alice (Greg) Troken, Roger Schad, Toni Schad and the late Patty Schad and Carol Willmore and aunt of many nieces and nephews. She is also survived by many friends and other relatives.

Visitation will be from 4 p.m. until the time of the services on Thursday, June 29 at the Strang Funeral Chapel and Crematorium, 410 E. Belvidere Rd., Grayslake with the Rev. Lisle J. Kauffman officiating.

Funeral Services will be held at 8 p.m. Thursday, June 29 at the Strang Funeral Chapel and Crematorium Ltd., Grayslake

Interment will be private.

Memorials may be made to the Relay for Life., 202 S. Greenleaf, Suite E, Gurnee, IL 60031.

	CONNOR - McVAY Cremation & Funeral Care	548-2218
Name:		Direct Cremation
Street: City:		\$750.00
	For Additional information send to, P.O. box 12	8, Lake Villa, II

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PUBLIC NOTICE

Fox Lake Mini Storage will sell goods for non payment from: Unit 28 belonging to Candi Keating consisting of household goods.

The sale will take place at Fox Lake Mini Storage, 31 South Arlington Lane, Fox Lake, Illinois 60020 on 7-8-2000 at 10:00 a.m.

0600C-3421-FL June 23, 2000 June 30, 2000

#### PUBLIC NOTICE

Lake County Community Action Project Head Start is currently accepting bids for services needed. Food Catering: Preparation of food and distribution to sites, M-F Transportation: Transportation of children to and from school, M-F. Cleaning: General evening cleaning of Waukegan sites, M-F. Please submit bids to Lake County Community /Action Project Head Start, Attention Mary White, 106 S. Sheridan Road, Waukegan, IL 60085.

If you have any questions please call

(847) 249-4330.

Closing date July 14, 2000. 0600D-3434-GEN June 30, 2000

#### PUBLIC NOTICE

In accordance with the Illinois Prevailing Wage Act, the Wildwood Park District has made a determination of the prevailing rates of wages to be paid laborers, mechanics and other workers employed in public works projects for the Park District. The Park District has determined that the prevailing rates of wages are the wage rates for Lake County as determined by the Illinois Dept. of Labor.

A copy of the determination is available for public inspection in the Park District's business office located at 33325 N Sears Blvd., Wildwood, IL 60030. Copies are available upon request by calling the District at (847) 223-7275.

JoAnn Ellison, Secretary **Board of Park Commissioners** Wildwood Park District June 21, 2000 0600D-3433-GP/GL June 30, 2000

Antioch Community High School District 117 has adopted a Prevailing Wage Schedule as determined by the Illinois Department of Labor, This schedule can be reviewed by the public at the District Administrative Offices, Heritage Building, 800 Main Street, Antioch, IL 60002.

0600D-3442-AN/LV June 30, 2000

#### PUBLIC NOTICE

Notice is hereby given by the Board of Education of School District No. 24, in the County of Lake, State of Illinois, that a Public Hearing will be held on the issue of an Amended Budget FY2000.

Notice is further hereby given that a public hearing on this issue will be held at 6:45 P.M. on the 17th day of July, 2000 at Millburn School. Dated this 12th day of June, 2000. Board of Education of Millburn C.C. School District No. 24 18550 Millburn Road Wadsworth, IL 60083

> Submitted by: James Menzer, Ed.D. Superintendent 0600D-3429-WD June 30, 2000

#### PUBLIC NOTICE GURNEE PARK DISTRICT

In accordance with the Illinois Prevailing Wage Act, the Gurnee Park District has made a determination of the prevailing rates of wages to be paid laborers, mechanics and other workers employed in public works projects for the Gurnee Park District. The Gurnee Park District has determined that the prevailing rates of wages are the wage rates for Lake County as determined by the Illinois Department of Labor. A copy of this determination is available for public inspection at the Park District Office, located at 4374 Grand Ave., Gurnee, Illinois. Copies are available upon request by calling the Park District at (847) 623-7788.

/s/ Donna Kolar Secretary, Board of Park Commissioners Gurnee Park District 0600D-3431-GP June 30, 2000

#### PUBLIC NOTICE STATE OF ILLINOIS IN THE CIRCUIT COURT OF THE NINETEENTH JUDICIAL CIRCUIT, LAKE COUNTY, ILLINOIS Probate Division

In the Matter of the Estate of Wacław Bandurski Deceased

No. 00 P 482

#### CLAIM NOTICE

Notice is given of the death of Waclaw Bandurski, of Lake Zurich, Illinois. Letters of Office were issued on June 5, 2000, to Lidia Moats, 2110 East Old Elm, Lindenhurst, Illinois 60046, whose attorney is Ronald Runkle of 236 Center Street, Grayslake, Illinois 60030.

Claims against the estate may be filed in the office of the Clerk of the Circuit Court at 18 N. County, Waukegan, Illinois 60085, or with the representative, or both, on or before December 26, 2000, which date is not less than 6 months from the date of the first publication of this notice. Any claim not filed within that period is barred. Copies of this claim filed with the Clerk must be mailed or delivered to the representative and to the attorney within ten (10) days after it is filed.

> /s/ Ronald Runkle (Attorney) 0600B-3396-WL June 16, 2000 June 23, 2000 June 30, 2000

#### PUBLIC NOTICE

Please take notice that the Wildwood Park District shall hold a public hearing on July 18, 2000 at 7:00 p.m. at the offices of the Park District at 33325 Sears Boulevard, Wildwood, Illinois, to discuss the exchange of property with a non-governmental entity pursuant to 70 ILCS 1205/10-7. The Park District proposes to exchange a portion of property along the easterly property line of Rule Park with Edwin and Nancy Tallberg, whose property is adjacent to Rule Park. The Property to be conveyed by the Park District is legally described as follows:

That part of the southwest quarter of section 30, Township 45 North, Range 11. East of the Third Principal Meridian, bounded by a line described as follows: to-wit: Commencing at the most Westerly corner of Lot 1 in Block C in Wildwood on Gages Lake (First Unit) a Subdivision in Sections 30 and 31, Township and Range aforesaid, according to the plat thereof recorded July 6, 1949 as Document 674003; thence South 77 degrees 15 minutes West (record=South 77 degrees 14 minutes West), 13.36 feet on the right-of-way of Rule Court,; thence North 30 degrees 21 minutes East 151.85 feet, to a point on the meander line of said Lot 1, extended North 60 degrees 55 minutes West, 10.0; thence South 27 degrees 44 minutes West, parallel with the Northwesterly line of said Lot 1, a distance of 142.17 feet, to a point on the Northeasterly line of said Rule Court extended; thence South 47 degrees 35 minutes East, 3.34 feet to the point of beginning of this description, in Lake

The property to be received by the Park District is legally described as follows:

That part of the Southwest quarter of section 30, Township 45 North, Range 11, East of the Third Principal Meridian, bounded by a line described as follows: to-wit: Commencing at the most Westerly corner of Lot 1 in Block C in Wildwood on Gage's Lake (First Unit) a Subdivision in Sections 30 and 31, Township and Range aforesaid, according to the plat thereof recorded July 6, 1949 as Document 674003; thence South 77 degrees 15 minutes West (record=south 77 degrees 14 minutes West), 13.36 feet on the right-of-way of Rule Court; thence North 30 degrees 21 minutes East 151.85 feet, to a point on the meander line of said Lot 1, extended North 60 degrees 55 minutes West, 10.0 ft, and this shall be the place of beginning of this description: thence North 32 degrees five minutes East, 53 feet, more or less to the waters edge of Gage's Lake; thence Westerly along the water's edge to a line which is 10 ft. Northwesterly of and parallel with the Northwesterly line of said Lot 1; thence South 27 degrees 44 minutes West, 53 feet, more or less, to the point of beginning of this description, in Lake County, IL.

Isl JoAnn Ellison Secretary

Wildwood Park District 33325 North Sears Boulevard Wildwood, Illinois 60030 (847) 223-7275 (847) 223-2820

#### 0600D-3443-GL June 30, 2000 July 7, 2000 July 14, 2000

#### **ASSUMED BUSINESS** NAME APPLICATION

LEGAL NOTICES

NAME OF BUSINESS: P & J Trucking NATURE/PURPOSE: Delivery of Dirt, Sand, Gravel, Stone

ADDRESS(ES) WHERE BUSINESS IS TO BE CONDUCTED OR TRANS-ACTED IN THIS COUNTY: 3473 Dorchester, Gurnee, IL 60031, (847) 707-4057.

NAME(S) AND POST OFFICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, CONDUCT-ING OR TRANSACTING BUSINESS: James Gibbons, 3473 Dorchester, Gurnee, IL 60031, (847) 707-4057. STATE OF ILLINOIS)

COUNTY OF LAKE ) This is to certify that the undersigned intend(s) to conduct the above named business from the location(s) indicated and that the true or real full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown. /s/ James T. Gibbons May 20, 2000

The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 20th day of May, 2000.

> OFFICIAL SEAL /s/ Diane E. Thelen Notary Public Received: June 12, 2000 Willard R. Helander Lake County Clerk 0600C-3407-GP June 23, 2000 June 30, 2000 July 7, 2000

#### PUBLIC NOTICE **ASSUMED BUSINESS** NAME APPLICATION

NAME OF BUSINESS: GOLFPROFINDER.COM NATURE/PURPOSE: Internet Golf Service

ADDRESS(ES) WHERE BUSINESS IS TO BE CONDUCTED OR TRANS-ACTED IN THIS COUNTY: 1184 Mockingbird Ct., Grayslake, IL 60030,

(847) 548-1270. NAME(S) AND POST OFFICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, CONDUCT-ING OR TRANSACTING BUSINESS: Steven Frusolone, 1184 Mockingbird Ct., Grayslake, IL 60030, (847) 548-

0732. Giacomo Listi, 211 Tulip Circle, Island Lake, IL 60042, (815) 344-4595. STATE OF ILLINOIS) COUNTY OF LAKE )

This is to certify that the undersigned intend(s) to conduct the above named business from the location(s) indicated and that the true or real fullname(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.

/s/ Steve Frusolone June 19, 2000 /s/ Giacomo Listi June 14, 2000

The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 14th day of June, 2000.

> OFFICIAL SEAL /s/ Ivette M. Diaz Notary Public Received: June 19, 2000 Willard R. Helander Lake County Clerk 0600D-3445-GL June 30, 2000 July 7, 2000 July 14, 2000

#### PUBLIC NOTICE ASSUMED BUSINESS NAME APPLICATION

NAME OF BUSINESS: Findley Consulting NATURE/PURPOSE: Office Support and Project Assistance

ADDRESS(ES) WHERE BUSINESS IS TO BE CONDUCTED OR TRANS-ACTED IN THIS COUNTY: 35849 N. Helendale Rd., Ingleside, IL 60041,

(847) 587-2625. NAME(S) AND POST OFFICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, CONDUCT-ING OR TRANSACTING BUSINESS: Sue Findley, 35849 N. Helendale Rd., Ingleside, IL 60041, (847) 587-2625.

#### STATE OF ILLINOIS) COUNTY OF LAKE )

This is to certify that the undersigned intend(s) to conduct the above named business from the location(s) indicated and that the true or real full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown. /s/ Sue Findley

son(s) intending to conduct the busi-

ness this 13th day of June, 2000.

June 13, 2000 The foregoing instrument was acknowledged before me by the per-

> OFFICIAL SEAL /s/ Lise Myllymaki Notary Public Received: June 14, 2000 Willard R. Helander Lake County Clerk 0600C-3414-FL June 23, 2000 June 30, 2000 July 7, 2000

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#### PUBLIC NOTICE

The following parcels of property, acquired through the Tax Sale Certificate Program, are being offered for sale by the County of Lake.
Written bids should be submitted to the County of Lake, Tax Extension Dept.,

Room 101, 18 N. County St., Waukegan, IL 60085.

Bids received will be retained for 30 days after the initial bid. After completion of the 30-day period, the County has the right to accept the highest bid or to reject it if the amount is insufficient or if the sale would not be in the best interest of Lake County

#### Willard Rooks Helander Lake County Clerk

WAUCONDA LEA	DER ZEITER STEINE BERTHER HEINE BEITE
INCORPORATED ISLAND LAKE	60042
0 Eastway Dr.	09-21-304-007
3827 Elder Drive	09-21-310-017
INCORPORATED WAUCONDA	60084
UNCORPORATED WAUCONDA	60084
26872 N. Huston	09-33-101-010
26880 N. Lake Av. West	09-33-101-017
28531 W. Maple Av.	09-33-101-039
26927 N. Kane Dr.	09-33-103-006
26926 N. Elm St.	09-33-103-015
28517 W. Maple Av.	09-33-112-002
28474 W. Main St.	09-33-203-013
28462 W. Main St.	09-33-203-014
26941 N. Bernice street	09-33-205-001
26913 N. Morey St.	09-33-207-010
26905 N. Morey St.	09-33-207-011
26834 N. Bernice St.	09-33-210-013
26828 N. Bernice st.	09-33-210-014
26814 N. Bernice St.	09-33-210-015
26827 N. Bernice St.	09-33-211-006
26852 N. Morey St.	09-33-212-013
26652 N. Brooks St.	09-33-220-011
UNCORPORATED MCHENRY	60050
28960 W. Valleyview Dr.	09-04-101-024
31897 N. Hillside	09-04-103-001
	0600D-3436-GEN
	, June 30, 2000

#### PUBLIC NOTICE

The following parcels of property, acquired through the Tax Sale Certificate Program, are being offered for sale by the County of Lake.

Written bids should be submitted to the County of Lake, Tax Extension Dept., Room 101, 18 N. County St., Waukegan, IL 60085.

Bids received will be retained for 30 days after the initial bid. After completion of the 30-day period, the County has the right to accept the highest bid or to reject it if the amount is insufficient or if the sale would not be in the best interest of Lake County

Willard Rooks Helander Lake County Clerk

05-14-215-044

01-33-318-015

01-33-318-016

01-33-318-017

01-33-318-018

01-33-328-010

01-33-328-011

01-34-120-013

01-34-310-012

01-34-314-012

05-04-101-001

05-04-101-002

05-04-101-003

05-04-101-004

05-04-101-005

05-04-101-006

05-04-102-001

05-04-102-002

01-04-102-003

05-04-102-007

05-04-102-008

	Lake County Clerk
FOX LAKE PRES	S
INCORPORATED FOX LAKE	60020
180 Howard Court	05-03-102-026
0 Eagle Point Rd.	05-09-400-137
0 S. Holly Ave.	05-10-100-203
38 Ridgeland Ave.	05-10-307-012
79 Maple Ave.	05-10-410-015
213 Mastodon Dr.	05-11-304-008
Whitten St.	05-14-112-013
639 S. Hwy 59	05-15-202-061
27521 W. Chris Larkin Rd.	05-15-400-027
UNCORPORATED FOX LAKE	60020
35549 N. Marine Dr.	05-15-104-103
UNCORPORATED INGLESIDE	60041
26450 W. Hudson Ave.	05-14-201-024
26319 W. Blackhawk Ave.	05-14-213-014
26307 W. Blackhawk Ave.	05-14-213-015
26301 W. Blackhawk Ave.	05-14-213-016
26295 W. Blackhawk Ave.	05-14-213-017
26279 W. Blackhawk Ave.	05-14-213-019
26277 W. Blackhawk Ave.	05-14-213-020
35576 N. Helendale Rd.	05-14-215-014
35522 N. Helendale Rd.	05-14-215-041
33322 IV. Helelioale Hu.	05-14-215-041

35512 N. Helendale Rd. 05-14-215-046 35212 N. Shoreline Dr. 05-14-300-038 05-14-312-001 35348 N. Ingleside Dr. 35330 N. Ingleside Dr. 05-14-212-002 35266 N. Ingleside Dr. 05-14-312-010 35184 N. Ingleside Dr. 05-14-323-002 27016 W. Longwood Dr. 05-15-402-022 05-15-402-023 27008 W. Longwood Dr. 05-21-201-007 34952 N. Leonard Dr. 34940 N. Leonard Dr. 05-21-201-008 34955 N. Gogol Ave. 05-21-201-033

UNCORPORATED SPRING GROVE 60081 01-27-308-005 27763 W. Ravine Dr. 38273 N. State Park Rd. 01-33-308-007 38269 N. State Park Rd. 01-33-308-008 01-33-318-001 38183 N. Nippersink St. 38175 N. Nippersink St. 38169 N. Nippersink St. 01-33-318-002 01-33-318-003

38163 N. Nippersink St. 01-33-318-004 38153 N. Nippersink St. 01-33-318-005 38141 N. Nippersink St. 38135 N. Nippersink St. 01-33-318-006 01-33-318-007 01-33-318-008 38129 N. Nippersink St.

01-33-318-009 38123 N. Nippersink St. 01-33-318-010 38119 N. Nippersink St. 38184 N. Burton Ave. 01-33-318-011 38176 N. Burton Ave. 01-33-318-012 01-33-318-013 38170 N. Burton Ave. 01-33-318-014

38164 N. Burton Ave. 38156 N. Burton Ave. 38144 N. Burton Ave. 38134 N. Burton Ave. 38128 N. Burton Ave.

01-33-318-019 38122 N. Burton Ave. 38116 N. Burton Ave. 01-33-318-020 01-33-323-002 38111 N. Channel Dr. 38029 N. Nippersink St. 01-33-324-009 01-33-324-014 38066 N. Burton Avenue 01-33-324-015 38058 N. Burton Avenue

28624 W. Kendall Ave. 28616 W. Kendall Ave. 27528 W. Greenwood Ave. 38343 N. Dawn Circle East 38366 N. 5th Ave.

37990 N. Nippersink Pl. 37986 N. Nippersink Pl. 37980 N. Nippersink Pl. 37976 N. Nippersink Pl. 37972 N. Nippersink Pl.

35516 N. Helendale Rd.

37968 N. Nippersink Pl. 37981 N. Nippersink Pl. 37977 N. Nippersink Pl. 37971 N. Nippersink Pl.

28911 W. Kendall Ave. 28895 W. Kendall Ave. 28977 W. Westlane Ave. 37854 N. Harold Ave. 37834 N. Harold Pl.

05-04-110-012 05-04-111-017 05-04-111-019 28670 W. Margie Place 05-04-116-002

ASSESSMENT OF THE PARTY OF THE PARTY.

0600D-3437-GEN June 30, 2000

#### PUBLIC NOTICE ASSUMED BUSINESS NAME APPLICATION

NAME OF BUSINESS: The Seawall

NATURE/PURPOSE: We build Seawalls & Docks. Marine Const. ADDRESS(ES) WHERE BUSINESS IS TO BE CONDUCTED OR TRANS-ACTED IN THIS COUNTY: PO Box #2, Wauconda, IL 60084, (847) 331-

NAME(S) AND POST OFFICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, CONDUCT-ING OR TRANSACTING BUSINESS: Ron Kruger, PO Box #2, Wauconda, IL 60084, 331-1608.

STATE OF ILLINOIS) COUNTY OF LAKE

This is to certify that the undersigned intend(s) to conduct the above named business from the location(s) indicated and that the true or real full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown. /s/ Ron Kruger

The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 13th day of June, 2000.

OFFICIAL SEAL /s/ Barbara Erskin **Notary Public** Received: June 13, 2000 Willard R. Helander Lake County Clerk 0600C-3408-WL June 23, 2000 June 30, 2000 July 7, 2000

#### PUBLIC NOTICE **ASSUMED BUSINESS** NAME APPLICATION

NAME OF BUSINESS: Hills Custom Roofing NATURE/PURPOSE: Roofing &

Siding Contracting ADDRESS(ES) WHERE BUSINESS IS TO BE CONDUCTED OR TRANS-ACTED IN THIS COUNTY: 25685 N. Hillview Ct., Mundelein, IL 60060,

(847) 438-9410. NAME(S) AND POST OFFICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, CONDUCT-ING OR TRANSACTING BUSINESS: Bruce Farmer, 44 South Shore Ln., Lake Zurich, IL 60047, (847) 438-9410.

STATE OF ILLINOIS) COUNTY OF LAKE

This is to certify that the undersigned intend(s) to conduct the above named business from the location(s) indicated and that the true or real full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown. /s/ Bruce Farmer June 5, 2000

The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 5th day of June, 2000.

OFFICIAL SEAL /s/ Ivette M. Diaz **Notary Public** Received: June 5, 2000 Willard R. Helander Lake County Clerk 0600B-3394-MN June 16, 2000 June 23, 2000 June 30, 2000

#### **PUBLIC NOTICE** ASSUMED BUSINESS NAME APPLICATION

NAME OF BUSINESS: Gold Leaf Publishing & Productions NATURE/PURPOSE: Publishing Books, Newsletters, Provide Documentary Writing and Seminars ADDRESS(ES) WHERE BUSINESS IS TO BE CONDUCTED OR TRANS-ACTED IN THIS COUNTY: 21290 So. Sylvan Dr., Mundelein, IL 60060, (847)

566-2462. (physical) PO Box 938, Mundelein, IL 60060. (mailing)

NAME(S) AND POST OFFICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, CONDUCT-ING OR TRANSACTING BUSINESS: Deborah Van De Putte, 21290 So. Sylvan Dr., Mundelein, IL, (847) 566-2462. Francis Van De Putte, 21290 So. Sylvan Dr., Mundelein, IL, (847) 566-2462.

STATE OF ILLINOIS) COUNTY OF LAKE

This is to certify that the undersigned intend(s) to conduct the above named business from the location(s) indicated and that the true or real fullname(s) of the person(s) owning, conducting or transacting the business is/are correct as shown. /s/ Deborah Van De Putte

May 23, 2000 /s/ Francis Van De Putte May 23, 2000

The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 2nd day of June, 2000.

OFFICIAL SEAL Isl Gary Phelps **Notary Public** Received: June 5, 2000 Willard R. Helander Lake County Clerk 0600B-3398-MN June 16, 2000 June 23, 2000 June 30, 2000

#### PUBLIC NOTICE

The following parcels of property, acquired through the Tax Sale Certificate

Program, are being offered for sale by the County of Lake. Written bids should be submitted to the County of Lake, Tax Extension Dept., Room 101, 18 N. County St., Waukegan, IL 60085.

Bids received will be retained for 30 days after the initial bid. After completion of the 30-day period, the County has the right to accept the highest bid or to reject it if the amount is insufficient or if the sale would not be in the best interest of Lake County Taxpayers.

> Willard Rooks Helander Lake County Clerk

**GRAYSLAKE TIMES** INCORPORATED GRAYSLAKE UNINCORPORATED GRAYSLAKE 60030 17750 W. Greentree Rd. 07-29-300-003 10-02-400-033 0 Hwy 83 0600D-3441-GEN June 30, 2000

#### PUBLIC NOTICE

The following parcels of property, acquired through the Tax Sale Certificate Program, are being offered for sale by the County of Lake.

Written bids should be submitted to the County of Lake, Tax Extension Dept., Room 101, 18 N. County St., Waukegan, IL 60085.

Bids received will be retained for 30 days after the initial bid. After completion of the 30-day period, the County has the right to accept the highest bid or to reject if if the amount is insufficient or if the sale would not be in the best interest of Lake County Taxpayers.

Willard Rooks Helander Lake County Clerk LAKE VILLA RECORD

UNINCORPORATED LAKE VILLA	60046
38150 N. Sunset Ln.	01-36-400-015
23840 W. Washington Av.	02-32-109-018
38912 Hickory St.	02-34-104-007
38906 Hickory St.	02-34-104-008
37393 N. Rivera Dr.	06-02-406-005
36976 N. Terry Dr. West	06-09-201-002
36963 N. Lawrence Dr.	06-10-104-003
35248 N. Grant Av.	07-18-300-012
18881 W. Roosevelt Rd.	07-18-302-029
INCORPORATED LINDENHURST	60046
2307 Federal Pkwy.	02-26-400-054
748 Beck Road	02-26-400-055
	0600D-3438-GEN
	June 30, 2000

#### PUBLIC NOTICE ZONING BOARD OF APPEALS/PLAN COMMISSION WAUCONDA, ILLINOIS

Public Notice is hereby given pursuant to a Petition on file in the Village Clerk's office of the Village of Wauconda that a public hearing will be held on July 24, 2000, at 7:00 p.m. in the Village Hall, Wauconda, Illinois, to hear the Petition of URBAN INVESTMENT TRUST, INC., as Petitioner and ALLAN WILLIAMSON AND JOAN WILLIAMSON, as Owners of the territory described to wit:

That part of the West 1/2 of the Southwest 1/4 of Section 26, Township 44 North, Range 9, East of the Third Principal Meridian, described as follows:

Beginning at the point of Intersection of the East line of said 1/2 quarter section and the Northerly right of way line of Route 176; thence Northwesterly along said Northerly line of said right of way, 668 feet to the place of beginning; thence North parallel to the East line of said 1/2 quarter section 191.35 feet to the southerly right of way line of Slocum Lake Road; thence Westerly along the Southerly line of said road 446.65 feet to the Northerly right of way line of said Route 176; thence Southeasterly along the Northerly right of way line of said road to the point of beginning, (excepting there from that part conveyed to the Village of Wauconda by deed recorded June 6, 1969 as document 142492) in Lake County, Illinois.

The common address is: 635 W. Liberty street Wauconda, IL 60084

The physical location of the property is: the northwest corner of the intersection of Larkdale Row and Liberty Street (State Route 176), Wauconda, IL.

Petitioner is requesting the issuance of a conditional use permit to allow the sales of gasoline in connection with the operation of a convenient store.

Said Petition is available for examination in the Village Clerk's office at the Village Hall, 101 North Main street, Wauconda, Illinois.

All interested persons are invited to attend said hearing and be heard. KENNETH LOCHER, Chairman Wauconda Zoning Board of Appeals/Plan Commission Dated at Wauconda, Illinois this 26th day of June, 2000. /s/ KENNETH LOCHER

THIS DOCUMENT PREPARED BY: Richard J. Nakon & Associates 121 E. Liberty Street, Suite 3 Wauconda, Illinois 60084-1929 (847) 526-0626

0600D-3447-WL June 30, 2000

#### **PUBLIC NOTICE**

The following parcels of property, acquired through the Tax Sale Certificate Program, are being offered for sale by the County of Lake.

Written bids should be submitted to the County of Lake, Tax Extension Dept.,

Room 101, 18 N. County St., Waukegan, IL 60085.

Bids received will be retained for 30 days after the initial bid. After completion of the 30-day period, the County has the right to accept the highest bid or to reject it if the amount is insufficient or if the sale would not be in the best interest of Lake County Taxpayers.

Willard Rooks Helander Lake County Clerk

June 30, 2000

ANTIOCH NEWS REPORTE	R
UNCORPORATED ANTIOCH	60002
26625 W. Cedar St.	01-11-302-014
26591 W. Cedar St.	01-11-302-017
42444 N. Willow St.	01-11-305-003
42436 N. Willow St.	01-11-305-004
41966 N. Beachview Dr.	01-14-203-022
39955 N. Rena Avenue	01-25-201-033
25390 W. Hilldale Ave.	01-25-214-014
27141 W. Fairview Ave.	01-34-203-010
27137 W. Fairview Av.	01-34-203-011
27127 W. Fairview Ave.	01-34-203-014
27140 W. Park Ave.	01-34-203-025
27136 W. Park Ave.	01-34-203-026
27132 W. Park Ave.	01-34-203-027
27128 W. Park Ave.	01-34-203-028
26688 W. Stonegate Dr.	01-35-103-018
40287 N. Fox Run Ln.	02-20-300-027
22322 W. Virell Dr.	02-21-401-033
22086 W. Sarana Dr.	02-21-405-023
22080 W. Sarana Dr.	02-21-405-024
22072 W. Sarana Dr.	02-21-405-025
22066 W. Sarana Dr.	02-21-405-026
22058 W. Sarana Dr.	02-21-405-027
22046 W. Sarana Dr.	02-21-405-028
22032 w. Sarana Dr.	02-21-405-029
22135 W. Virell Dr.	02-21-408-007
22271 W. Loon Dr.	02-21-409-015
22265 W. Loon Dr.	02-21-409-016
22257 W. Loon Dr.	02-21-409-017
22276 W. Lee Dr.	02-21-409-031
INCORPORATED OLD MILL CREEK	60083
39143 N. Mill Creek Rd.	03-28-400-003
	0600D-3435-GEN

#### PUBLIC NOTICE

The following parcels of property, acquired through the Tax Sale Certificate Program, are being offered for sale by the County of Lake.

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Willard Rooks Helander Lake County Clerk

June 30, 2000

**GURNEE PRESS** INCORPORATED GURNEE 60031 07-23-203-004 0 St. Paul Ave. 07-24-122-005 0 Skokie Hwy. 07-24-122-006 0 Skokie Hwy. 0 Skokie Hwy. 07-24-223-001 UNINCORPÓRATED GURNEE 0600D-3439-GEN

STATE OF ILLINOIS ) SS

COUNTY OF LAKE PUBLIC NOTICE

IN THE CIRCUIT COURT OF THE NINETEENTH JUDICIAL CIRCUIT, LAKE COUNTY - ILLINOIS

**BREZZY ROBIN LESTER and** STEVEN L. LESTER, husband and wife, Petitioners,

**GEN. NO. 00 AD 54** 

to adopt JACKSON BUCHTA, a minor, Respondent.

MARI-JO JACQUETTE

Attorney No.: 06231007

(847) 244-8545

NOTICE OF PUBLICATION

THE REQUISITE AFFIDAVIT of Publication having been filed in the Office of the Clerk of the Circuit Court of Lake County, Illinois, Notice is hereby given to you: IAN J. HAKALA, Respondent in the above-entitled suit, that a Petition To Adopt Related Child has been filed in the Circuit Court of Lake County, Illinois, requesting the entry of a Judgment For Adoption of JACKSON BUCHTA.

NOW, THEREFORE, unless you, the said above-named Respondent, file your Appearance in the said suit in the office of the Clerk of the Circuit Court of Lake County in the City of Waukegan, Illinois, on or before the date of July 31, 2000, a default may be entered against you at any time after that date and a Judgment rendered in accordance with the prayer of said Petition.

Dated at Waukegan, Illinois Sally D. Coffelt As.

Clerk of the Circuit Court, Lake County, IL BARBARA J. SWANSON & ASSOCIATES 4473 Grand Avenue, Gurnee, IL 60031

0600B-3400-GP June 16, 2000 June 23, 2000 June 30, 2000

#### PUBLIC NOTICE VILLAGE OF FOX LAKE REQUEST FOR BIDS

NOTICE is hereby given that the VILLAGE OF FOX LAKE, Fox Lake, Illinois will receive sealed Bids until:

Friday, July 14th, 2000 at 10:00 a.m. in the Council Chambers, Village of Fox Lake, 301 S. Route 59, Fox Lake, IL 60020 at which time the Bids will be opened for the following:

CLEANING CONTRACT FOR THE VILLAGE OF FOX LAKE FACILITIES

(Community Center-Artworks, Lions Building, Treatment Plant, Police Department and Village Hall) Specifications may be obtained from the Village of Fox Lake, 301 S. Route 59, Fox

Lake, IL 60020. Additional information regarding the specifications and/or scheduling an appointment for viewing the facilities may be obtained by contacting Donna Schmidt, Business Services Manager at (847) 587-2151, extension 20. All bids must be accompanied by a proof of Contractors' Liability and Workers Compensation Insurance.

The Village in accordance with the Laws of the State of Illinois hereby notifies all bidders the Village reserves the right to reject any and all bids, and will affirmatively insure that the contract entered into pursuant to this advertisement will be awarded to a responsible bidder without discrimination on the ground of race, color or national origin. The lowest and best bid received will be accepted, but the OWNER reserves the right to reject any or all bids received and to waive informalities.

Bids shall be received in a sealed envelope addressed to Village of Fox Lake. 301 S. Route 59, Fox Lake, IL 60020, which is marked in the lower left-hand corner **EXACTLY** as follows: BID: Village of Fox Lake

Cleaning Contract for the Village of Fox Lake Facilities

LININCORPORATED BOLIND LAKE

0600D-3446-GEN June 30, 2000

#### **PUBLIC NOTICE**

The following parcels of property, acquired through the Tax Sale Certificate Program, are being offered for sale by the County of Lake.

Written bids should be submitted to the County of Lake, Tax Extension Dept., Room 101, 18 N. County St., Waukegan, IL 60085.

Bids received will be retained for 30 days after the initial bid. After completion of the 30-day period, the County has the right to accept the highest bid or to reject it if the amount is insufficient or if the sale would not be in the best interest of Lake County Taxpayers.

**ROUND LAKE NEWS** 

Willard Rooks Helander Lake County Clerk

60073

June 30, 2000

UNINCORPORATED HOUND LAKE	600/3
INCORPORATED ROUND LAKE BEACH	60073
1314 Oak Ave.	06-16-325-032
527 Pheasant Court	06-17-308-011
1304 Ardmore Dr.	06-17-432-013
1215 Beverly Dr.	06-19-210-018
1213 Beverly Dr.	06-19-210-019
1205 Beverly Dr.	06-19-210-023
1203 Beverly Dr.	06-19-210-024
1203 Beverly Dr.	06-19-210-025
1117 Beverly Dr.	06-19-210-026
1115 Beverly Dr.	06-19-210-027
1113 Beverly Dr.	06-19-210-028
922 Fairfield Rd.	06-19-224-026
1009 Mayfield Dr.	06-19-226-011
925 Mayfield Dr.	06-19-226-015
1105 Shady Lane Ct.	06-19-226-043
925 Lotus Dr	06-19-229-001
1006 Idlewild Drive	06-20-108-002
Bernice Court North	06-20-111-034
925 Sunset Dr.	06-20-114-001
Park Road	06-20-413-015
22792 W. Lake Park Av.	06-21-101-022
22976 W. Shorewood Dr.	06-21-101-049
22959 W. Shorewood Dr.	06-21-108-001
307 Greenwood Dr.	06-28-111-011
0 Garden Court	06-29-103-016
0 Bimlny Bay	06-29-201-002
0 Biminy Bay	06-29-201-003
0 Biminy Bay	06-29-201-004
0 Biminy bay	06-29-201-007
	0600D-3440-GEN







**Senior Day** 

photo, Elaine Teltz and Fred Teltz, both of Lake Villa, talk with Helen Gola of Libertyville next to the antique car the Teltz's displayed during the annual Senior Day at the Lakewood Forest Preserve in Wauconda. At left, John Kurash of Ingleside shows off his muscles in a strength competition during the annual festivities. Above, Edward Krol of Elmwood Park and Therese Citro of Lake Forest float along the dance floor to the sounds of the Guy Lombardo Royal Canadians with Al Pierson.— Photo by Sandy Bressner

# Navy League seeks the service-minded

Members of the Lake County Council of the U.S. Navy League are gearing their Year 2000 program to further their goal of supporting the Navy and attracting new members who share the value of maintaining strong Navy forces.

Acting President tom Doddington said the Navy League draws its members from all walks of

Council members interact with active duty personnel at Great Lakes Naval Training Center, Doddington pointed out. "There's mutual respect," Doddington emphasized.

> PUBLIC NOTICE INVITATION TO BID

Grass Lake School District 36, 26177 W. Grass Lake Road, Antloch, IL 60002 is accepting bids for the removal of carpeting of two classrooms, the main lobby and hallway to be replaced with tile flooring.

For more information, please contact: Mr. James Beveridge Superintendent (847) 395-1550

0600D-3430-GEN June 30, 2000

PUBLIC NOTICE

PUBLIC NOTICE is hereby given that the Board of Library Trustees of the Round Lake Area Public Library District, Lake County, Illinois has made a determination of the general prevailing rate of hourly wages to be paid to all laborers, workers, and mechanics employed by or on behalf of said Library District engaged in the construction of public works, in accordance with the determination of the Department of Labor. The Ordinance is available at the Round Lake Area Public Library, 906 Hart Road, Round Lake, IL 60073.

> /s/ Linda Kauffman Secretary 0600D-3432-RL June 30, 2000

The Navy League was started by President Theodore Roosevelt whose credo was: "A strong Navy is the most cost effective means of ensuring peace."

The Council announces its programs of service for the coming year. Annual golf outing that supports

the NJROTC (Naval Junior Reserve Officer Training Corps) in local schools, Wednesday, Aug. 2, Steeple Chase Golf Course, Mundelein.

Working with the Great Lakes Chief's Association, co-sponsored the spring "Chief's Ball."

Active and financial support of 1285.

the Naval Sea Cadets at Great Lakes.

Financial and organizational support for the "Lone Sailor Park" at the Recruit Training Center, Great Lakes.

Interesting and topical speakers make presentations at monthly meetings.

The council meets the third Saturday of each month at 8 a.m. at a convenient Lake County location.

Every third month is an evening

If you are interested in membership, Call Fergal Gallagher at 543-

STATE OF ILLINOIS **COUNTY OF LAKE** 

PUBLIC NOTICE IN THE CIRCUIT COURT OF THE NINETEENTH JUDICIAL CIRCUIT, LAKE COUNTY - ILLINOIS

SALVADOR G. LOPEZ and ESPERANZA LOPEZ, husband and wife, Petitioners, to adopt CHRISTIAN SALGADO, a minor,

GEN. NO. 00 AD 100

Respondent. NOTICE OF PUBLICATION

THE REQUISITE AFFIDAVIT of Publication having been filed in the Office of the Clerk of the Circuit Court of Lake County, Illinois, Notice is hereby given to you: JUAN, last name unknown, Respondent in the above-entitled suit, that a Petition To Adopt Related Child has been filed in the Circuit Court of Lake County, Illinois, requesting the entry of a Judgment For Adoption of CHRISTIAN SALGADO.

NOW, THEREFORE, unless you, the said above-named Respondent, file your Appearance in the said suit in the office of the Clerk of the Circuit Court of Lake County in the City of Waukegan, Illinois, on or before the date of July 31, 2000, a default may be entered against you at any time after that date and a Judgment rendered in accordance with the prayer of said Petition.

Dated at Waukegan, Illinois Sally D. Coffelt Clerk of the Circuit Court, Lake County, IL

MARI-JO JACQUETTE BARBARA J. SWANSON & ASSOCIATES 4473 Grand Avenue, Gurnee, IL 60031 (847) 244-8545 Attorney No.: 06231007

0600B-3401-GP June 16, 2000 June 23, 2000

# Judge honored as a 'credit' to the system

Lake County State's Attorney Michael Waller announced that Associate Judge James K. Booras is the 2000 recipient of the Benedict J. Ori Award. The award was presented by Michael Ori, the youngest son of Benedict Ori, at the Lake County Bar Association installation dinner, held at the Biltmore Country Club in North Barrington.

"Judge Booras is deserving of the award," Waller said. "He is a credit to the judiciary and the Lake County legal community." Judge Booras, a native of Greece worked in the Lake County State's Attorney's office for from 1980 until 1991 at which time he was appointed at Associate Judge. He presently is assigned to the Criminal Division and handles a felony court call.

The award, established in 1986 by former Lake County State's Attorney Fred Foreman, is named in honor of the late Benedict J. Ori. Ori was a former First Assistant State's Attorney in Lake County. After leaving the State's Attorney's office, Ori was a top criminal defense attorney in Lake County. He was appointed as an associate judge for Lake County in 1985, however, he died before taking office. Foreman established the award to recognize the efforts of former Lake County Prosecutors and their contribution to law enforcement, the bar association, and the judiciary.

"Each year the award is given a former Lake County Assistant State's Attorney who has the qualities of integrity and lawyering which Ben Ori represented," Waller said. "It is an honor to give the award to former Assistant State's Attorneys who represents these ideals and who have gone on to distinguish themselves after leaving the State's Attorney's office."

The plaque is awarded to a different person each year. The recipient of the award keeps the plaque for one year, at which time it is given to the new award winner. Past recipi-ents of the award include: Harry Breger, Justice Thomas Moran, Judge Jack Hoogasian, Senator Adeline Geo-Karis, Judge Robert McQueen, Judge Ray McKoski, Judge John Goshgarian, Judge William Block, Judge Victoria Rossetti, Judge Barbara Gilleran-Johnson, Fred Foreman, Craig Linn, Charles Smith and Judge Emilio Santi.

# Pro-lifers conduct 10-day tour

Citizens for a Pro-life Society and the Pro-life Action League will conduct a 10-day, 30 city tour Face the Truth. In each city we will conduct a large, graphic street display that reveals the humanity of the unborn and the victims of abortion, both late-term and first trimester. The display will line up on busy highways, streets and avenues. We will also pass out thousands of pieces of literature in an effort to educate the public about legalized abortion, the humanity of the unborn and the adverse consequences of abortion that women experience. This tour is designed to rip the mask off legal abortion and reveal the slaughter of the unborn for the atrocity that it is.

A similar tour has been conducted in Wisconsin for the last five years. This will be the first pro-life tour in Illinois. In Wisconsin, the tour has proven to be a huge success. Many people, previously apathetic or indifferent to abortion have become involved in the pro-life movement and even women who

were contemplating abortion, decided to keep their babies after coming into contact with the Face the Truth display. Participants in the tour steered these women to local crisis pregnancy centers where they were offered help. Thousands of individuals who knew very little about legalized abortion were awakened to the injustice of the killing of the unborn.

Tuesday, July 18, 4:30-6 p.m., Hwy. 120 and 83, Grayslake.

Wednesday, July 19, 10-11:30 a.m., Hwy. 60 and Milwaukee Ave., Libertyville.

1-2:30 p.m., Deerpath Rd. and

Make donations payable to: Pro-Life Action League, 6160 N. Cicero Ave., Chicago, Ill. 60646. Call (773) 777-2900. Newslines (773) 777-2525 or Fax (773) 777-3061. Website www.prolifeaction.org, e-mail scheidler@ibrn.net.

-Or Citizens for a Pro-life Society, 511 Campbell St., Joliet, Ill. 60435. Call (815) 722-4223; Fax (815) 722-5433.

#### PUBLIC NOTICE **ASSUMED BUSINESS** NAME APPLICATION

NAME OF BUSINESS: Williams Heating & Cooling NATURE/PURPOSE: (Heating & Cooling, Service)
ADDRESS(ES) WHERE BUSINESS IS TO BE CONDUCTED OR TRANS-ACTED IN THIS COUNTY: 5615 Acorn Ln., McHenry, IL 60050, (847)

497-4803. NAME(S) AND POST OFFICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, CONDUCTING OR TRANSACTING BUSINESS: Jason C. Williams, 5615 Acorn Ln., McHenry, IL 60050, (847) 497-4749. STATE OF ILLINOIS) COUNTY OF LAKE )

This is to certify that the undersigned intend(s) to conduct the above named business from the location(s) indicated and that the true or real full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown. /s/ Jason C. Williams June 14, 2000

The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 14th day of June, 2000.

OFFICIAL SEAL /s/ Barbara Erskin Notary Public Received: June 14, 2000 Willard R. Helander Lake County Clerk 0600C-3425-FL June 23, 2000 June 30, 2000

#### PUBLIC NOTICE **ASSUMED BUSINESS** NAME APPLICATION

NAME OF BUSINESS: Renaissance Real Estate

NATURE/PURPOSE: Property Rental ADDRESS(ES) WHERE BUSINESS IS TO BE CONDUCTED OR TRANS-ACTED IN THIS COUNTY: 175 Olde Half Day Road, Lincolnshire, IL

60069, (847) 793-2420. NAME(S) AND POST OFFICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, CONDUCT-ING OR TRANSACTING BUSINESS: Richard K. Booy, 703 Ascot Ct., Libertyville, IL (847) 816-1502.

STATE OF ILLINOIS) COUNTY OF LAKE )

This is to certify that the undersigned intend(s) to conduct the above named business from the location(s) indicated and that the true or real full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown. /s/ Richard K. Booy June 1, 2000

The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 1st day of June, 2000.

OFFICIAL SEAL /s/ Barbara Erskin Notary Public Received: June 1, 2000 Willard R. Helander Lake County Clerk 0600B-3403-LB June 16, 2000 June 23, 2000 June 30, 2000



#### HOW TO PLACE A CLASSIFIED AD

By Phone Call: 847.223.8161 By Fax: 847.223.2691

By Mail: Lakeland Newspapers P.O. Box 268

Grayslake, IL 60030 In Person: 30 S. Whitney St., Grayslake

#### DEADLINES

Direct Line......Mon. 5pm Classified (Business & Private Party).Wed.10am HOURS

8am-5pm..

.Mon.-Fri.



You may cancel your ad before 11 a.m. on Friday for the following week's publication.

Please Check Your Ad In the event of an error, Lakeland Newspapers will be responsible for only the first incorrect insertion and only the portion of the ad that is in error or rendered useless. Please contact the Classified Department immediately in

#### Angouncements



110-140



219-250

#### erchandise



301-

#### RealEstate



500-578

#### Rentals



504-538

#### Recreational





804-848

#### rvices



**S03-S99** 

#### WISCONSIN 50 38 miles to Milwauke 45 Kenosha County 194 Lake County 131 59 83 12 Lake Villa 132 Waukegan 51 miles to Rockford 120 Grayslake McHenry 137 McHenry Libertyvi 21 Crystal Lak 59 194 Lake Cook Rd.

#### LAKELANDA Classified

847.223.8161

Ad appears in 11 Lakeland Newspapers!

Antioch News • Round Lake News Lake Villa Record • Mundelein News Wadsworth News . Grayslake Times Fox Lake Press • Gurnee Press Lindenhurst News • Wauconda Leader Libertyville News

Notices

\$5000 TO

MOMEN

who are healthy to be anony-

mous egg donors. Chicago's

first and most highly respected

program is looking for women

between the ages 21-31.

Donors will be evaluated, take

medication and undergo a minor

Serious inquiries only.

Call ARR 773-327-7315

ATTENTION

CLASSIFIED

**ADVERTISERS** 

advertising with the Lakeland

Newspapers you may receive a

misleading statement from

another firm requesting pay-ment for this advertising. To

receive proper credit to your

ccount, all payments for your

Lakeland Newspapers advertis-ing must be made as invoiced

Lakeland Newspapers

PO Box 268

30 S. Whitney St. Grayslake, IL 60030-0268

St. Mark's Evangelical

Lutheran Church

Waukegan, IL 60087

Every Wednesday

evening we have a

"Come As You Are"

Service beginning

at 7pm. There is music,

fellowship and prayer.

**COME JOIN US!** 

LAKELAND IS OPEN

24 HOURS

If you need to place an ad in

Classified, call us at

(847) 223-8161, ext. 140

and leave a message.

We will get back to you by

the next business day. Or

you can fax our 24-hour fax

line at (847) 223-2691.

TO PLACE AN

AD WITH

LAKELAND

847-223-8161

OR FAX TO

847-223-2691

PERS,

NEWS

3350 N. Delany Road,

and directed to:

you have placed classified

surgical procedure.

SUBMIT YOUR LAKELAND CLASSIFIED ADS ON THE INTERNETI

Visit http://www.lpnews.com/ to place your ads conveniently. Ads appear on the Internet, in all Lakeland Papers... The Great Lakes Bulletin and The Market Journal for only \$20.50 for 4 lines (approximately 16 words), then .60¢ each additional

115

Lost & Found

**DID YOU FIND Someones** PET or Special Lost Article? Call Lakeland Newspapers Classifieds Dept., and get your results, FOUND ads are RUN FREE of Charge. Call (847)223-8161.

Free

WASHER, DRYER WORK-ABLE, as is. (847) 587-4093

ATTENTION **PET OWNERS** WE DO NOT KNOWINGLY ACCEPT ADS FOR ANIMALS IN OUR FREE! GIVE AWAY COLUMN. you must give up pet, please consider these facts.

\*Free animal ads sugges that there is something wrong with the animal, or that it has no value.

Some people who respond to these free animal ads are not reputable and are more concerned about making a profit than the animal.

\*Charging a fee to a potential pet owner confirms the responsibility of pet ownership for an entire lifetime of that pet. For more information, please contact the Humane Society.

Need to sell that inexpensive item? Call 847-223-8161

#### 3 0

#### **Egg Donors Needed**

- · Give the gift of life to an infertile couple
- Our program is completely anonymous 24 hour/7 day support
- · Appointments available for evenings and weekends

#### \$5,000 Compensation

Call Nancy or Stacey 847-656-8733 Pager: 847-547-9788 The Center for Egg Options Illinois, Inc.

ARE YOU SPRING CLEAN-ING?? GET RID OF THE CLUTTER AND RUN A FREE or GIVEAWAY Ad in the Lakeland Classifieds. Free and Giveaways are run at NO CHARGEI (We discourage any pet ads). Deadlines: 10am Wednesdays. (847)

Free

223-8161, ext.140

Personals

#### **ADOPTION** Energetic, affectionate couple

promises to cherish your baby. We enjoy our wonderful fa-

milies, including 10 nieces/nephews & lovely home on 1 acre lot near forest

preserves. We hope to make this time easier for you. ANNE & MATT 1-800-750-8110.

ADOPTION-LET'S HELP EACH OTHER

Sometimes we find ourselves faced with difficult life decisions. The loving answer for us was found through the option of adoption. We understand your decision is much more difficult and takes much understanding, courage and love. We truly believe we could be your answer. Please help us adopt. Medical, legal, counseling and court

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Pleasant working conditions. Good salary. With possible full-time opportunity. Call Dr. Kostock (847) 587-2232.

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for Laursen & Blackman Co. in Antioch, Flexible schedule & market wage Must have valid Drivers License. Call 847-838-5300 Between 9 & 2pm

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GRAYSLAKE

PARK DISTRICT

4yr. Old Pre-School,

small sought after pro-

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mornings & afternoons.

Certified Teacher in Early

Childhood or EL.ED.

preferred. Experience

necessary.

Send resume to:

Grayslake Park District

Attn: Carol Satterlee

151 Hawley Ave.

Grayslake, III. 60030.

Or FAX (847) 223-6386.

HOUSEKEEPING

PART-TIME/FULL-TIME

DAY TIME HOURS.

GOOD SALARY,

MONDAY - FRIDAY.

INSURANCE

Part-Time Clerical

Position in Grayslake

Insurance Agency.

15-20hrs./wk.

Good written and

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Call Kelly

(847) 223-8136.

Call (847) 487-1155.

Help Wanted Part-Time

#### **NIGHT AUDITOR** AND FRONT DESK.

Apply in person. Fairfield Inn, 6090 Gurnee Mills Blvd.

OUTSIDE PROMOTION/SALES Great job for: High School Grad.,

Housewife,

Retired, 2nd. Job. 2-3 Nights a Week. Call Kevin (847) 245-7500.

> RETAIL MERCHANDISER P/T 8-12 flexible AM

hrs/week. Nat'l distributor. of Gen. Mdse. seeks Reps to service local grocery accounts in the Round Lake Beach. Must be dependable and have reliable transportation. Experience preferred, but not necessary. Retirees welcome. Call 1-800-473-7251.

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Want to earn up to \$250 per week and be your own boss?

The Daily Herald is looking for adult, independent personnel for newspaper delivery in the Lake County area. 2-3 hour routes available between the hours of 2 a.m. & 6 a.m., Monday thru Friday; 2 a.m.-7 a.m., Saturdays, Sundays and Holidays.

For more information call...

(847) 427-4333

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Lakeland Newspapers has the perfect career opportunity for you in our exciting sales department. This job involves sales calls outside the office so a dependable car is necessary.

We offer great benefits!

- Salary plus Commission
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So if you're self-motivated, highly organized, and very personable, you're sure to be a success. Experience a plus, but will train the right person. For an interview appointment call

Bob Schroeder Lakeland Newspapers (847) 223-8161 x 113





219

Help Wanted Part-Time

\*\*\*\*\*

OPTECH

Immediate full time

opening available for

Optical Sales Person

in Service Optical. No

experience necessary.

Will train.

Apply in Person

Service Optical

Hawthorne Mall

Call

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606

Help Wanted

**Administrative** 

Asistant

\$22-32K

Word/Excel,

special projects &

fun people.

549-0016

Vernon Hills

244-0016

Gurnee

Superior Personnel

Help Wanted

Help Wanted Full-Time

WAREHOUSE HELP We have one opening in our Lake Villa Office. Light lifting, wrapping skids and working on the line. Thursdays 3:00am-1:00pm. Fridays 3:00am-6:30am. Saturdays 7:00-4:00pm. Call Today (847) 245-7500.

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P/T to F/T

Laborer interested in

learning trade.

Painting.

Carpentry & Glass.

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Lakeland

Classified

Department

Call

Olando's Pizza

843 Rollins Rd.

Round Lake Beach

(847) 546-7745

847-223-816

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3740 Grand Ave. Gurnee, IL. 60031 \*\*\*\*

\*\*\*\*

ADMINISTRATIVE ASSISTANT

Permanent or Temporary Admin. Fortune 500 company in Arlington Heights Seeking professional AA. Word, Excel and PowerPoint. 13\$ hour-18\$ hour Please contact Kelly 847-520-7300

\*\*\*\*\*

Part Time

KITCHEN HELP

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Looking for friendly, reliable and

people oriented individuals.

Must be available weekends.

Please apply in person or call

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NEWER, BIGGER HOME?

DON'T FORGET TO CHECK OUT OUR

MONTHLY

"HOME MARKETER" FOR A COMPLETE

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You have the

CUSTOMER SERVICE/ CLERICAL

Libertyville Co. seeks full time position. Person must have good communication skills & computer knowledge. Job includes phone order entry & various clerical duties. Call Karon 847-816-6308

MORTGAGE LOAN

**OFFICERS** 

New branch office in

Round Lake Beach.

Sales experience

preferred but will train.

Top commissions.

Bilingual a plus.

Please fax resume

in confidence to:

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847-548-4332

Contact Tina M. Delabre

Warren Township

High School #121

(847) 223-8810.

(847) 599-4787

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working environment!

Wages ranging from \$13.39 - \$17.92,

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Come join the Warren Blue Devil Team!

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Supervisor

Lake Counties fastest growing newspaper

group seeks an experienced Telemarketing

Sales Professional to lead a staff of 8 selling

newspaper subscriptions in the evenings and

Saturday mornings. Our ideal candidate will be

ultra organized, extremely positive, possess apti-

tude for teaching/coaching and be computer lit-

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with experience plus a bonus structure set up

on performance. If you are ready for a challenge

and want to succeed in a growth-orientated

company, contact Bob Schroeder, General Sales

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We have a friendly

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CNA needed for private home care. Weekday nights & or weekend nights. (847) 587-7161

ANCHOR

MMEDIATE OPENINGS **ANCHOR BANK** 

Friendly, local bank with good benefits and friendly environment has these immediate openings. BOOKKEEPER/PROOF

OPERATOR (Full Time) Experience necessary. Account balancing, Cash Station maintenance,

Customer Service, Excel (spreadsheet) experience all pluses. Part-Time Proof Operatorexperience helpful. **Full-Time Tellers-**

experience helpful. Please fax resume to 847-548-2699 (preferred) or stop in for application.

ASSISTANT MAINTENANCE/ JANITOR **Full-Time Position** 

Available, For luxury apartment community in Gurnee, Immediate position. General maintenance experience & knowledge a must. Competitive salary and benefits. Please call: (847) 662-7700 Or Fax resume to: (847) 662-7007.

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Guaranteed 20 hrs/wk in Summer. F/T & Overtime, Fall thru Spring Salary depends on exp. Please call Dan 847-867-5168 or 847-548-1660

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you have placed classified advertising with the Lakeland Newspapers you may receive a misleading statement from another firm requesting pay-ment for this advertising. To receive proper credit to your account, all payments for your Lakeland Newspapers advertis-ing must be made as invoiced d directed to:

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#### NT Server Administrator

We are seeking a highly motivated individual who desires a part-time position with flexible hours (20-30 hours per week). Beere Precision Medical Instruments, Inc., an equal opportunity employer, is a leader in the design and manufacturing of medical devices for surgical applications. We are looking for NT Administrator with the follow ng qualifications: Bachelors degree in Computer Science and MCSE preferred; prior experience as a LAN administrator; project managemen and teamwork abilities; experience using NT 4.0/Windows 2000 server and workstations; client/server based MRP; hardware and software selection; and troubleshooting repair. Experience with Btrieve/ Pervasive SQL a plus! Send your resume along with salary history or expectations (no resume will be considered without this) to:

Beere Precision Medical Instruments, Inc

Human Resources 2503 Lincolnwood Court Racine, WI 53403 Fax: 262-554-4486 E-mail walshim@beeremedical.com

BRANCH ADMINISTRATOR Fast paced Buffalo Grove recruitment office seeking a full time professional Administrator, Handle phones, Correspondence, clients and candidates, and general office. Must know Word, and Excel. Outlook a plus. Must be a

self starter. 25K-30K.

Please contact Kelly at

847-520-7300

New Lindenhurst Burger King is now hiring . .

**Full Time Salaried** MANAGERS

Full/Part Time hourly MANAGERS CREW LEADERS

Many benefits and advancement opportunities. Experience helfpful but not required. Be part of a rapidly growing franchise

group! Call (815) 444-2007

CASHIER **FULL-TIME** 9:30pm-6am. Starting pay \$8/hr. Must be 21yrs. old. Apply in person to Don at WASHINGTON **AMOCO** 

34225 Rt. 45 Grayslake, III. (847) 223-0231.

CLERICAL **POSITIONS** \*\*\*\*Full Time\*\*\*\* 1st Shift \*CUSTOMER SERVICE REP. 2nd & 3rd Shifts DATA ENTRY CLERKS \*PACKAGE HANDLERS Great Starter Positions Will train. Available now. \*DISPATCHER

Flexible, reliable, some computer skill3 req. Apply in person TRANSPORTATION

3059 W. Washington St. Waukegan, IL

Clerical

SENIOR CLERK

A community college seeks clerical support for its Career Placement Services Office and assist job seekers with employment opportunities. A HS or GED, 45wpm, 6 mos, office experience and strong communication and computer skills (Internet navigation) are required. Submit your application to HR, College of Lake County, 19351 W. Washington, St. Grayslake, IL 60030-1198 or fax to 847-223-0824.

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ntermediate Care Facility has immediate opening for a full time Cook. PM SHIFTS AVAILABLE

Health care experience

preferred,

but not required. Contact

Dietary Manager,

Mt. St. Joseph



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Great Benefits
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Grayslake Route 120 (East of Rte 83)

Mon-Fri from 10am-6pm

Call our employment line at: 1-877-JOB-9099 Or apply at your local Jewel-Osco

Jewel-Osco

Pre-Employment Drug Screening Required EOE M/F/D/V



most progressive student transportation provider, is proud to serve you by "carrying the future,"

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ext. 118



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ASSISTANT

3-5 years experience needed.

Qualified candidate must have strong organizational

skills; ability to manage multiple tasks at one time; flex-

ibility and high level of motivation. Proficiency in Microsoft

Office Suite is also necessary. The duties of this position

will include general office tasks, light bookkeeping, per

sonal errands, and travel planning. As the executive per

sonal assistant to the owners of the company the can-

didate must be able to work with highly confidential materi-

We offer a competitive compensation and benefit pack-

For consideration, please fax resume to

847-526-6763

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**OPENINGS** 

NICHOLS ALUMINUM, a leading Midwest alu-

minum sheet manufacturer is seeking qualified

We are looking for General Maintenance

Technicians with knowledge and proficiency

with welding/gas cutting, hydraulics, pipe fitting,

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will be commensurate with experience from

The candidates we are looking for will have a

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Starting wage is \$9.85 per hour with an increase

We offer an excellent benefit package including

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Qualified candidates may apply in person or

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NICHOLS ALUMINUM

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West of the corner of Milwaukee and Half Day

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\$16.31 to \$18.55.

MATERIAL HANDLERS

to \$11.53 per hour after 90 days.

bonuses are offered monthly.

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Full-Time

220 Help Wanted Full-Time

Help Wanted Full-Time

Help Wanted Full-Time

Help Wanted Full-Time

#### CUSTOMER SERVICE

\$12 HR + \$3 HR Bonus Free lunches & snacks. Long term opportunity (20 wks + ) With major Lincolnshire company. Call Larry at 847-816-8707

#### RECEPTIONIST/ SECRETARY

Family owned Wauconda based co. looking for a perm full time person to answer phones & some general office duties. Call Mick (847) 526-9082 **Excellent Benefits** 

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Drummer/Bass player for local area church for one weekly Sunday evening service. Must be experience, call Paul @ 847-203-2548

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Termite Inspector for FHA morgages. Experience required. No treatments, Qualified applicant will receive additional training by us for FHA electrical, heating, plumbing and roofing certifications. **Certified Property** Inspections. 1-800-540-1400

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Respond to: Check Into Cash, Inc. 1440 Butterfield Rd. Mundelein, III. 60060. FAX (847) 367-4746. EOE

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EASY WORK! NO EXPERIENCE \$500-\$1,000 part-time at home stuffing envelopes. For free information send self-addressed, stamped envelope: **R&J Enterprises** Mailing Services, Inc. P.O. Box 402 Ingleside, III. 60041.

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Customer Service \$25K ccounting Clerk \$20K

244-0016 or 549-0016 Vernon Hills Superior Personnel

TEACHING ASSISTANT. St. Mary's Primary Grade Center Lake Forest Contact: Kathy McMullen (847)234-0371

For More Information Call ou

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24 HOURS A DAY,

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New hires may receive a \$500 bonus!\*

You'll provide services to residential & commercial customers making lawncare or tree and shrub applications. WE OFFER Competitive Base Salary, Excellent Bonus Structure, Medical/ Dental/Life & 401(k), Advancement Opportunity and Paid Training

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- equal opportunity couplayer.

('ask about our \$500 bonus for new hires with a current pesticide license!)

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Co. located in Vernon Hills seeking Experienced Customer Service Manager, Word and Excel, Fun, fast paced environment. Oversee six reps. Salary 30K-40K

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Co. located in Vernon Hills seeking Experienced Purchasing Assistant. Import & export experience a plus. Word & Excel. Salary upper 20K.

#### Receptionist

Co. located in Vernon Hills seeking Receptionist. Must be able to handle fast Paced environment. Multiple phone lines. Salary around 24K.

Please call Kelly at (847) 520-7300

CHEF/MANGER Eurest Dining Services, a division of Compass Group NAD, seeks a creative culinary professional possessing strong ad ministrative skills for a small cor porate location. Culinary arts degree preferred. Computer, communication and strong inter personal skills a must. Good location, great atmosphere with an emphasis on creativity and people. We offer a competitive salary and great benefits. Send resume to: Robert Lambel, Eurest Dining Services, 1650 Lake Cook Rd., Deerfield, IL 60015-0089. EOE & Affirmative Action Employer M/F/D/V

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RECEPTIONIST Energetic client oriented team player needed for full time receptionist in a rapidly growing fast paced small animal hospital. Duties include, answering phones, scheduling appts. and client education. Benefits include health

insurance, paid holidays & paid vacation. Salary commensurate w/ exp.

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NEEDED!

PT/FT. Experienced. Must have own tools and transportation. Plenty of work, Call Al at (847) 546-8307

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Call Chris at: (847)362-5100 Chicago Tag and Label Inc. Libertyville, III. Ability to read and write English required. Pay starts at \$9.00/hr.-\$12.00/hr. Pay depends heavily on aptitude and or experience.

#### GURNEE HOLIDAY INN Looking for qualified Night Auditors. Please FAX resume to: (847) 336-6303 or

#### **IMMEDIATE**

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**OPENINGS** In Buttalo Grove \*Electronic **Print Operator** \$11-\$11.50 hr. Inserting Operator/

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Experience preferred, willing to train.

Excellent pay/benefits. (847) 662-1818 Or Fax resume to: (847) 662-3001.

Advanced **Fertility Center** Gurnee.

#### Career Clipboard

#### Notes

Honesty, The Key to a Successful Job Search. Several years ago while managing a branch office for large computer services consulting company, I hired a software developer. The skills and experience he had documented matched the needs of our company exactly. The interviews went well and his references glowed. He had documented his experience at a very prestigious school and we even discussed his athletic career at that school. However when this person started, we discovered that he could not perform the job. As we investigated more thoroughly, we discovered that his references were friends posing as prior employers. At the school where he had said he had gotten his undergraduate degree, we found that he had actually dropped out after his second year, and had not participated in any athletic programs. His employment ended very quickly

Although this is a worst case scenario, those who do not disclose the full, honest extent of their skills are always found out. Let me explain an even more embarrassing situation.

A secretary was hired into a company some years ago and when asked about certain skills, she exaggerated. Although she was familiar with much of the software and equipment she was asked about, she did not know it to the depth she had led her interviewers believe. This woman could do most of the job, but the work she could not perform, and subsequently had to learn on the job, reflected on her performance. After several inadequate performance ratings this woman quit because she was dissatisfied with her performance reviews.

The full disclosure policy always works best. If you have never done parts of the job let the interviewer know the full extent of what you have done and what you would be willing to learn. If you are willing to take classes on your own time let them know how much time you can put into learning that skill. If you are honest about your skills many companies will be willing to let your learn.

The question I'm usually asked at this point is "How can I compete with other people who are exaggerating skills to look better than me?" The answer is simple. If they lie about their skills they will lie about other things. Sooner or later the lies will catch up to them and you can get the Job the next time it becomes available,

The real question to ask is "Do I really want to work in an environment where my superiors and peers expect more of me than I have ever done?" Most of us don't want to be in that position. Honesty is the best policy.

Scott T. Fleischmann is a Principal with Integrity Business Solutions Inc., a management consulting firm. He is responsible for the general management, human resources, information technology and sales consulting practices. He can be reached at (847) 543-4320 or through e-mail at the scottfe juno com.

#### TECHNICAL COLLEGE

Gateway is seeking applicants who can integrate their proven expertise with our tradition of excellence in two year college teaching and education.

#### POSITION

Instructor CIS/ Network Specialist Kenosha campus Closes July 25, 2000

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Closes July 21, 2000

#### **EDUCATION**

Bachelor's degree in CIS, computer science, business or related field.

Sixty college credits in an appropriate field. WITA level 2/2 or higher certification.

#### **EXPERIENCE**

Two years (4,000 hours) occupational experience in network administration, including design, configuration, hardware and software installation, troubleshooting and security.

> Proficiency with American Sign

Language.

The requirements listed are a brief summary and are not intended to provide total requisites. Interested candidates can contact: Gateway Technical College, H.R., Adm. Bldg., 3520 30 Avenue, Kenosha WI 53144 (262) 564-2868 or e-mail jobs@gateway.tec.wi.us. An Equal Opportunity/Access Educator/Employer



graphic designer" to join our team. Do you have experience with computers and graphic design programs? If you do, then we teach you the rest in this entry level position. Send your resume to NEAL TUCKER at Lakeland Newspapers 30 S. Whitney St.

Grayslake, IL 60030

r fax to 223-8810





Help Wanted Full-Time

Help Wanted Full-Time

220

Help Wanted Full-Time

Help Wanted

Help Wanted Full-Time



We are looking for a (resp., self-starter to support our QA dept. on 2nd shift. To qualify you MUST:

- HAVE MANUFACTURING
- BE COMPUTER LITERATE HAVE THE ABILITY TO USE VARIOUS MEASUR-ING INSTRUMENTS.
- BE ABLE TO WORK WITHOUT CLOSE SUPER-VISION

APPLY IN PERSON OR SEND/FAX (847) 395-8862 RESUME TO: HUMAN RESOURCES DEPT. **NUWAY SPEAKER** PRODUCTS, INC. 905 ANITA AVE. ANTIOCH, IL 60002

NuWay

ting your license can be.

The Country Companies Grayslake Claims Office has an opportunity for an experienced Full Time SECRETARY

Responsibilities include claims support, transcribing from tape, word processing and communication with insureds, Requires excellent communication and customer service skills

strong typing and word

processing skills and

the ability to work in a

fast paced environment. If you are interested. please contact Gary Hanenberger at 847-548-3091

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Call (847) 223-4094

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FRIDAY,

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Press Brake Setup &

MACHINISTS Several job opeings in

our brand new plant in Spring Grove --- Experienced---\*Boring Mill

Machinists 2nd Shift -Experienced-\*Large Lathe

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SALES INSIDE/OUTSIDE Fast growing

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SALES for Computer & Internet products. Sales experience preferred, but not

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Classified Department Call 847-223-8161 To Place An Ad

Need to sell that inexpensive item? Call 847-

223-8161

The Lake County High Schools Technology Campus has the following positions available for the 2000-2001 school year.

 F-T Graphic Design Instructor F-T Computer Repair Technology Instructor · P-T Early Childhood Education Teacher's Aide

Teaching Degree preferred and aide position requires a minimum of 30 semester hours of college credit and related work experience. Fax resume/credentials to: Jeff Brierton Technology Campus 847-223-7363

A. D. Mundelein

#### How To Survive The Job Search

By Nancy Sakol

Q: I started a job with a company 2 months ago. I left a small company that I had been working for for 6 years to take this job for reasons of increasing my salary and better opportunity for advancement. During the first couple of weeks, I had caught some flu virus that kept me off work for 3 days. The company was fairly understanding however didn't pay me for my time off. A few weeks later, I needed to take time off to appear in court for a traffic ticket and although I was scheduled for 9:30, was not called up until after the lunch recess at 1:30. I called my boss and he said to just take the rest of the day off since it would mean I wouldn't get to the office until late in the afternoon. It was a few days ago when I accidentally forgot to set my alarm clock and woke up after 9:00 a.m. and was already an hour late for work. I called my boss to explained what had happened and he was not very nice to me. I showed up at work at 11:00 and got the cold shoulder all day from my co-workers. The next day was payday and I didn't open my paycheck until I got home. Inside was a notice that I have been put on a probation period due to excessive absenteeism. It said that if I missed anymore time in the next 30 days, that I would terminate my employment. It asked me to sign the form and return it to my boss the very next business day. I went in to his office the very next morning and told him that I received the notice, but I could not sign it. I told him that I could not guarantee that something wouldn't stop me from being at work, and that I would not sign something that would put my job in jeopardy. It would be like signing my own "pink slip". He called for a supervisor to come in to his office and explained that she was there to witness the fact that I was put on probation, and that I refused to sign the form acknowledging it. It was then signed by that I refused to sign the form acknowledging it. It was then signed by the supervisor. I went back to my desk and worked the rest of the day and by the time I got home, I was so angry that I decided not to go back the next day. At 4:00, I did call to tell my boss that I didn't come in because I was angry at the whole situation and I didn't think it was fair. I asked if we could sit down and talk about it. He chuckled on the phone and said that there was nothing to talk about, that I abandoned my job when I chose not to come to work. He also said that since I had received my last paycheck which was up to date, there would be no reason for me to contact the company again. That's it. No severance pay or anything. Now I have been told that I will not be eligible to collect any unemployment compensation either. I need income what should I do? Do you think I ought to go over the bosses head to the owner of the company?

Q:I don't know where you worked before but it must have been with a company that let you get away with a lot for you to clearly NOT understand this situation. What were you thinking when you decided NOT to sign the probation form, did you think that would make the situation change. By not signing the form, you were showing that you had no respect for the policies and procedures. What were you thinking of when you decided not to go to work the next day? Were you trying to test them like a child would do to a parent who says "don't do that?" You said you called your boss at 4:00 to tell him the reason you didn't come in was because you were angry . . . Who do you think you were hurting? Did you really believe at 4:00 he was still your "boss?" When you did not show up for work at your designated time that day, you had already terminated your own employment, regardless of weather or not you chose to sign the form. Going to the owner of the company would be another foolish move. Your employment there is over . . . move on and try not to make the same mistakes. A 40 hour work week is not much to ask for by an employer. Don't blame them if you can't adhere to their rules.

Send your inquiries to our new website

www.superiorpersonnel.com Note: Nancy Sakol is a licensed personnel professional and President of Superior Personnel in Gurnee.
Letters can be sent to Nancy Sakol

P.O. Box 268, Grayslake, IL 60030 PLACEML@aol.com

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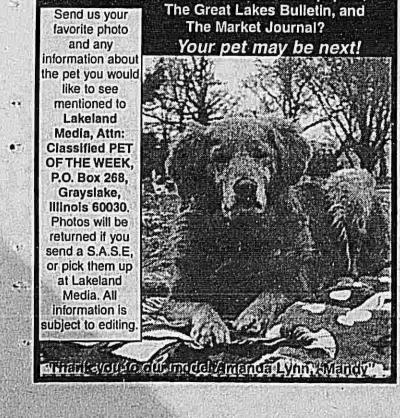
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Antioch, IL

500 Homes For Sale

GRAYSLAKE/HAINES-VILLE 4BR/2.5BA. GRAYS-LAKE Schools, Approx. 2200sq.ft., 2C gar., FP, bsmt., near Metra, \$179,900. (847) 855-5974.

Homes For Sale

**GURNEE 2-STORY ALL** brick and stucco, 2-car attached garage, 5-bedrooms, 4-baths, familyroom, formal diningroom, oak staircase and trim, 2 masonry fireplaces, laundryroom, full basement. Very attractive home in nice location, \$335,000. (847) 623-2870.

**GURNEE SCHOOLS 4-BED-**ROOMS, 2-1/2 baths, hardwood floors, full basement, 2-1/2 garage, many upgrades, by owner, \$209K. (847) 782-1568.

HAINSVILLE FOR SALE by owner Grayslake schools, 3 br 1.5 bath. Must see. Beautiful 2 story full unfinished basement formal diningroom 1st floor laundry, cathedral ceilings, fenced yard cedar deck, ac and april air oak trim throughout, the list and the list goes on. Must see, \$188,900. (847) 548-0870.

HEBRON NEW 3-BR., 2ba, full basement, 2-car garage, city lot, \$144,500. 3%CC. (815) 338-0905.

HOUSE FOR SALE 3-bedroom, aluminum sided ranch. Full basement, C/A, 1-1/2 baths, 2-1/2 car detached garage, 1,186sq.ft. Cemented kennel and many more extras. OPEN HOUSE Sunday May 21st. and June 4th., 2pm-5pm. 8121 17th Ave., Kenosha, Wisc. (262) 658-3465.

ROUND LAKE BEACH 2bedrooms+, remodeled. W/D. Grayslake Schools. \$77,000/OBO. (847) 587-1291 or 847-223-0414.

INGLESIDE THREE BED-ROOM RANCH IN GREAT NEIGHBORHOOD. 11yr. old home is situated on approximately a 1/2 acre lot and is professionally landscaped. The recently stained exterior is cedar sided. The home features central air, 2-1/2 baths, a bar and a terrific familyroom with gas fireplace and wet bar. Both the eating area and familyroom have sliders leading to a large deck. It also offers a full lower level that is partially finished with a large play area and sep-arate home office, which could be used as an additional bedroom. There is also plenty of storage with a large crawl space with cement floor and lights. The home also features a large 2-1/2 car heated garage with work area and storage cabinets. Some recent upgrades include: new hardwood floors, interior and exterior paint, can lighting and ceiling fans. This home is a must see. Asking \$192,500. For further information, please contact the owners, Ralph or Jill at (847) 778-2187 or (847) 546-5809. Buyer agents welcome. Owner is a licensed commercial real estate broker with Hendricks & Partners, LLC-IIIi-

KENOSHA. SEE THE lake view from this waterfront 3 bdrm/2bath, newer 2-story home with full basement. All this for \$167K. Ref. 5926 102nd Ave. Cori/Agent 262-697-3624.

BANK REPO'S-HUD/VAlow down payments-good credit-0% down-call for details. Coldwell Banker (847) 222-6661.

LAKE VILLA 3-BEDROOM ranch with hardwood floors, ceramic tile bath, 2.5 detached car garage, lot size 125x150, \$128,000. Call for more info. (847) 356-0377.

LAKE VILLA, ILL. A HOME TO LOVE AND CHERISH SPARKLING, SPACIOUS AND THE BEST UP-GRADES 3-bedroom, 2-bath open home with 1st. floor greatroom and fireplace plus familyroom with oak bar and stereo speakers. Oak cabinets, floors, doors, trim. Lots of storage. Newly remodeled, new siding, professionally landscaped. All appliances including chest freezer stay, 2.5 car garage and shed on double lot with mature trees plus lakerights. Great location. \$184,900. (262) 537-3011.

LAKEFRONT LIVING ON LONG LAKE 3-bedrooms, 2-1/2 baths, one of a kind, Ingleside home, built in 1991. Large greatroom & open concept kitchen. Low maintenance exterior, mature landscaping plus many extras, Asking \$479,900. Call owner, Wayne Dahlberg (847) 363-3626.

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LEASURE VILLAGE CLEAN cozy 2 bedroom spacious duplex with garage. Neutral dcor berber carpeting Gated adult community with pool, exercise room, club house, tennis court, lake for fishing, planned activities, and bus service, friendly neighbors. Immedaite occupancy. Give us a call. (847) 838-3826.

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Beautiful home on Lake. 4 BR, 2 bath, 23 x 15 Fam. room. Excellent condition, original owners. 2 separate decks, hot tub with privacy fence. Neutral Berber carpet, ceramic tile. Home warranty. \$229,900.

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MUST SELL ROOM, 1-1/2 bath home with 1-bedroom cottage on one acre river front lot. For more information, call (262) 657-7450.

NEW CONDO, 1ST floor, 2 bedrooms, 2 baths, 1 car garage, patio, fireplace, appliances, A/C, Round Lake Beach, \$96,000. 847-546-4705

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Homes For Sale

FOX LAKE HILLS ORCHARD GARDENS . 25290 NEWBER-RY LANE. THREE BEDROOM RAISED RANCH. FEATURES INCLUDE: LARGE FOUR CAR GARAGE CATHEDRAL CEILINGS, SKYLIGHTS, WHIRLPOOL BATH, CEN-TRALAIR, LARGE LOT OVER SIZE FAMILY ROOM, WATER RIGHTS. \$167,900. (847) 587-3165

PLEASANT PRAIRIE. LARGE brick ranch on 1/2 acre. 3 bdrm. w/2-car garage. Nicely landscaped, Ref. 5726 85th. Cori/Agent. 262-697-3624.

RACINE. AFFORDABLE RANCH. 3 bdrm.. Large 2+ garage and big yard. Ref. 1650 Perry Ave. Cori/Agent 262-697-3624.

REDUCED DUE HEALTH 3-bedroom, 2-bath, sunken tub, finished basement with wet bar, fireplace, oversized lot, on cul-de-sac. Was \$179,000, now \$169,000. (847) 438-4923.

**REDUCED TO \$154,000** FOR QUICK SALE. Lake Villa, Chesney Shores, 1800sq.ft. ranch with large room sizes, open floor plan, 3-bedrooms, 2-baths (updated), L-shaped dining/livingroom, familyroom with Lannon Stone fireplace,

1/2 car attached garage, no basement, C/A, new roof, 2-patios, beautiful lakeview with water rights to Chain, short walk to beach and boat launch. Low taxes. Call for appointment (847) 356-3910.

**ROUND LAKE BEACH 3-4** bedroom home, updated kitchen and bath, new decks, new garage, basement ready to finish, ,,900. (847) 812-3118.

Round Lake Park Home For Sale 7 rms, 2/3 bed., large 2 car gar., on double lot C/A, lake rights, low \$70's. (847) 587-5890 & (847) 587-7301

ROUND LAKE, almost new home in Sutton on the Lake. 3BR, 1 & 1/2 baths. Full bsmt, Oak trim package, hardwood floors, 1st floor laundry. All appliances included. Ready to move intol

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SALEM. SEE IT TODAY. Newer country home 4 bdrm/2bath. With a-g-pool. Ref. 26539 103rd St. Cori/Agent. 262-6973624.

GROVE ON SPRING CHANNEL, nice 1-bedroom cottage with fireplace, also large fenced-in backyard, plus boat dock, owner financing, \$89,900. 20% \$750/month. (847) 497-3256, (847) 988-2078.

VERNON HILLS, 3 BR, 2-1/2 bath twnhouse. Newer home backs to lg. landscaped tree lined field. Upgraded carpet & tile. Mstr BR suite. All appls included. Quick possession woith quick closing. \$224,900. JEFFREY KEPHART

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500 Homes For Sale

SPRING GROVE, fabulous custom built stone & cedar. 4 BR, 4 full bath, home on 1-1/2 acres. Upgrades galore. Great rm w/floor to ceiling stone frplc. Multiple skylights, exquisite kitchen, hardwood floors. MBR suite w/frplc, whirlpool bath. \$329,000

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WALWORTH AREA PRIDE of ownership abounds in this beautiful 11 room Victorian home on 5 acres. 4-bedrooms, hardwood floors, original woodwork, pocket doors. New garage. Great yard with Play Station, nicely landscaped. Horses permitted. Many updates. Close to major highways. \$225K. (414) 724-5614.

WAUCONDA FOR SALE by owner, 4-bedroom, 2-1/2 bath. Call for info. Days (847) 296-0302, evenings (847) 526-4522, ask for Mike.

WAUKEGAN 4-BED-ROOM, 3.5 bath, 2.5 car attached garage, 3,000sq.ft., on dead end street, fireplace, cathedral ceilings, must see, \$245,000. Call Larry (847) 249-5245.

WE HAVE THE DREAM HOUSE FOR YOU. Whether first time buyer or empty nester. Like new inside and out. Approximately 1,000sq.ft., home has 2-bedrooms, new kitchen and bath, livingroom with a breath taking view of Lake Tahoe, Burlington, Wisconsin School District. (262) 878-0765 for appointment.

504

**Homes For Rent** 

RACINE 6-ROOM HOME FOR SALE, 2-bedrooms, livingroom, diningroom, bathroom, enclosed porch, fencedin yard, \$54,000. (262) 634-2048.

FOX LAKE/WATERFRONT. 3 bdrm/1 bath. 2-car garage. New dock. Very private. No maintenance. Month to Month or Long-term. Immediate occupancy. \$1,375. Call 847-587-0113 or Cell: 847-774-9291.

ROUND LAKE BEACH, 3 BR, 2.5BA, 1800SF, fam rm, frplc, A/C, gar, 3yrs new, \$1,350/mo. Military welcome. Must seel (847) 550-0299

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Offering affordable housing for qualified applicants. Now accepting applications for our:

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Homes For Rent

LAKE VILLA 2 br., private home on Cedar Lake w/2 car gar. Ideal for married couple w/ ref. non smokers, no pets. \$975./mo. + utilities. (847) 395-1989 after 7pm

Homes Wanted

\* NEED HOME\* LOOKING FOR 3BR house in Mundelein. Up to \$130,000. Call Bob @ (773) 763-9135

I BUY OR LEASE HOMES We will assume your monthly payments. Guarantee all maintenance. No risk or cost to you. (262) 694-7087.

Condo Town Homes

FOX LAKE TOWN HOME BY OWNER. NEAR THE LAKE, NEW WASHER/DRY-ER, DETACHED GARAGE. NO REAL ESTATE AGENT. ASKING. \$63,000. (847) 867-9900

LIBERTYVILLE CORNER CONDO, in Cambridge Square, great location, shows like a model, 3-bedrooms, 2baths, attached garage, new carpet, new appliances, washer and dryer, \$130K. (847) 680-8483.

TOWNHOME 3 BEDROOM, 2.5 bath finished lower level, 2 car garage, oak trim throughout, central air, cathedral ceiling on upper level. \$165,000. Golf course community/Wadsworth. For more information/appointment for viewing. 847-782-1105

VERNON HILLS CONDO, 2vrs. new. 2-br., 1-ba., lots of stor., lg. master w/wic, must \$110,900. (847) see. 549-9831.

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Mobile Homes

14X72 MOBILE HOME with 14x20 addition on large lot, 3bedrooms, kitchen with breakfast bar, large livingroom, washer/dryer, mega storage, large attached deck and two storage sheds. Wheatland Schools, \$20,000. (262) 537-2357, (262) 862-9245.

2 BDRM/1 1/2 bath. Cambridge Ct. Round Lake, New thermopane windows. All appliances, deck, shed & carport. Available now. Asking \$11,500. 847-949-6250.

FOR SALEIII MANUFAC-TURED Home! 1998 Redman Parkmoor II. Doublewide 28x56, approx. 1568sq.ft. Kitchen, living/diningroom combination, laundry/utilityroom. Spacious! Loads of cabinet space. Master bath has large garden tub. Stove, refrigerator, dishwasher and window treatments included. Central air, large deck, and storage building. Well maintained, beautiful home. Must see. Only \$45,000. Located in Oakwood Mobile Home Community, Kenosha, Wisc. Call John VanDenBerge (262) 862-6911 or page (847) 339-9539. VanDenBerge Enterprises.

MOBILE HOME 12X48, newly decorated, stored in Elkhorn, Wisc. Must sell. \$3,750/best. (708) 453-5946.

MOBILE HOME 3-BED-ROOMS, 1-1/2 baths, double wide, in Lake Bluff. Too many features to list. Asking \$34,900/best. (847) 7821960 after 5pm.

MOBILE HOME SPA-CIOUS 4-bedrooms, 1-1/2 baths, excellent back yard for children, double wide, all appliances included. \$22,000/best, financing available: (202) 857-8426: Mobile Homes

MOBILE HOME UPDATED 2-bedroom, 1-1/2 bath, senior park, low lot rent, \$11,900.

BATH MOBILE HOME AVAIL-ABLE. Price includes: refrigerator, stove, set-up and more. \$33,900 (plus tax). Immediate occupancy. Shown by appointment. (847) 566-6690. Financing available, Diamond Lake Mobile Home Park.

home 14x70 with a 12x16 addition, 3-bedrooms, covered deck, 2 sheds, includes appliances. Asking \$27,000/best. (414) 878-2726.

1989 2-bedroom, 1-bath, \$8,900. 1996 2-bedroom, 1-bath, \$13,900. Office trailer, \$4,000. Will deliver within 50 mile radius. (847) 526-5000

WAUCONDA IN TOWN WALK TO EVERYTHING Located in an over 55 community. 1990 1-bedroom, 1-bath, with carport and shed,

with carport, shed and large deck, \$59,900. 1988 3-bedroom, 2-bath

with large carport and shed, \$54,500. (847) 526-5000 leave message.

For Rent

AFFORDABLE ZION 3-BEDROOM home, large yard, good area, garage, appliances, some utilities paid, smoking or pets, \$850/month plus deposit. (262) 634-9387.

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GURNEE/WAUKEGAN NORTH SHORE APARTMENTS At Affordable Prices. Spacious, Luxury Living. Elevators. On Site Staff. Good Location. Easy to Toll Roads. IMPERIAL TOWER/MANOR.

LAKEVIEW \$670-\$785/month. Heat, water, air included. (847) 356-5474.

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WAUCONDA IN TOWN LOCATED IN AN **OVER 55 COMMUNITY** Small efficiency studio, includes all utilities plus cable Television. Available August 1st. No pets. (847) 526-5000

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SLEEPING INGLESIDE, ROOM FOR RENT, M/F, nondrinker, \$450/mo. includes washer/dryer & utils.

off Rt. 59 & 132, \$350/month. Includes cable TV. (847) 973-0128, (847) 401-6111.

12,200SQ.FT. INDUSTRI-AL BLDG. FOR SALE OR LEASE in Antioch, II. Bldg.

Business Property

For Sale

features one ext. truck dock, 400 amp service, 18ft. clear height, 1,200sq.ft. office area. Call Tri-State Realty @ (847) 360-1375 or visit www.tristaterealty.com

19,700SQ.FT. INDUSTRI-AL BLDG. FOR SALE in Lake Villa, II. Bldg. features one ext. truck dock, one drivein door, 16'-21' clear height, 1200amps power, 1,900sq.ft. office area. Call Tri-State Realty @ (847) 360-1375 or visit www.tristaterealty.com

NORTH CHICAGO, 3 unit. All 1 bdrin. Near Abbott. 715 16th St. \$79,900. 847-623-4603.

**Business Property** For Rent

BUILDING FOR RENT 1,200sq.ft. free standing building with 9ft. overhead door, great for car storage, tradesmen, tools/workshop and/or storage, \$650/mo. No landscapers please. (847) 514-9517.

ISLAND LAKE Ideal for landscapers/ contractors, 1,000sq.ft. office with full bathroom facilities, includes 75'x100' outside storage and utilities,

\$975/mo. + sec. (847) 526-5000 leave message.

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STORE/OFFICES 1,560 Sq. ft. Plumbing/electrical in place for DENTAL OFFICES. Shopping strip in Mundelein. SE Corner of Midlothian 312-474-0036

For Rent

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ACRES WOODED, beautiful view, hills and rock out cropping and creek. Good road frontage, \$260K. Brodhead, Wisconsin (608) 897-2639 or mjwalker@broadnet.com

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DAVIS, ILLINOIS CORN-ER oversized (113x197) lakeview lot in Lake Summerset. Boating, fishing, pool, parks. Low taxes. \$32,000. (773) 622-2276.

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HARVARD-BUILDABLE lot for sale. Call for information. (815) 943-4016

LOOKING FOR A LOT? 1 acre lot, Spring Grove, \$2,000 down, no interest or payments for 18 months or will discount for cash. Call owner (815) 678-4228.

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1993 COACHMAN CATA-LINA, 27' 5 th wheel stove, refrigerator, sleeps 6, air, awn-(847) 949-4472

26FT. LAYTON SKYLINE, slide-out room, electric jack, am/fm stereo, TV, microwave, air, mint shape. Location Rock Lake Resort, Wisconsin.

TRAILER, 20ft, Queen-size bed, stove, refrigerator, microwave, air conditioner, tub/showe with surround \$7,500! awning, 728-1728

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VW 1990 CAMPER GL Pop Up. Sleeps 4, stove, fridge, sink w/ith water holding tank. Excellent condition. \$10,600/

WINNEBAGO 1985 MOTOR HOME, 27 ft. Like new, 44,000K miles. Chevy 454 V8, all the upgrades. Call and leave message at

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19.5FT. SEA RAY OPEN BOW, with full mooring cover and EZ loader trailer. Approximately only 500hrs. on boat. Also includes skis, tube, ropes and lackets. Enjoy your summer now. Only \$8,200. (847)

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22' SEA RAY, CUDDY CA-BIN, TRIM TABS, NEW IN-662-5106

Boat/Motors/Etc.

26FT. CARVER FLY-BRIDGE, dual station, 196hrs. TT since new, no damage ever, 260 MerCruiser V8, new lower unit 0 time, EZ loader trailer. (847) 746-2834, cell (847) 702-

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**BOAT SLIPS AVAILABLE on** Fox Lake, Private Harbor. \$600/per season. 847-587-8088.

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HURRICANE 1995 DECK-BOAT, 19ft, 135 HP outboard

.....\$7,700..... (815) 728-7696

1998 SEA RAY 185BR, 4.3L. E-Z Loader. Extended warranty. \$16,500. 847-263-7320. Ask for Art.

SELL OUT SALE Small Propellers, ski vests, accessories. (815) 385-4729.

Camping

17 FT. FORESTER, openbow, black sun lounger. 4.3 V-6. Cobra stern drive. Twin swim platforms. Mint condition. \$8,000. 847-244-7972.

JANESVILLE, WISC. LAKELAND Camp Resort 1984 28ft. Prowler trailer, enclosed porch, heated, 8x24, \$10,000/best. 669-8032 after 5pm.

Sports Equipment

GOLF CLUBS, FULL set, bag, cart and more. (847) 395-1970

Airplanes

1946 LUSCHOMBE BA 65hp, with fabric wings, wood prop and skis. Recent paint and glass. Looks and flies great. \$16,500. 248-8702.

804

Cars for Sale

1979 BLACK Z28, 350 original, power, clean, \$4,700. 1979 Malibu 468, 400 tranny with 4800 stall and trans. brake, line locks, narrow Ford 9", runs 10's, \$5,500. 1966 Impala SS, project, no rust, big block, lots of extras, \$2,200. DRUMS 10 piece Ludwig, 5 cymbal stand, \$800. (847) 331-3673.

BUICK 1990 REGAL GS. \$3,495. 847-623-3000.

1991 CENTURY, BUICK 43,000 miles, 4-cylinder, auto., excellent condition, \$5,500/best. (847) 526-6027.

BUICK 1995 LESABRE. \$8,995, 847-856-3000.

BUICK 1996 CENTURY. \$6,495. 847-623-3000.

BUICK 1998 REGAL LS, loaded, 23,000 miles, \$16,500/best. 244-0669.

BUICK 1998 SKYLARK. \$9,995, 847-856-3000,

CADILLAC 1994 SEDAN DEVILLE, leather seats, like new, 68,000 miles, new tires/brakes, \$13,000/best. (847) 549-0506.

CADILLAC 1991 SEDAN DEVILLE, 4-door, leather in-Estate sale. \$4,500/best. (815) 653-5112.

CHEVY 1990 CAVALIER, 4-cylinder, new A/C, power steering, power brakes, automatic transmission, am/fm, good runner, great mileage, \$1,700/best. (847) 838-4634.

804

Cars for Sale

CADILLAC ALLANTE 1987, pearl white with Burgundy leather interior, matching hardtop, excellent condition, 34,000 miles, new softop and tires, \$15,900. 847-816-3360 days 847-587-9514 eves. Ask for Bob

CHEVROLET 1995 CAM-ARO, black beauty, convertible, loaded, \$9,900. (262) 552-8674.

CHEVY 1985 CAVALIER, 4-cylinder, 2-door, as is, \$500/best. (232) 857-7038, (262) 857-2172.

CHEVY 1991 BERETTA, 86,000 miles, fair condition, but runs great, \$2,900. 1989 Yamaha Exciter snowmobile, good condition, \$1,000. (847) 740-2219.

CHEVY 1996 CAVALIER LS. \$5,395. 847-395. 847-623-3000.

CHEVY 1996 CAVALIER. \$7,995. 847-856-3000.

SILVARADO CK1500 1997, ext. cab, 3 dr. off rd. pkg, very low miles, ext. warranty, Must sell leaving country. Assume remaining lease, or purchase for \$25,500 obo. 414-766-0034 after 6pm

CHRYSLER 5TH AVENUE, 1985 runs great, 125K, \$800 firm (847) 740-3918

DODGE 1996 AVENGER ES. \$8,995. 847-856-3000.

DODGE 1988 DAYTONA Turbo. Auto, loaded, new engine, many new parts. 1,975. (262) 658-3722

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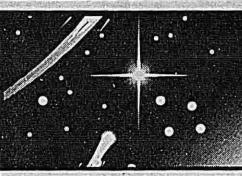


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## July \*

A day of events held at Williams Park including a Children's Fun Fest with

many activities, a 5K Race, an ice cream social hosted by the Lakes Area

Historical Society, all kinds of contests, sporting events, an apple pie baking contest, 25¢ pool admission, and much more. Food sold by local

June 30-July 4 features ongoing activities, music, food and more near the

"Old Fashioned Family Picnic and Fireworks" held at Central Park (across

from Grayslake High School on Lake St.) from 12-10 p.m. A full day of

activities including children's rides, petting zoo, live music, games and

Fireworks held at Great America. Regular admission charge to get in the

park, or just watch nearby for the big fireworks. Will be set off at dusk,

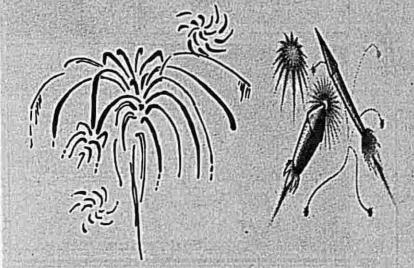
Family Day with activities, music, rides, food (at The Taste of Lake

Zurich) and more at Paulus Park throughout the day. A boat parade will

Parade held at 11 a.m. on Grand Ave., traveling from Grant H.S. to

groups and music performed by various bands and the choir.

Parade at 10 a.m. on Main St., begins at Barrington H.S.



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Firewords held at dusk.

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VILLAGE OF LAKE ZURICH:

Fireworks held at dusk.

be held at 7 or 7:30 p.m. in the park.

Millennium Park.

Sun., July 2

Tues., July 4

around 9 p.m.

Parade held on Main St., time TBA

Fireworks held at Williams Park at dusk.

Fireworks held at Barrington H.S. at dusk.

Call the Chamber at 381-2525 for details.

Fireworks held at Mineola Marine at dusk.

the Taste of Grayslake with various food.

Call the Park District for details at 223-7529.

Sat., July 1 (rain date is Sun., July 2)

Tues., July 4

Tues. July 4

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VILLAGE OF LIBERTYVILLE:

Fireworks and 4th of July Festivities

Day of activities planned at Butler Lake Park and Bandshell. "Juke Box Band" performs at 6 p.m., the Libertyville Village Band plays at 7:45 p.m. Fireworks held around 9:15 p.m.

VILLAGE OF MUNDELEIN:

Mundelein Community Days Festival held from June 29-July 4 featuring carnival rides, food, an arts & craft fair (Sat. & Sun., 10 a.m.-4 p.m.), a parade (Sun. at 2 p.m.), and more. Held at Seymour Ave. and Courtland. Fireworks held at 9:15 p.m. on Tues., July 4. Call 949-3200 for details.

VILLAGE OF ROUND LAKE BEACH:

Tues, July 4 Parade held at 6 p.m., starting at Hawthorne and Cedar Lake Rd., travel-

ing to Softball City. Entertainment, activities and music held from 6:30-10 p.m. at the Metra

Fireworks held at 9:30 p.m. at Metra Station

#### VILLAGE OF VERNON HILLS:

Tues., July 4 Parade held at 9 a.m. in the Deerpath Subdivision.

Live entertainment held at Little Bear Lake in Century Park. Fireworks held around 9-9:30 p.m.

#### VILLAGE OF WAUCONDA:

Mon., July 3 (rain date, Tues., July 4) Food, music and entertainment held in Cook Park. Fireworks held at dusk

#### CITY OF WAUKEGAN:

Tues., July 4

Fireworks held at 9:30 p.m. on the lakefront between Grand Ave. and Washington.

#### CITY OF ZION:

Tues., July 4

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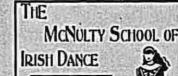
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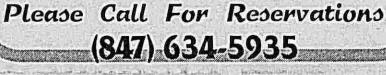
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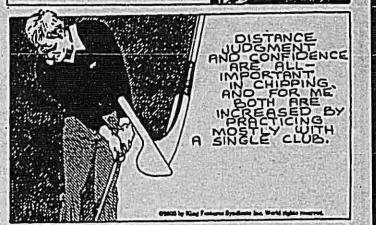
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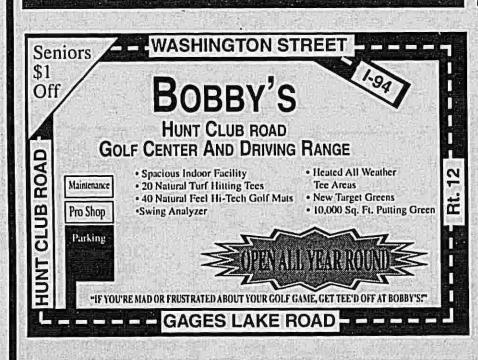
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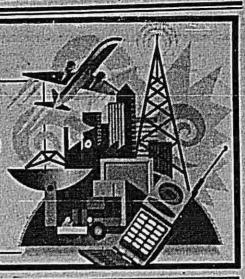


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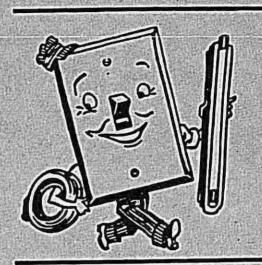
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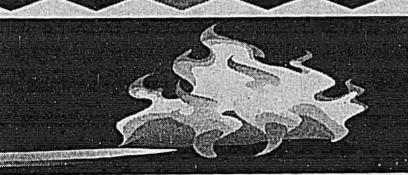
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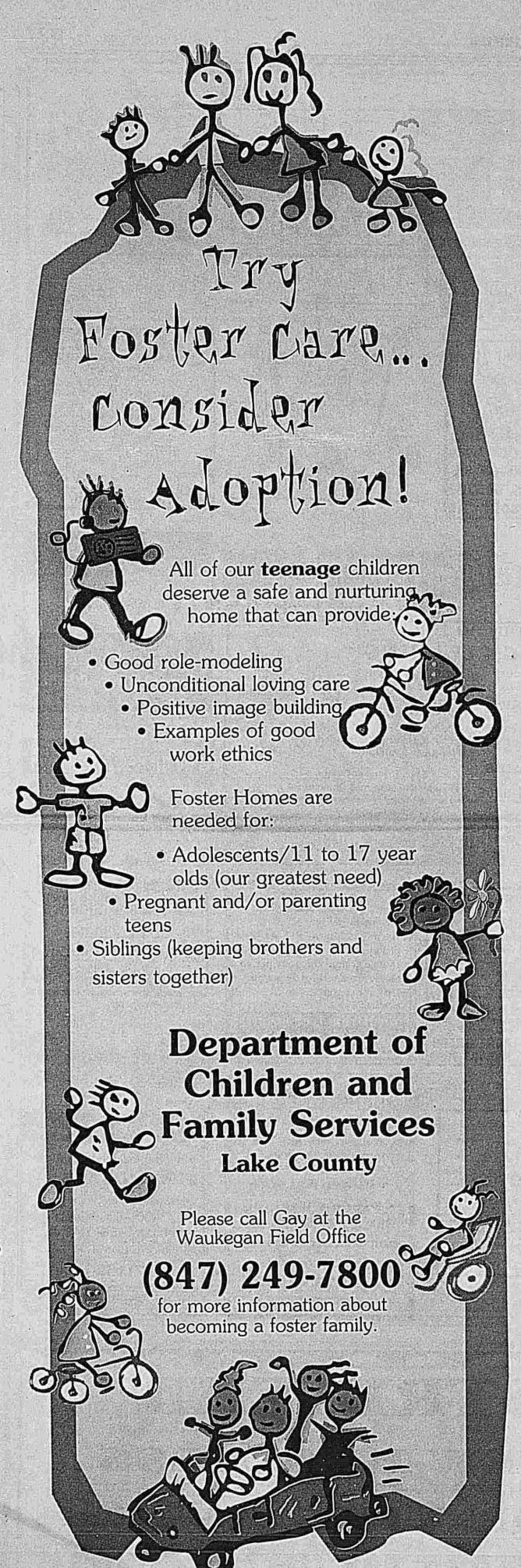
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#### New league seeks to educate

By SANDY HARTOGH Staff Reporter

The formation of a new independent democratic organization has materialized with the intent to educate interested Lake County voters on Democratic philosophies and issues. Vice-chairman of the League of Independent Democrats of Northeast Illinois, Steve Temkin, stated that one of the league's major goals is to build up the Democratic loyalty in larger areas of the county outside of Waukegan, which is traditionally considered to be the focus for local Democrats.

"Active Democrats are, unfortunately, far and few between," explained Temkin. "The existing Democratic organizations in the area are, by nature, dedicated to electioneering. We are an organization just trying to help bring more people in to help with Democratic issues, philosophies and ideas."

Larry McShane, former chairman of the Waukegan Democratic Organization, is the head of the new group.

"We are about policies, not personalities, and our purpose is to better familiarize voters with the issues that can be important to improve their quality of life," stated McShane.

Despite media reports that the group is comprised of members discontented with party leaders, Temkin said nothing could be farther from the truth.

"We were labeled as dissident because we stood against the current (Lake County Democratic Party) chairman, Terry Link. That is water under the bridge now," stressed Temkin. "Our only opposition now is the Republican Party. We all individually and as a group support Link's re-election this November."

Senator Link (D-Highwood) said he did not see the new league as a "group of dissolved members"

"I see the group more as a bunch of people who want to talk about things, and do something a little different on their own as an organization," commented Link, who doesn't see the league as a threat as long as it "keeps working hard for the Democratic Party."

"This is what committeemen are all about, getting the Democratic vote and getting information out to the public about Democratic issues," he continued. "My door is always open to anyone who wants to discuss issues pertinent to helping Democrats get elected."

All the members of the new group are members of local Democratic organizations, and are also committeemen.

Lake County Board member Peggy Shorts (D-Waukegan Dist. 9) is the secretary-treasurer of the political group. Former North Chicago state Rep. John Matijevich serves as a founding director on the league. Ron Molinaro, the Winthrop Harbor candidate who lost his quest to replace Link as party chairman last April, is also a director as well as the special events coordinator of the league.

"I am particularly concerned about the electric peaker power plants that are being proposed in various areas of Lake County," stated Molinaro, who noted that the peaker issue is another example of why "an independent political group like the League should be formed."

Also involved as directors of the league are Bill Shorts, who is a mayoral candidate for Waukegan, and Harold Beadling, a long-time Democratic precinct committeeman from Waukegan.

Temkin said that all of the members intend to retain their current involvement in the regular democratic organization.

"The only thing different about us is that we will be strictly talking about Democratic philosophies," he said. "We also wanted to free up Chairman Link from running some of the day to day responsibilities of his office, so that he can concentrate on bigger issues."

Anyone who is interested in joining the organization can call the league at 604-4108 or by writing to League of Independent Democrats of Northeast Illinois, 3567-B Grand Ave. #308, Gurnee 60031.

Write Us

Lakeland Newspapers wants to hear news of local sporting events, clubs, organizations, etc.

Black and white photos are also welcome.

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### Imaginative children do better at the dental office



Children who have active imaginations may be better equipped to handle stressful trips to their dentists, according to research conducted at Case Western University, Cleveland.

"Children who played creatively and expressed emotion—for example, having two puppets fight and then make up—exhibited fewer signs of stress after dental procedures than those who simply moved puppets around," says Sandra Russ, PhD, professor of psychology at Case Western. "It seems that by playing out problems, imaginative kids come up with creative ways to handle difficult situations."

Dentists, especially those who treat lots of kids, have long known that their little patients need something to distract them while they sit in the waiting room. One of the earliest examples, still found in many dental offices, is the aquarium. Today, many dental offices have special rooms just for kids to play before treatment or while waiting for a sibling or parent.

"You don't want a waiting room that is full of kids who are crying and screaming," says Marvin Berman, DDS, a pediatric dentist who practices on Chicago's Northwest Side. "If you can engage kids in activities before and after treatment, they will not be reluctant to go to the dentist the next time."

Dr. Berman's waiting room could be confused for a playroom at the local kindergarten. It is brightly painted and is loaded with creative furniture, toys, art materials, kids' books, even a piano. "There is something to engage every child," he says.

However, says Dr. Berman, it really should not be the job of the dentist to entertain children so they will not be afraid of dental treatment. Instead, it should be the role of the parent to create a positive image of the dentist.

"Granted, there will be a natural fear of the unknown on the part of the child and we can accept that," says Dr. Berman. "However, children learn fear of the dentist primarily from their

parents and other older relatives. And in some cases, parents use a trip to the dentist as a way to threaten or punish a child, which is deplorable conduct on the part of a parent."

To ease fears on the part of a child, the Chicago Dental Society recommends that parents schedule a dental appointment before the child's first birthday. "Yes that sounds early, but it's important," says Dr. Berman. "During this visit, the dentist instructs the parent on proper dental care, provides instruction to prevent early childhood caries, and checks to make sure the child's oral cavity is developing correctly."

Plus, he concludes, it's a good opportunity to establish a bond between the dentist and child, setting the groundwork for a lifetime of good oral health.

This information is made available to you by the Chicago Dental Society. ◆

#### If your child has problems learning in school, a screening may find the cause

Your child may have 20/20 eyesight but 0/0 vi- 7. Is disorganized and frustrated when sion - the difference is critical.

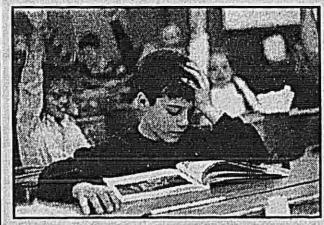
Eyesight is merely the basic ability to see; vision is the ability to identify, interpret, comprehend, and act on what is seen.

Routine vision test performed by school personnel or by most eye care professionals measure eyesight. They do not include the kinds of testing that can find visually related learning problems.

#### COULD YOUR CHILD BE AT RISK?

Our visual processing therapy program can diagnose and successfully treat vision problems that are often reflected in the following behav-

- 1. Unable to sit still; cannot stay on task for any length of time.
- 2. Very clumsy; poor eye-hand coordination.
- 3. Does written work very slowly, often fails to complete a task.
- 4. Has difficulty copying visual material.
- 5. Moves entire head instead of just eyes when reading.
- 6. Reversals for example: confusing the words "was" and "saw" or letters "b" and "d".



- studying visual information.
- 8. Makes frequent, "careless" errors.

If your son or daughter, age six to 16 has one or more of these behaviors, call 847-362-9900 today to schedule a screening for vision-related learning problems. It could be the most important phone call you will make during his or her school years.

#### THE SCREENING INCLUDES AN **EVALUATION OF:**

Visual Memory: The ability to store and retrieve visual information.

Concentration: The ability to maintain a visual task without distractions.

#### Reversal Frequency:

Confusing letters (b,d,p,q).

Visual Integration: The ability to combine visual input with other sensory or past inputs.

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Acuity Defects: Near-sightedness, far-sightedness and astigmatism.

Eye Teaming/Focusing Skills: The ability to maintain clear and single vision at distance and near for prolonged periods of time without discomfort or abnormal effort.

Visualization: Ability to develop a mental picture - closely related to comprehension.

Visual Style: The evaluation of how a person performs a visual task in terms of accuracy, speed, and energy used.

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#### WHAT IS OUR STRATEGY?

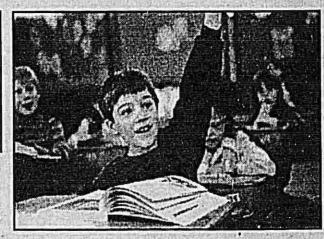
First we test and diagnose a child's visually related learning problems. If a visual handicap exists, a vision therapy program will be developed to meet the child's special needs. Once enrolled in our intensive visual processing program, a child will work on specific goals. A professional vision therapist will conduct carefully sequenced activities to strengthen weak areas in order to bring the "vision system" up to par. The time span for therapy is designed to allow each child to achieve maximum results.

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#### THE TIME TO ACT IS NOW!

If your child is between the ages of six and 16, call us today at 847-362-9900 to set up an appointment for a screening. Any unexplained learning problem is a potential vision-related learning problem. When diagnosed early, visual processing therapy can significantly improve and often alleviate the problem entirely.

The comprehensive screening is available. Can you afford to pass up this possible explanation for your child's baffling lack of success in school? Call 847-362-9900 today. -



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J. Zeman

**Next Screening Date:** Wednesday, July 26th

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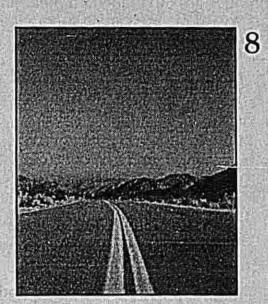
#### contents

Seven-year-old Bethany Gustafson of Hainesville enjoys the June 3 grand opening of Grayslake's Esper Peterson Foundation Family Aquatic Center —Photo by Lynn Gunnarson Dahlstrom





5

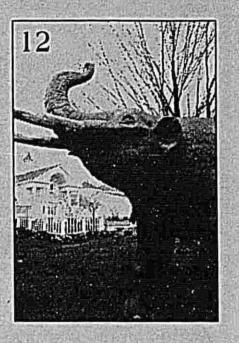




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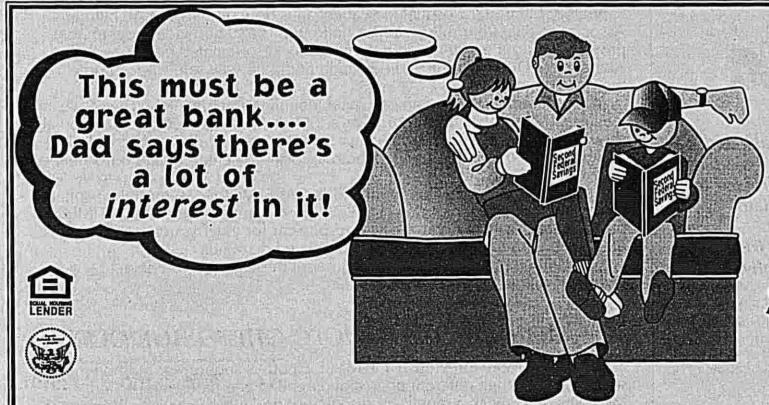


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#### Letter from the Editor



t's summer. I hope you are enjoying Northern Illinois busiest and shortest season.

We are coming to you with a slightly different look this month and inserted into your Lakeland hometown newspaper as part of the Lakeland Media Team.

This month we have a great article on fitness during pregnancy and a place that the whole family with enjoy-the Lake County Discovery Museum. The museum features the Roller Coaster to History and the Lake County Mall of History. These interactive exhibits are fun and hands-on. You'll be enjoying yourself so much, you'll forget you're learning.

We have also included an important article on recognizing the systems or heat stroke and exhaustion and bike safety tips.

Next month, we gear up for a blockbuster back to school issue that is sure to be an attention getter. Looks for articles on technology in the classroom hot fashions and time management (I can use that one).

Enjoy summer. It's a special time of year and family memories are made each day.

Until next month, enjoy your family and make special memories.

Khoule Hetrick Buke

#### Coming Next Month: Back-to-School

#### Suburban Family



Suburban Family is a monthly publication for families in Lake and McHenry County. Suburban Family is published by Lakeland Media, 30 S. Whitney Street, Grayslake, IL 60030. Mail can be addressed to that location, attn: Suburban Family. The magazine maintains a website, suburbanfamily.com and welcomes e-mail. To contact the Suburban Family staff call, 847-223-8161 or e-mail editor@suburbanfamily.com or ads@suburbanfamily.com.

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#### Boot Camp for New Dads set

Boot Camp for New Dads offers the opportunity for rookie fathers expecting their first baby to learn from veteran dads. The program will be held at the Condell Medical Center, New Life Maternity Center, July 8. Class begins at 1 p.m. For information call 847.362.2905, ext. 5407.

#### Prepared Childbirth Classes begin

Condell Medical Center's six-week Prepared Childbirth Class begins July 10 at 7 p.m. For more information call Perinatal Education, 847.362.2905, ext. 5407.

#### Supersitters

Northern Illinois Medical Center is offering a two-part class teaching the responsibilities of being a baby-sitter for kids ages 5th grade and older July 10, 12 at the medical center room 9 a.m. to 1 p.m. Free is \$20 per person. Call 815.759-4200 for more information/registration.

#### Sleepless in Lake County?

Join the Northern Illinois Chapter of AWAKE (Alert, Well And Keeping Energetic), the national organization for individuals who experience sleep-disordered breathing at Condell Medical Center's Sleep Disorders Center, July 11 at 7 p.m. Any person who has a history of sleep apnea, is currently being treated with CPAP, biped or has under surgery for any sleep disorder is invited. Call 847.362.2905, ext. 5187.

#### Parent to Parent offers support

The Families Raising Young Children Program provides special support and education for parents concerned with child development. A meeting will be held, July 19 at 7 p.m. at the Condell Day Center for Intergenerational Care. Call 847.362.2905, ext. 5275.

#### Make Today Count meets

The Make Today Count support group for people and their families who have experienced and who are experiencing a life-threatening illness will meet, July 12 at 7:30 p.m. at the Condell Medical Center. For more information call 847.362.2905, ext. 5129.

#### Learn the pros and cons of laser surgery

Condell Medical Center ophthalmologist Sara Vegh, MD, OD, will discuss eye laser surgery during a Women's Pearl of Health lecture in the Allen Conference Center, 700 Garfield Avenue, Libertyville. For more information, call 847.362.2905, ext. 5770.

#### Caregivers support

A support group for those caring for a disabled older adult or one with dementia such as Alzheimer's will meet, July 25 at 7 p.m. at Condell Medical Center. Call 847.816.4585.

#### Aqua Arthritis Classes

Aqua Arthritis Classes in a warm-water therapy pool help increase range of motion by focusing on strength and endurance within the muscles. The 40-minute classes are offered at 9 a.m., noon and 1 p.m., Monday and Wednesdays; 9 a.m., Friday; 9:40 a.m., 6 p.m., and 6:45 p.m. Tuesday and Thursday and 8:30 a.m., Saturday. Classes are held at the Condell Medical Center Health Institute at the Centre Club. For more information call 847.362.2905, ext. 5741. Cost for the eight-week session is \$96 for two classes a week and \$144 for three classes per week.

#### Victory now offers Safe Return Program

Victory Memorial Hospital in Waukegan is now offering the Alzheimer's Association Safe Return Program. Safe Return is a nationwide program that provides 24 hour assistance in helping lost or disorientated people with Alzheimer's Disease or related dementia find their way safely back home to their loved ones.

The program consists of an engraved identification bracelet or necklace as well as clothing labels which provide a toll-free 800 number for others to call should they find a wandering person. Safe Return also allows for a person's family to send information and a photo to local law enforcement officials should their loved one be missing.

As part of the Victory Community ElderCARE, Victory Memorial Hospital recently began a new program, TIMEOUT: Volunteer Respite Care. TIMEOUT provides free, in-home non-medical respite car for elderly area residents diagnosed with Alzheimer's Disease or related dementia.

For additional information about either of these programs contact Debbie Wolfe at 847.360.4004.

#### Mothers and More offers support

Mothers & More (previously F.E.M.A.L.E.) offers support for mothers sequencing through different phases of parenting and paid employment. Members meet twice a month for discussions and guest speakers. We provide playgroups, mom and tot outings, mom's nights out and more. For more information on the Lake County Chapter, call Nancy at 847-223-9668 or visit mothersandmore.org.



## orenate a Heat Wave

FOR YOUR HEALTH

By Leslie Piotrowski, M.S. Communications Manager, Lake County Health Department Community Health Center

Summer is a great time for outdoor fun and activities. But it is also a time when heat stroke and other ailments can strike with little warning.

"During prolonged periods of hot, humid weather, extra caution should be taken by the elderly, small children, and bedridden or chronically ill persons," said Dale Galassie, Executive Director of the Lake County Health Department and Community Health Center. "They are especially susceptible to heat exhaustion and heat stroke if they are unable to move to a temperaturecontrolled room and remain hydrated."

The Health Department offers these tips to avoid heat-related illnesses:

- Drink extra fluids such as water, fruit juices or lemonade, especially during very humid weather.
- Avoid caffeine or alcohol. Apply at least SPF 15 sunscreen and
- lip balm, especially on children.

   Wear lightweight, loose-fitting clothing (especially made of cotton, if possible) that does not interfere with the evaporation of perspiration.

When outside, wear a hat.

- If possible, stay in an air-conditioned environment during the hottest part of the day.
- Eat small meals and eat more often. Decrease food high in protein, which increases metabolic heat.
- Wear sunglasses with an ANSI rating of 99 percent, and 98 percent UVA protection. These ratings should be found on the label of the sunglasses.
- Wear sunglasses that are either wraparounds or close fitting to prevent the sun from filtering from the side.
- Try to engage in activities that involve strenuous labor in the evening or early morning hours to avoid the hottest part of the day, which is between 10 a.m. and 3 p.m.
- In a home that lacks air-conditioning, stay in the basement or lowest floor, close drapes to keep out the sun, or go to a shopping mall, library or other building that is air-conditioned.

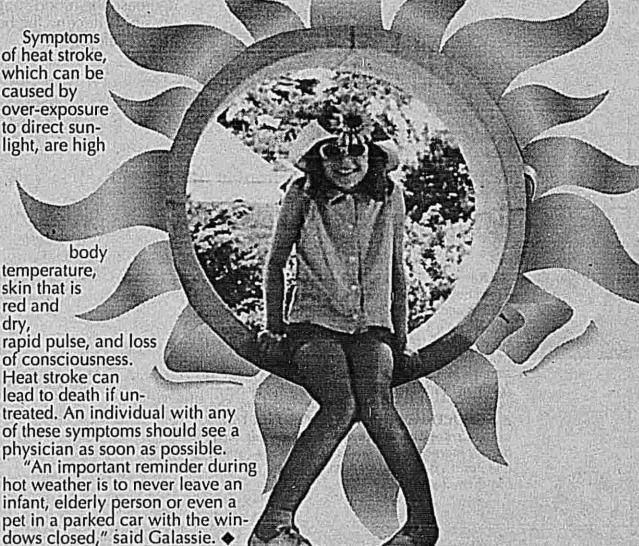
Symptoms of heat exhaustion, which can be caused by spending too much time in the heat, include pale and clammy skin, heavy perspiration, dizziness, weakness, headache or cramps, nausea and fainting.

Symptoms of heat stroke, which can be caused by over-exposure to direct sunlight, are high

body temperature, skin that is red and dry,

rapid pulse, and loss of consciousness. Heat stroke can lead to death if un-

"An important reminder during hot weather is to never leave an infant, elderly person or even a pet in a parked car with the win-



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Fitness during pregnancy

There are many myths associated with pregnancy and exercise. Fortunately that's just what they are - myths.

ongratulations! You're expecting a baby! Your life is about to change in so many wonderful and sometimes challenging ways. Does this mean that you have to shelve your workout gear for the next nine months? No, not necessarily. Pregnancy is the perfect time to continue with your existing exercise routine or even start one. With your doctor's OK, exercising throughout your pregnancy is beneficial for both you and your baby - physically as well as emotionally.

There are many myths associated with pregnancy and exercise. Fortunately that's just what they are - myths. Just because a woman becomes pregnant is no reason to discontinue her workout routine. Updated guidelines from the American College of Obstetricians & Gynecologists (ACOG) - (see box) - allow women to maintain their fitness programs which will benefit both moms and babies. Remember to consult with your doctor first. Only you and your doctor can determine what is best for you and your baby; each mom and each pregnancy is unique.

Exercising during pregnancy has many benefits including feeling good about your ever-changing, ever-expanding body. It's best to keep you workout routine consistent and this is especially true during pregnancy. Mild to moderate exercise at least three times per week is the safest and most beneficial approach. Women who exercised before becoming pregnant can maintain their current fitness levels with this regimen and this is an excellent approach for those new to exercise. Beginners should start with a low-level program. Both the seasoned exerciser and the beginner should avoid exercising to exhaustion. One way to monitor your intensity level is with the "talk test." If you can say a short sentence without gasping for a breath you are probably fine.

gasping for a breath you are probably fine.

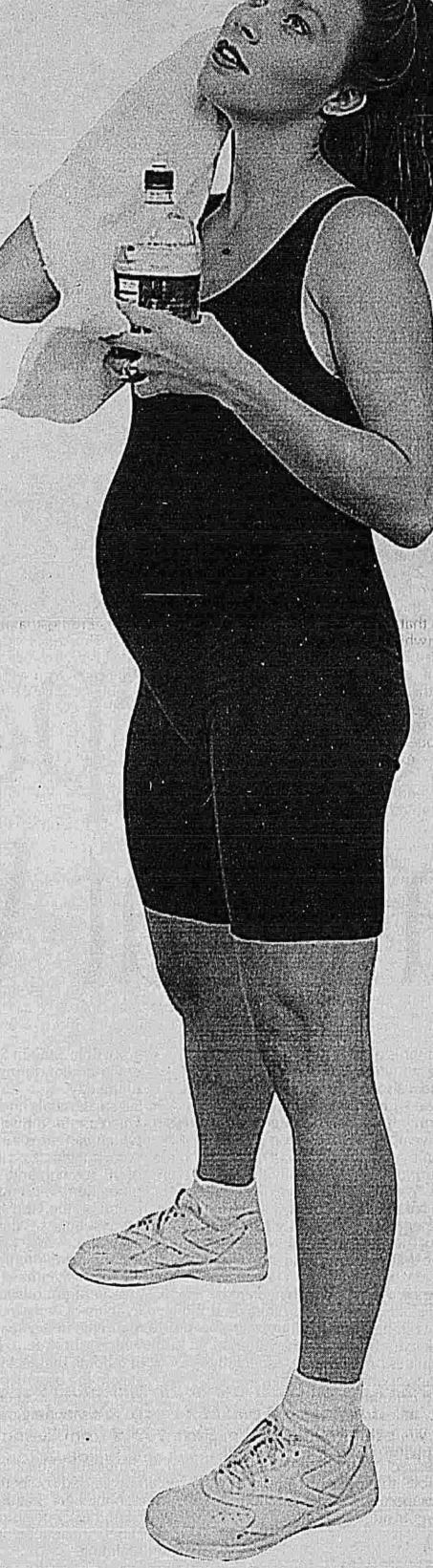
Above all, listen to your body. If you just don't feel up to working out - don't.

Pregnancy puts your body through tremendous changes; you are bringing a new life into the world! If you only workout twice during the week that's OK; two are better than none.

Other points to remember when exercising during pregnancy:

 Avoid exercises that have you lie on your back after the first trimester.

Yes, that includes abdominal crunches!
But you can continue to work your tummy in either a seated or standing position throughout your pregnancy - as long as you are comfortable. The supine position (on your back) can limit the blood flow back to your heart. This could potentially decrease the blood supply to your uterus, possibly affecting the baby's growth and development.





#### **FAMILY FITNESS**

By Karen B. Trush
Trush holds a bachelors degree in Communication
Studies and masters in Marketing Communications.
She is also a Certified Group Exercise Instructor
through A.C.E. (American Counsel on Exercise) and
holds Advanced Personal Trainer Certification
through N.A.S.M. (The National Academy of Sports
Medicine) with specialty certifications in Spinning
(indoor cycling classes), Kickboxing, and Aqua. She
is a Group Exercise Instructor and Personal Trainer
at the Centre Club in Libertyville. Karen has been
happily married to her husband, Tim, for 12 years,
and has a 18-year-old stepson, John, and a son,
Matthew, 2 years old.

"...women who exercise while pregnant tend to gain between 25-35 pounds (the recommended weight goal for most women), have more manageable labor and deliveries, and have an easier time getting back into shape after the birth of their baby'

 Avoid exercising in hot, humid environments and stay hydrated. Drink, drink, drink water! This is good advice any time but it's especially true during pregnancy. For a 20-30 minute workout drink 8 ounces of water before, during, and after.

Beware of overheating During the first trimester it's especially difficult for expecting moms to dissipate heat. Be sure to wear light, loose-fitting clothing and avoid exercising outside during the heat of the day. Workout in an airconditioned gym or get in the water. Try an aqua aerobics class or swim a few laps. The buoyancy of the water will make you feel so good!

Eat!

OB

exel

During pregnancy your body requires additional calories to nourish your developing baby. If you exercise you'll need even more. Try a highcarbohydrate, low-fat snack (a banana, a slice or whole wheat toast) a half-hour before you exercise to help maintain your energy levels.

 Weight training is OK. Completing 1-2 sets of 8-10 repetitions per week can be very

beneficial. Lift enough weight so that those last 2 reps are challenging. Again, avoid exercises that put you on your back after the first trimester. Also, exercises that have you lie on your stomach (which could be impossible!) should also be avoided.

Current research continues to dispel other myths associated with exercising while pregnant. Low birth weight babies, preterm labor, and miscarriage have all been found to be unnecessary worries for exercising moms-to-be. In fact, women who exercise while pregnant tend to gain between 25-35 pounds (the recommended weight goal for most women), have more manageable labor and deliveries, and have an easier time getting back into shape after the birth of their baby. More evidence that mild to moderate exercise is the way to go!

What if you are expecting, or planning on becoming pregnant, and you just don't feel comfortable walking into the gym to start your exercise program? Pre-Postnatal Group Exercise Classes are the ideal setting for you! You'll accomplish your physical goals and your emotional needs will be met as well.

So says Allyson Cayce long-time participant in the pre-postnatal classes taught by Martha Cournoyer at Centre Club in Libertyville. Allyson was unable to exercise with her first two pregnancies doctor's orders - but she has been able to workout all the way through with her current pregnancy. (Allyson is due any day!) She can see and feel the difference!

gained 10 pounds less with this baby, I have made some wonderful friends!" Allyson states that the physical benefits are the last reason why she continues to attend classes. "They keep me sane!" Cayce attributes the comfortable atmosphere to the professional expertise and compassion to the class' instructor Martha Cournoyer.

"Not only have I

"Martha is wonderful and a great instructor. She adjusts the level of the class so everyone can participate no matter how fit you are, " Cayce continues, "Martha makes it a very comfortable environment. Especially when you're feeling a little awkward or uncomfortable with your body." Allyson also says that Cournoyer has been a wonderful resource for her as well as other class participants. Centre Club offers Pre-Postnatal Classes on Tuesdays, Thursdays, and Saturdays from 10:30 - 11:30 am. Call 816-6100 for additional information.

You have many exercise options to chose from - group exercise classes, walking, cycling, treadmills, tennis, hiking, swimming, the possibilities are endless. Pick your favorite and give exercise a try. You could learn to love it and continue long after the birth of your baby! What a wonderful, and healthy, example to set for your children! Stay energized!

Next Month: Staying active during the "dog days of summer!"

Have a family fitness program you'd like to see highlighted? Contact Suburban Family at www.suburbanfamily.com and we'll do our best to feature your activities. • American College of Obstetricians & Gynecologists (ACOG) Guidelines for Exercise during Pregnancy

- ✓ Regular, moderate intensity and duration exercise sessions are preferable.
- Recommended exercises including stretching, stationary cycling, swimming, and walking. Other types are either contraindicated or require modification.
- ✓ Avoid jerky, bouncy and wide-range-of-motion movements and exercises that involve straining, jumping or sudden changes in direction.
- ✓ Don't exercise lying on the back after the fourth month.
- ✓ Five-minute periods of warm-up and cool-down stretching are recommended. Avoid stretching to end of range of motion.
- ✓ Women with sedentary lifestyles should begin with short-duration, low-intensity activities and increase gradually.
- ✓ Stop exercise when fatigued, and consult a physician if any unusual symptoms occur.
- ✓Increase caloric intake to cover the demands of the exercise and take fluids liberally before, during, and after exercise.
- ✓ Avoid environments with excessive heat and humidity when you exercise.



#### Hastings Lake YMCA 20517 W. Grass Lake Road, Lake Villa 847.356.4006

#### The Fitness Center includes:

Treadmills
 StairMasters
 Life Fitness rowing machine

Recumbent Lifecycle bikes
 Cross Trainers

 Lifecycle stationary upright
 Fifteen Cybex weight resistant machines FitSTART 12 week mentoring program - a beginning to a healthier tomorrow

Personal Training for a personalized exercise program

The E ZONE is here now! Tapes, CD's or go online while you workout.

Aquatics Session dates June 12 - August 19. New Preschool and Youth Swim Programs!

Adult Stroke Classes & Adult Beginner Classes.

Set sail for Pirate Family Nyte Camp Friday, July 19th from 7-10 pm. It will be swash buckling fun at Friday Family Night.

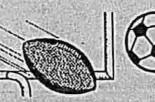


Day & Resident Camp established 1922 • space available June-August

Wilderness Adventure Leadership Experience for ages 14-17. Experience the finest midwest adventures in climbing, caving, and river and lake exploration. Summer Trips 2000 June - August.

> PORPOISE CLUB a cool new club for kids age 11-16. Activities will include swimming, canoeing on the waterfront, climbing the Alpine Climbing Tower, indoor & outdoor sports, hiking and more fun things. Mondays & Wednesdays 3:30 -4:45 pm.

Hastings Lake YMCA offers a comprehensive year round athletic program for boys and girls that is built on the concept of skill development and fair play and FUNI FUNI FUNI





#### Lose 6-20 inches in just 60 minutes

Mineral Body Wraps
 Facials

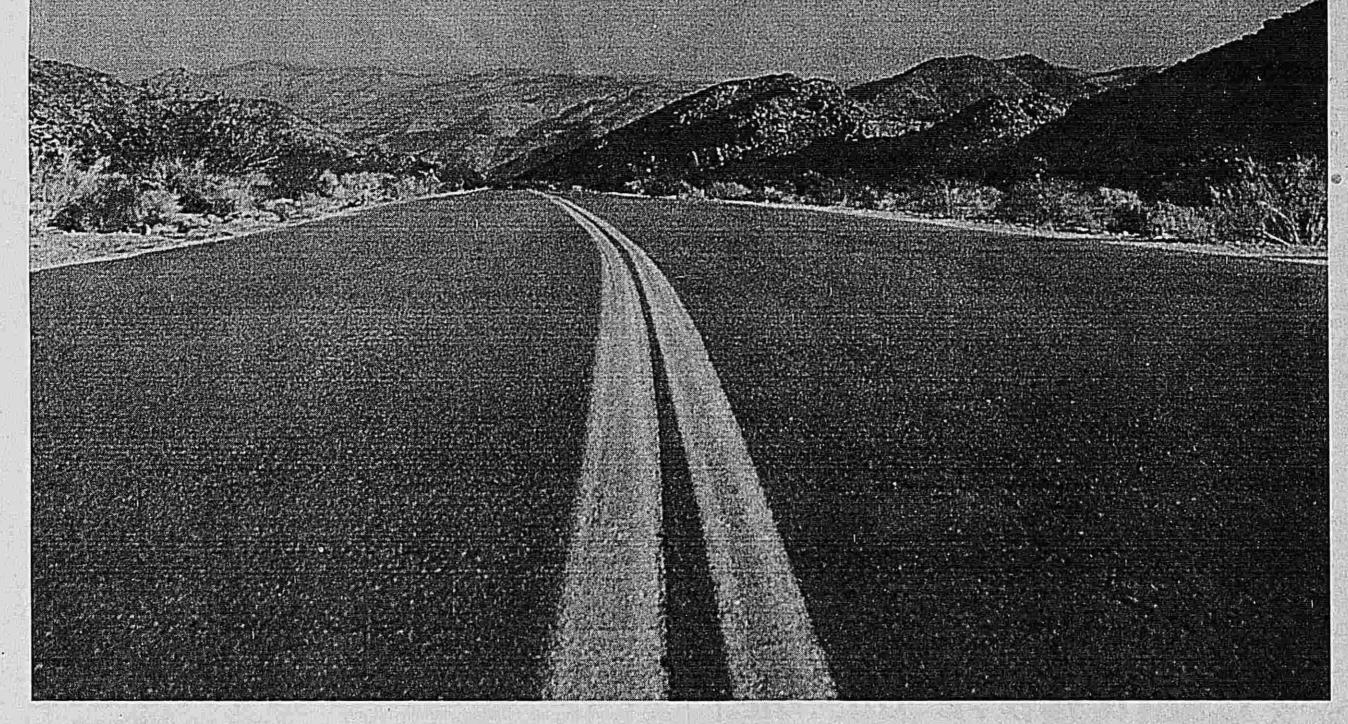
Tanning • Supplements

Join in the fun and celebrate at the Millenium Park on Rollins Road in dowtown Fox Lake on Saturday, July 1st. Visit the Rolling Radio, Star 105.5 from 2-4 pm for FREE RAFFLES to win FREE wraps, facials & Tanning. Also, if you are in the area for the parade, stop in between 9-1 to see what our GRAND OPENING SPECIALS are. Specials are good through 7-20-00 or call during business hours.

Tuesday, Wednesday & Friday 9-5 pm; Thursday 12-8 pm; Saturday 8-1 pm

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# Are we there yet? Tips for traveling with children



#### **FAMILY TIME**

Courtesy of the AAA Chicago Motor Club

Nothing can make a long car trip seem even longer than impatient backseat passengers can.

You're less than a mile away from home, still wondering if you remembered to turn off the iron and lock the back door, when it starts.

"She's sitting too close to me!"
"I have to go to the bathroom!"
"How much farther?"
"Are we there yet?"

Relax and read on.
Following are nerve saving, kid occupying tips to make traveling fun again. Enjoy the ride.

#### Plan Ahead

Vacations are for fun and relaxation, excitement and adventure. They also are great learning opportunities for adults and children alike.

To make the most of travel planning, make you kids a part of the process. Together, study maps and read about the journey. Help your children calculate mileage and travel times. Assign your kids to keep track of mile markers as you reach your destination. Let your children help you make decisions about the vacation: Which day will you visit the water parks? When will you tour the museums? And to teach kids about budgeting, plan a flexible allowance program for the trip (how much to spend on food, entertainment, etc.). This teaches kids geography skills and the responsibility that goes into planning a trip.

#### Before You Go

Safety first! Make sure your house is secured, with all windows and doors locked, appliances unplugged, and mail and newspaper delivery stopped. Ask a relative or trusted neighbor to make periodic checks of your home.

Ensuring your child's safety is critical during a long car ride. Each child should have the proper passenger restraint or child safety seat appropriate for age, height and weight. And be a good role model-wear your safety belt at all times, too.

Make sure your children understand that they should not distract the driver, play with door handles or stick their hands or heads out of the vehicle's windows.

## Get On The Road

On The Road

Short attention spans can lead to short tempers, especially during a car trip. But there is no need to sacrifice a great vacation experience. The key is to

First of all, plan your travels with timing in mind. Travel either early in the morning or later in the day, to coincide with times when your child is sleepy or ready to take a nap.

Plan your travel schedule with enough flexibility for frequent stops, allowing kids the time to burn energy, stretch or take a bathroom break. Stop at rest areas where there is room to run around...restaurants or shops are not the ideal locations for these kinds of activity.

Most importantly, please keep an eye on your children when you're taking a break from the road. Unfortunately, being in an unfamiliar place means unfamiliar surroundings and people, increasing the chance of a child getting lost, or worse. Teach your child "stranger danger" tactics. It's wise

to be cautious.

Combating The Roadside Blues

Packing a few essentials is your trip's saving grace and the perfect antidote to a weary underage traveler. Simple toys, games, snacks, blankets and pillows are just a few of those essentials.

The best toys and games for car rides are ones that don't involve lots of little pieces, aren't fragile and don't make a lot of noise. You don't want to spend your vacation hunting under car seats for puzzle pieces or picking up pieces of glass.

Card games, books, paper and crayons, and pocket-sized electronic games are great for the road. Or, give kids a map to the destination and have

them color in the route according to road signs. Make this into a gamewhoever marks the route most accurately wins a prize.

Another incentive to combating antsy kids is to give the children 20 dimes each before starting the trip. Each time someone asks, "Are we there yet?" he or she has to pay the adults one dime. They earn their coins back when they do something nice, such as letting the sibling sit where he or she wants. Whoever has the most dimes at the end of the trip wins!

As for car snacks, natural is best, and cleanest. Encourage your child to drink bottled water in the car rather than juice or soft drinks. If there is a spill, which is nearly inevitable with kids, there is no sugary mess to worry about.

Granola bars, prepackaged nuts, dried fruit, yogurt and crackers are not only healthier but don't have as much refined sugars as their candy

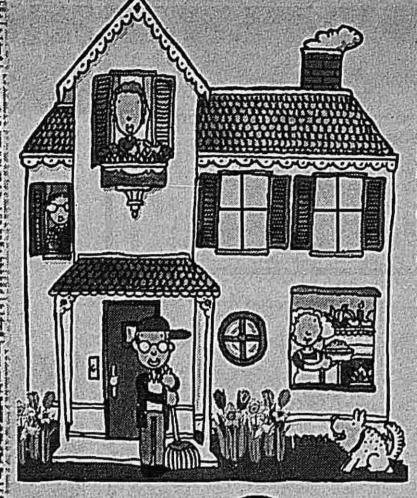
bar counterparts. Some children are prone to carsick-

ness. Keep the car cool and well ventilated. Close activities such as reading also can contribute to the condition. If the problem is chronic, you may want to consult your doctor regarding motion-sickness medication.

Tourist Information

Following are telephone numbers for state tourism departments. They can provide travel-planning advice: Illinois Tourism Office: (800) 223-0121 Indiana Tourism Development Division: (800) 289-6646 Wisconsin Travel Information: (800) 372-2737 Michigan Travel Bureau: (800) 5432-YES ◆

#### Start a new day at Hillcrest!



Everyday is a new day at Hillcrest Nursing Center. Give your loved one the quality of life they deserve in a comfortable, modern home with many fun activities and recreational outings.

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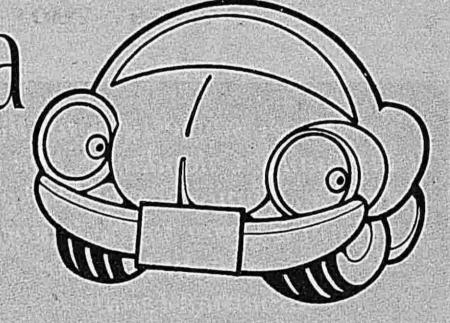
(847) 546-5300

Visit Us Today! 1740 N. Circuit Dr. Round Lake Beach

#### Teen Scene

Adolescent & pre-teen issues

## 11 steps to ensuring a safer teenage driver



#### **TEEN SCENE**

Courtesy of the AAA Chicago Motor Club

Teaching a teenager to drive involves much more than a set of keys and gas money.

The AAA-Chicago Motor Club, in conjunction with its "Teaching Your Teens to Drive" curriculum, has developed guidelines for implementing a successful parent-teen driving experience:

Be an example. Behavior is learned, not innate. Don't expect your child to behave differently than you do when driving or caring for a vehicle. If there are preteens in the family, prepare them to take responsibility for cars and driving as a part of growing up.

Be clear. Go over the contract with your son or daughter. Fill in the blanks where applicable. Explain the regulations. Listen to your child's point of view. Link driving privileges to school performance and overall behavior. Emphasize consequences of failure to meet contract provisions. Clearly e: ain that irresponsible behavior i unacceptable.

**3** Be positive. Emphasize your concern for your child's safety and welfare, your hopes for your child's future. Explain your expectations concerning responsible behavior and that driving is a privilege and a reward for responsible behavior.

Be vigilant. Let your teen know that you will both be inspecting T the car for compliance with maintenance requirements (tires for wear and tear, fuel level and mileage before and after child uses car) and for any damage. Review the rules regarding drinking or other drug abuse and driving.

 Be prompt. Act quickly if there is an infraction of the agreement. The longer you wait to impose consequences, the weaker the link to behavior. Delaying can be perceived as a sign of weakness.

BE FIRM, BUT GENTLE. Let the contract do the talking. Express Odisappointment when rules are broken. Do not negotiate consequences. for infractions. Do not change your mind. Let your anger show, but do not allow it to take over. Avoid name calling. Your power is in enforcement of the agreement. Loud accusations cause resentment and alienation.

BE CONSISTENT. Punish each infraction the same way each time it occurs. Both parents must provide a united front on issues. Do not allow yourselves to be divided and conquered. Your credibility and the power of the agreement will be weakened if you are not consistent in your enforcement and application of consequences.

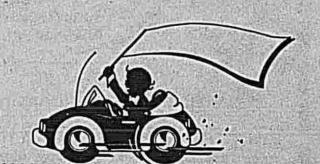
O BE FAIR. Get all the facts before you take action. Inform your child that other families are also using the parent-teen agreement and that he or she is not being singled out as an exception.

**O**BE FLEXIBLE. Be careful not to allow exceptions too frequently, otherwise your exceptions become the rules, and your agreement loses its

power. Beware of the tradeoff game. Avoid negotiating with your child wants for extra driving time.

BE IN CONTROL. Be alert for games: On strike: "I won't study of you won't let me have the car." Nobody likes me: "This is the only way I can make it with the group." The tickets are bought: "Now you'll make all of us waste money."
The excuse game: "We ran out of gas."
"I had to take everybody home."

BE FORGIVING. Your love must be unconditional. The contract provides for withholding privileges, not withholding love. ◆









If you have suggestions for the Community Calendar section of Suburban Family or would like to submit a Letter to the Editor, please submit them to:

Suburban Family

30 S. Whitney St.,

Grayslake, IL 60030

or email Rhonda Burke editor@suburbanfamily.com



## Community Calendar Events for the family datebook

#### July

#### l Fox Lake Fair & Fireworks



First annual Trends
to Treasure Fair in
downtown Fox
Lake. Fair will
feature Clowns,
Face Painting,
Crafters, Live Music
& Refreshments. Followed by the Fourth
of July Fireworks at
Mineola Bay on Fox
Lake. Rain date July
2nd. After sunset.

#### l River of Maples

Canoe the Des Plains River and find out why Native Americans called it the River of Maples.Check

River of Maples.Check out the changing landscape and play wildlife bingo. 12:30-5 p.m., adults and families with children ages 10 and older.

Oak Spring Canoe Launch, \$45 (\$35 for Lake County residents) per person, includes snacks and equipment.

#### Evenings Music of Summer

Evening Concerts in Butler Lake Park, Libertyville. Close to home and with a variety of entertainers, the Libertyville Parks & Recreation Department presents its Music of Summer concerts. The setting for these free concerts is beautiful Butler Lake Park, on Lake Street. If you're a "dinner and show" devotee, bring along a picnic dinner and really enjoy these evening extravaganzas. Please remember that alcohol is not permitted on the park-grounds. These popular shows have been lined up for young and old alike so bring your whole family. Arrive early with your folding chairs, lawn blankets, and games. Invite your friends. Meet your neighbors. Enjoy outdoor live music on a summer evening! We will be there, rain or shine. July 2, Sunday, 6:00 - Dave Rudolph July 4, Tuesday: 6:00 pm...Juke Box Band, 7:45 pm...Liberiyville Village Band, 9:15 pm...Fireworks Display



#### 7 & 8 Car Show

Scoop the Loop presented by North Shore Rods, Inc. Car show, kids fest,

concessions and food vendors. Scoop fee: \$10 for both nights (member), \$12 (non-member). Pre-registration starts June 1st. Entertainment by World Class Noise on Friday night and British Imports on Saturday night. Info call: 847-336-1947.

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#### July

#### 8 & 9 Civil War Reenactment

Lake County Museum, Lakewood Forest Preserve. See battles, how soldiers and families lived at this authentic camp.

## Weekends Millennium Celebration of Shakespeare

Celebrate the works of Shakespeare at Barat College in Lake Forest, July 14-16; 20-23 and 27-29. For more information visit www.barat.edu.



#### 14 Hidden Galaxies

Join Professor Andrew
Rivers of Northwestern
University and the
Skokie Valley
Astronomers for
indoor programs of
stargazing with club
telescopes. All ages
invited, free, reservations
not required. 8-9:30 p.m. at
Ryerson Woods, for more
information call Gretchen Patti
at 630.393,7929.

#### 15 Native Americans of Lake County



Examine the Native
American's of Lake
County's past. Learn
about the different
tribes that were here
and how they lived
with plants, animals
and settlers. 1:30-3:30
p.m. at Old School
Forest Preserve. Adults
and families with children 8
years and older. \$4 (\$3
for Lake County residents).
Reservations required,
call 847.968.3321.

#### 16 Voyageurs

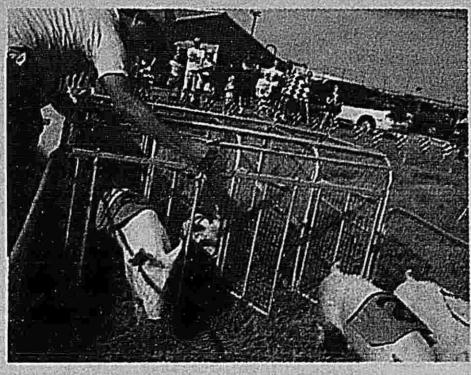
Join the Lake County Forest Preserve staff for a trip back in time as you paddle Sterling Lake like the fur traders did in the-1740s. Noon- 1:30 p.m., families with children 4 and older. \$6 (\$5 for Lake County residents). Reservations required, call 847.968.3321.

#### 22 & 23 Art Festival

Long Grove Art Fest, Long Grove. Displays of local artists, arts and crafts.

#### Adate to remember Lake County Fair July 25 - 30

Visit the Lake County Fairgrounds in Grauslake (near the intersection of Routes 45 & 120) for old fashion family fun. From the 4-H exhibit bams, to the midway and information booths from various organizations including area businesses, the Lake County Forest Preserves and services from governmental agencies.See the Miss Lake County Fair Pageant, demolition derby, motorcross racing and much, much, more. Day passes available.



#### July Hunters and Scavengers

Learn about birds in this indoor/outdoor program. Explore how they get food in

the summer, and experience first-hand some of their feeding styles. 10-11:30 a.m., families with children 4 years and older. Reservations required, call 847.968.3321.



#### June 29-July 4 Mundelein Days



Santa Maria parking lot Celebrate the Fourth of July weekend with a carnival, great food entertainment, kids activities and a craft fair.

#### July & August 19 - 23 Summer Celebration, Vernon Hills

Enjoy carnival games, great food and five days of concerts including: American English, KoKo Taylor, Rick Springfield, John Barry and Billy Dean and Suzy Bogguss and K.C. and the Sunshine Band



Adler Cultural Center's Festival of Arts Central Park, Libertyville, 1 to 5 p.m. Two days of live performances and art exhibitions.





#### Fair & Fireworks

First annual Trends to Treasure Fair in downtown Fox Lake. Fair will feature Clowns, Face Painting, Crafters, Live Music & Refreshments. Followed by the Fourth of July Fireworks at Mineola Bay on Fox Lake. Rain date July 2nd. After sunset.

#### Family Picnic & Fireworks

Central Park in Grayslake from Noon to 10:00 pm. Kiddie rides and ponies, climbling wall, face painting, dunk tank, petting zoo, balloon scultping & carnival games. Featuring the "Taste of Grayslake." Followed by Fireworks at dusk.

Mundelein 4th of July parade

4th of July parade in Mundelein, July 2, 2 p.m. downtown on Hawley Street.

#### **Vernon Hills** Parade & Fireworks

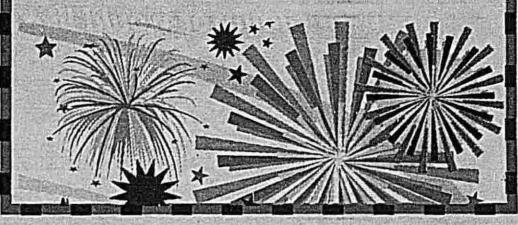
Parade in Vernon Hills at 9 a.m., Deerpath Subdivision. Vernon Hills Fireworks in Century Park at Little Bear Lake 7p.m., July 4.

> 3 & 4 4th of July Festival

Fourth of July Festival at Great Lakes Naval Training Center in North Chicago. Carnival rides, circus, food and live entertainment on the grounds of the training center, Rte. 137 and Sheridan Road. Fireworks/laser show both nights. Musical headliners include the Doobie Brothers on July 3 and the Charlie Daniels Band and the Marshall Tucker Band on July 4. Free Admission.

#### Antioch Old Fashion 4th

July 4th in Antioch. Old Fashion 4th of July - all day. Parade downtown Antioch. Festivities at Williams Park.





"All Cartoon Characters"

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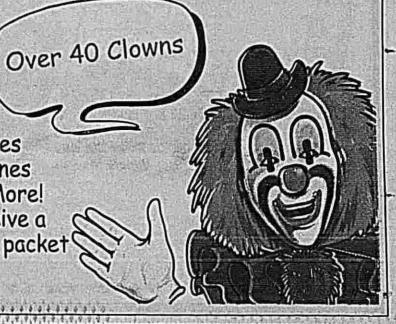


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## Making history fun: Discover a whole new interactive Lake County Museum

The new Lake County Discovery Museum is much more than just a showcase of historical artifacts, it is a place to discover a whole new world of the past and present through interactive displays and exhibits.

"Museums need to be much more than keepers of cultural and natural heritage," said Jan Gallimore, director of the Lake County Discovery Museum. "In today's crowded leisure marketplace, coupled with increased competition for limited public and private funds, we are now challenged like any brand marketer to find ways to make our product-the museum and

its contents-stand apart."
The Lake County Museum's three-year, \$2.1 million redesign was unveiled in mid-June. With the help of the nationally recognized design team of Abrams, Teller, Madsen/EDE

Corporation of Chicago, the project employed a marketing mind-set to pull in patrons, keep them active and intrigued and bring them back for more. The new design embraces entertain-

ment value and interaction to present knowledge, history and the enormous million-plus Curt Teich Postcard Archives, the nation's largest postcard collection, in a way that appeals to all

The museum embarked on a new exhibition project by including its potential customers in the planning process. Focus groups were conducted with the museum's target audiences, including families with children, primary and secondary schools and tourists.

The museum staff and the design team were charged with creating exhibits that would be experiential and exciting.

#### Roller Coaster of History

A simulated roller coaster ride, complete with movement and noise to enhance the experience, is the first point of interaction with visitors. The feature plays off the target audience's fascination with amusement parks and the region's reputation as a vacation destination.

The Vortex Roller Coaster to History is designed to immediately plunge attendees into history with a 10-minute multi-media presentation. Visitors ride through 12,000 years of history and back again, as the country's development, progress and contributions unfold across the screen.

"An interactive feature allows museum visitors to

#### Mall of History

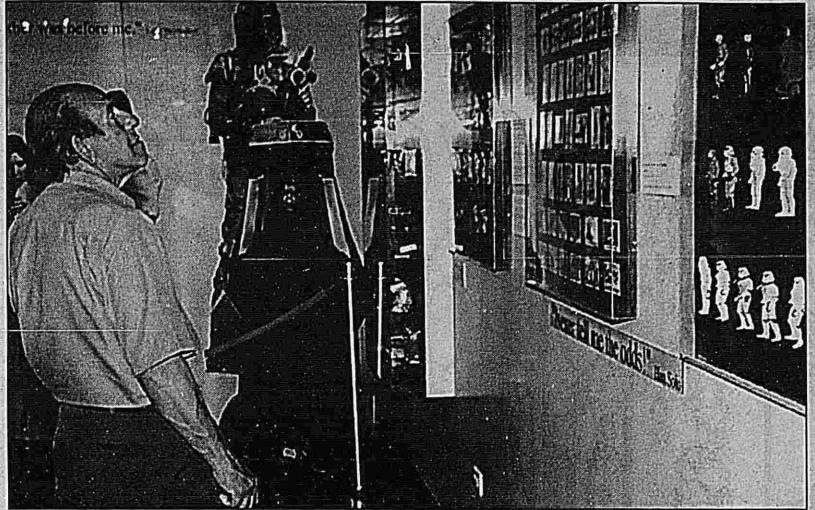
The Mall of History features 11 storefronts covering important historical topics, achievements and personal stories. Visitors can "window shop," choosing to walk-in stores that pique their curiosity.

People in history are present in the form of portraits, images, figures or narrators. Concept cards can be used to unveil even more interactive components in the form of audio and video presentations.

'We broke away from the traditional chronological presentation of information and created a way to showcase Lake County's local, national and international contributions through groupings that emulate a popular and familiar cultural icon - stores in a shopping mall," said Frank Madsen of the design team.

become a part of history be sending an instant electronic postcard to friends and family."

Eugene and Karen Cook of Round Lake in the Millions



Grank Greco of Island Lake looking at Star Wars memorabilia donated by residents of Lake County at the special exhibit gallery. - Photo by Candace H. Johnson

#### Millennium Moments in Lake County History

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Illinois becomes a state 1818

Signing of the Treaty of Chicago 1833

1834 First African-American settler, Amos Bennett, arrives

First organized school 1836

Coming of the railroad to Waukegan, 1855 first and only railroad station

Great Train Robbery in Rondout 1924

Private Lake County Museum of History 1957 opens in Wadsworth

Great America theme park opens for the 1976 nation's bicentennial

Lake County Museum reopens as the 2000 Lake County Discovery Museum

#### **Lake County Discovery Museum** Route 176 & Fairfield Road • Wauconda

Hours of operation: Monday-Saturday, 11 a.m. - 4:30 p.m. Admission: \$5 for adults, \$2.50 for children (under 3 free). On Tuesdays, adults pay half-price, children are free.

#### What you can see at the Lake County Discovery Museum

- 420 million year-old fossil rock
- One thousand year-old pottery fragment
- Mexican mask used in Los Viejitos dance by the Ballet San Jose of Waukegan
- 1930s dance floor remnant from Ray Brothers Resort in Diamond Lake
- 1898 model ship one of the first special effects props used in motion pictures
- 1900s chair of the founder of Zion
- 1956 cornerstone from the Booker T. Washington Club, a social and civic organization for minorities, but the club
- welcomed people, "young and old, Black and White" 1,000 plus postcards from around the world
- Shaving mugs from the Waukegan barber shop where Abraham Lincoln had his last shave
- Memorabilia from local movie stars- Jack Benny Ann Margaret and Marlon Brando
- An 11-foot Mastodon

#### Lake County Fun & Education

#### Bringing the World Home

One of the goals of the renovation was to heighten awareness of the museum's world-renowned postcard collection.

"The Curt Teich Postcard Archive has a strong reputation among the academic and collector communities for its vast collection," Gallimore said. The Curt Teich Postcard Archives, covering 1893-1978, is one of the largest public collections of postcards and related materials in North America. There are more than one million images illustrating more than 10,000 towns and cities alone.

"The postcard archives are coupused and really at a classification."

"The postcard archives are so unusual and really struck

a chord with the target audience," Madsen said.

The Bring the World Home exhibit literally surrounds visitors with images stretching from floor to ceiling. An electronic menu enables visitors to highlight pieces of the collection that catch their eye. Visitors will also learn about the history of postcards, the Curt Teich Company of Chicago and the significant role postcards have played in documenting the 20th Century. An interactive feature allows museum visitors to become a part of history be sending an instant visitors to become a part of history be sending an instant electronic postcard to friends and family.

"The Lake County Museum renovation is at the forefront of pushing the envelope of museum design," Gallimore said. "We hope it will serve as a model for other museums and parks and an effective way to present cultural and social history and knowledge."



Christina Gilroy of Barrington with daughters, Alexandria 9, Andriana 11, looking at the carnival barker. - Photo by Candace H. Johnson



#### **FURY SOCCER ACADEMY** (847) 587-7108 - Contact Mary Bradley www.furyacademy.com



First Kick: An introduction to soccer for 3-6 year olds and their parents - includes parental participation. Learn the basics of soccer with your child!



School Soccer: Fun soccer programs for children, at the end of the school day.



Aug 7-11

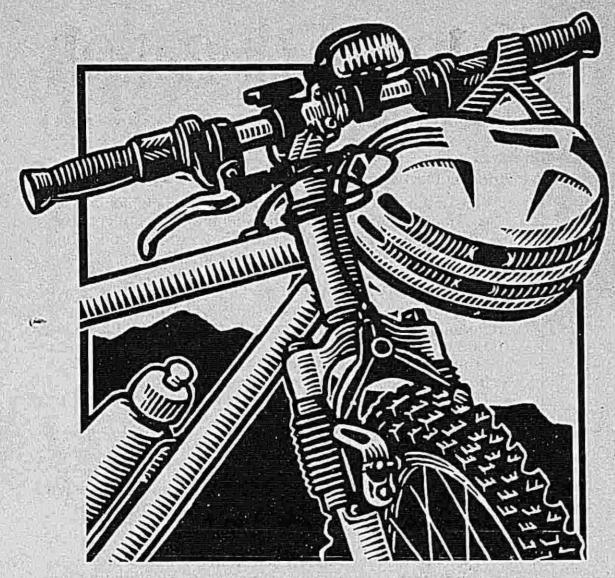
Fun Camps: Fun soccer/sports camps during school holidays.

#### Fun Soccer Camps:

Wed - Fri 9 am - 12 noon 9 am - 12 noon July 10-14 Mon - Fri July 24-28 9 am - 12 noon Mon - Fri July 31-Aug 4 Mon - Fri 9 am - 12 noon Willow Grove School, Buffalo Grove College of Lake County, Grayslake Willow Grove School, Buffalo Grove Willow Grove School, Buffalo Grove Willow Grove School, Buffalo Grove

#### **Enrolling now!**

9 am - 12 noon



### hy you should wear a helmet when bicycling

#### **FAMILY RESOURCES**

Courtesy of The Bicycle Helmet Safety Institute

The Two Minute Summary

- You always need a helmet wherever you ride. You can expect to crash in your next 4,500 miles of riding, or maybe much sooner than that.
- Even a low-speed fall on a bicycle path can scramble your brains. Laws in 15 states and over 50
- localities require helmets. Make sure your helmet fits to get all the protection you are paying for. A good fit means level on your head, touching all around, comfortably snug but not tight. The helmet should not move more than about an inch in any direction, and must not pull off
- no matter how hard you try.

   Standards are no longer a big issue. Look for a CPSC sticker.
- Pick a bright color for visibility to be sure that motorists and other cyclists can see you.
- Common sense tells you to avoid a helmet with snag points sticking out, a squared-off shell, inadequate vents, excessive vents, an extreme "aero"
- shape, dark colors, thin straps, complicated adjustments or a rigid visor that could snag in a fall.
- We have a specifications guide if you need to check on available sizes, warranties, etc.

#### IF YOU HAVE SIX MINUTES, PLEASE READ ON!

Six Minutes More Your brain is worth reading this!

Need One? Yes!! Experienced, careful bicycle riders crash after 4,500 miles on the average. Nobody expects to fall, but in time you will too. When you do you must have head protection, since head injury causes 75 per cent of our 900 annual deaths from bicycle crashes. Road rash and broken bones heal; scrambled brains may not. Medical research shows that '88 per cent of cyclists' brain injuries can be prevented by a bicycle helmet. There are other benefits. Car drivers see you better and give you more respect. So do other riders. And helmets may be required by law in your area.

How Does a Helmet Work?

A bicycle helmet reduces the peak energy in a sharp impact. This requires a layer of stiff foam to cushion the blow by crushing. Nearly all bicycle helmets do this with expanded polystyrene (EPS), the white picnic cooler foam used to protect eggs and computers. Once crushed, the foam does not recover. Spongy foam is added inside for comfort and fit. Another foam, expanded polypropylene (EPP), does recover, but its use is spreading slowly.

It may have some undesirable "rebound." An stronger EPS called GECET appeared in 1992 and is widely used now. A third foam called EPU (expanded polyurethane) is used for helmets made in Taiwan. It has a uniform cell structre and good crush without rebound, but is difficult to manufacture and not used much in the U.S. The helmet must stay on your head even when you hit more than once—usually a car first, and then the road. So it needs a strong strap and an equally strong fastener that cannot be jiggled open. The helmet should sit level on your head and cover as much as possible. Above all, with the strap fastened you should not be able to get the helmet off your head by any combination of pulling or twisting. If it comes off or slips enough to leave large areas of your head unprotected, adjust the straps again or try another helmet. Keep the strap comfortably snug

What Type do I Need?

when riding.

Most current helmets are basically all EPS foam with a thin plastic outer shell. The shell helps the helmet skid easily on rough pavement to avoid jerking your neck. The shell also holds the EPS together after the first impact. Some excellent helmets are made by molding the EPS in the shell rather than adding the shell later. Beware of marketing gimmicks. You want a smooth plastic outer shell, not the alternating strips of plastic and foam on the outside of Bell's stylish 1997 "Evo Pro" model. Excessive vents mean less foam in contact with your head in a crash, which could concentrate force on one point of your skull. (U.S. standards don't test for that, so it's your judgment call.) "Aero" helmets are not noticeably faster unless you ride at competition speeds, and the "tail" could snag in a fall. There is no real advantage to using titanium in a helmet. Dark helmets are hard for motorists to see, and even those silver stripes on many helmets that look refelctive are not. Skinny

straps are less comfortable. Few riders need visors, which can snag or shatter in a fall. Mirrors are a necessity, not a gimmick, but they need a breakaway mount. The wire type mounted on eyeglasses can gouge your eye in a

Standards

A sticker inside the helmet tells what standard it meets. Helmets made for U.S. sale after March 10, 1999 must meet the US Consumer Product Safety Commission standard, so look for a CPSC sticker. ASTM's standard is comparable. Snell's B-95 and N-94 standards are tougher but seldom used. The weak ANSI Z90.4 standard is dead. Fit is not certified by any standard, so test that on your own head. Vi-

sors are not tested for shattering or snagging in a fall, so you are on your own there.

Comfort Requirements Coolness, ventilation, fit and sweat control are the most critical comfort needs. Air flow over the head determines coolness, and larger front vents provide better air flow. Most current helmets

have adequate cooling for most riders. Sweat control can require a brow pad or separate sweathand. A snug fit with no pressure points ensures comfort and correct position on the head when you crash. It may take a half hour of wearing to feel pressure points. Weight has not been an issue with today's thin shell helmets.

Prices and Where to Buy

When you pick up a helmet, look first for a CPSC sticker inside and a smooth shell with a bright color outside. Put it on, adjust the pads and straps, and then try hard to tear it off. Look for vents and sweat control. Helmets sell in bike shops or by mail order from \$20 up, or in discount stores for less. A good shop helps with fitting, and fit is impor-tant for safety. But a discount helmet can be equally protective if you take the time to fit it carefully. Helmets are cheap now, so don't wait for a sale.

When Must I Replace a Helmet? Replace any helmet if you crash. Impact crushes some of the foam, although the damage may not be visible. Helmets work so well that you need to examine them for marks or dents to know if you hit. Most manufacturers recommend replacement after five years. We think that depends on usage, and most helmets given reasonable care are good for longer than that. But if your helmet dates back to the 70's, it's time to replace it. Replace the buckle if it cracks or a piece breaks off. No one ever complains about the cost of their second bike helmet.

Warning! No Helmets on Playgrounds! Warning: Children must remove helmets before climbing on playground equipment or trees, where a helmet can snag and choke them.

Consumer Reports Article In June, 1999, Consumer Reports top-rated the Bell EVO-2 Pro, Louis Garneau Globe and Trek Vapor. The Globe had superior impact protection. The Vapor was a Best Buy at \$32. You can read this highly recommended report at a library or download it for a fee at their Web site: www.consumerreports.org •

#### The Bicycle Helmet Safety Institute

BHSI is the helmet advocacy program of the Washington Area Bicyclist Association. Our volunteers provide helmet information and work on the ANSI and ASTM national helmet standard committees. In 1983 we published in Bicycling Magazine the first bicycle helmet article including actual lab test results (based on testing done for us by the Snell Foundation).

Our email address is info@helmets.org.

## Learning shouldn't end with summer!



' children lose

about a month

of school

learning over

the summer and

that it takes an

average of 2 months for them

to get back up

to speed in the fall'

PARENT TIME

By Dr. Sherri Singer Licensed Clinical Psychologist and Childhood Behavior Specialist.

Dear Dr. Singer,

My child has learning problems and I'd like to keep him working somehow over the summer. We do not have him enrolled in any summer school or other educational program. Can you recommend some things we can do, even at home, to keep his mind on top of things for next year? M.M.

Dear M.M.,

I have some suggestions, but realize that your child will probably not want to spend a minute of the summer doing them. In my mind, this really shouldn't be that much of a concern, because if these things are part of your rules, they need to be respected like any other rules. I say this only because I want you to be prepared for the "guff," you

I heard an interesting piece of information from one of my clients that I think is important for this type of thing. She told me that she heard another professional say that children lose about a month of school learning over the

summer and that it takes an average of two months for them to get back up to speed in the fall. I cannot document the accuracy of this quote, but it does make sense to me. I am an advocate of summer learning. Here are some suggestions that have worked well for my clients:

- 1. If you feel that your child's problem is something more than you can handle by yourself, or a problem that causes a lot of frustration for the child, have the child tested first to be sure that you are not mounting up more frustration. Once that is done and you have knowledge of what is o.k. to use over the summer, you can go ahead with the other suggestions. I do this testing and if you would like more information on this testing, you can call me.
- Summer is a terrific time to accelerate the skills that underlie learning. The Pace Program that I run does this very well. It helps kids to do

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everything related to thinking and school significantly better. It helps kids to be able to maintain more sensory information in a more efficient way, thus allowing the child to handle anything new that comes along without getting overwhelmed. Unlike tutoring, which usually handles one or two academic areas, Pace helps to significantly increase

the child's entire learning system. Thus, it improves the child's ability to do what is needed for any and all information that comes his or her way. Kids who get overwhelmed usually end up avoiding school work which becomes a huge chore for parents to deal with. I help kids to knock out that overwhelmed feeling and become more independent with any work they do. Basically, 1 help to build a better brain! I need to

mention though, last year a lot of people waited until school was out and then began to inundate me with calls requesting the program for over the summer. If you are thinking about doing this program over the summer, it is best to call and begin to reserve your space now. I take three new kids every month. Unlike many programs, I do all the training myself and your child doesn't see anyone else. Obviously, that creates some time constraints. During the summer I book up in the blink of an eye. Best to reserve early if it is something you are interested in. If you do find your child to have problems in either the emotional, behavioral or learning area, give me a call and I can help you get those areas taken care of in a quick way.

3. If you have a computer, go out and get some structured (last year and next year grade) software packages in areas like Math, Reading, Spelling, Science, Writing, etc. If you go to a place like Best Buy, you can usually find a lot of those kinds of programs. Set up a structured schedule during the summer. For example, you may require 1-2 hours per day on a different program each day. You might have weekly requirements set up. You might make it goal oriented. For example, if your child does all of the weekly requirements adequately, you might reward him on Friday with a Blockbuster Gift

Certificate for Friday night. Incidentally, the reward is not a bribe, it is a goal met for hard work and effort. If you have a problem with that type of thinking, you really need to reevaluate your thoughts about this. Motivation works for all of us. It's. also a big part of the society you are training your child to live in. If you do not have a computer, there are

books available like this as well. Check at a place like Barnes and Noble or Border's Book stores.

If your child reads at an adequate level, you might put together a gradeappropriate book list for him or her to choose from. Have the child choose a book for each two weeks of summer and require that one or two hours

a day be spent reading. You might have the child do some sort of a small report, either written or oral for you.

Be sure that if you use the above suggestions, you don't go over three hours a day, and try to split those hours up. For example, Have the child read one hour in the morning and then have the child go outside . to play or do something nonacademic. Later on, have the child do an hour on the computer or with one of the subject books and then a break and then another hour. Teaching a child about breaks and not burning out is just as important as teaching the child about working all year around.

These suggestions are actually good for kids who are doing well in school and for kids who aren't. It's good to keep those little brains alert over the summer so that when school begins, kids are ready to launch right back into \_ it and they may pick more up from the beginning. Kids may think this mean or "overkill," but you are actually making their lives easier by keeping them on track during the summer. They will have a far easier time in the fall after this is done.

Dr. Singer is a Psychologist and Behavior and Learning specialist. Contact Dr. Singer at (708) 962-2549 or (847) 577-8832. ◆



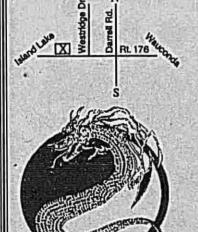
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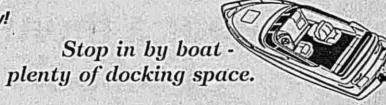
July 1st July 8th July 15th July 21st

July 22nd

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Wicked Garden

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- 3. Specialty Coffee Flavor of the Day
- 4. Children's Menu
- 5. We also specialize in Authentic Mexican Food

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New additional seating • Larger non-smoking area Railroad memorabilia • Ample parking (east of cafe)

Sponsors of the Fox Lake 1st Annual Trends to Treasure Fair Saturday, July 1st • 10am-6pm • following the parade from downtown Fox Lake at the "Gazebo" Clowns, Face Painting, Crafters, Live Music, Refreshments & Fireworks



15 E. GRAND AVENUE, FOX LAKE (847) 587-5654

Mon.-Fri. 5 am - 3 pm • Sat. 6 am - 3 pm • Sun. 6 am - 2 pm

Recipes and photographs for Kids in the Kitchen are supplied by www.culinary.net. Visit our their website for a wealth of recipes for you and your kids!

#### Chocolate Thumbprint Cookies

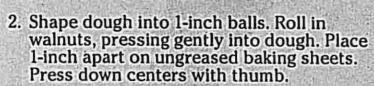
Makes 3 dozen

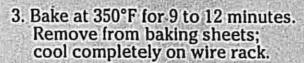
1/2 cup plus 1 tablespoon margarine or butter, divided 1/2 cup sugar

1/2 teaspoon vanilla extract 1 1/4 cups all-purpose flour 1/2 cup flaked coconut, divided

1/4 teaspoon salt 3/4 cup PLANTERS Walnuts, toasted and finely chopped 4 ounces semi-sweet chocolate

1. Beat 1/2 cup margarine or butter and sugar with mixer until creamy. Blend in egg and vanilla until smooth. Stir in flour, 1/3 cup coconut and salt. Refrigerate for 1 hour.







Nutrition Information per serving: 210 calories, 2 g protein, 20 g carbohydrate, 14 g total fat, 5 g saturated fat, 12 mg cholesterol, 36 mg sodium, 1 g dietary fiber

Preparation Time: 20 minutes Cook Time: 15 minutes Chill Time: 60 minutes Cooling Time: 30 minutes Total Time: 2 hours and 5 minutes

**Dinner Specials Every Evening** 

SOURCE: Planters



starting at

Friday FISH FRY Haddock or Lake Perch soup & salad bar with every dinner entree every night

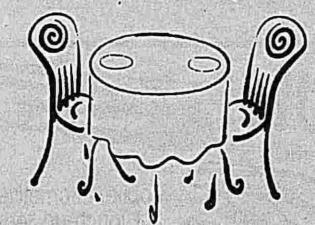
Tues.-Sat. Lunch Buffet • 11am - 3pm \$6.95

Early Bird Sun. Breakfast Buffet • 8 - 11am \$6.95

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#### "EURO CLUB" OPENING STARTING JUNE 29TH

Dancing to D.J. Mark . Thursday, Friday & Saturday Featuring music from the 70's, 80's & 90's FREE appetizers for Grand Opening on June 29th

Catering Menu Available - Pick up or Delivery at all times 10 or more people, starting at \$7.95.

#### Pat-A-Cake Oatmeal Cookies With Sprinkle Dip

Makes 4 Dozen

1/4 teaspoon salt (optional)

#### Cookies

1/2 pound (2 sticks) butter or margarine, softened 3/4 cup firmly packed brown sugar 1 tablespoon water 1 teaspoon vanilla 2 cups Quaker Oats (quick or old fashioned, uncooked) 1-1/4 cups all-purpose flour 1 teaspoon ground cinnamon 1/2 teaspoon baking soda

#### Dip

One 8-ounce container (3-1/2 cups) non-dairy whipped topping, thawed 1/4 cup multicolored sprinkles

- 1. Heat oven to 375 degrees F. Lightly grease 2 large cookie sheets.
- In large bowl, beat together butter and sugar until creamy. Add water and vanilla; beat well. Add combined oats, flour, cinnamon, baking soda and salt; mix well.
- Spoon half of dough onto prepared cookie sheet.\* With lightly floured hands, pat into a 10x12-inch rectangle, about 1/8-inch thick. Repeat using remaining dough and second cookie sheet.
- Bake 10 to 12 minutes or until edges are golden brown, rotating cookie sheets after 5 minutes. Remove cookie sheets to cooling racks. Immediately cut each rectangle into 24 pieces. Transfer pieces to cooling racks; cool completely.
- For dip, combine whipped topping and sprinkles in small bowl; mix well. Store cookies tightly covered. Refrigerate leftover dip.

\*For individual cookies, drop dough by teaspoonfuls 2 inches apart on \pre-pared cookie sheets. Use lightly floured hands to flatten about 1/8-inch thick. Bake 6 to 8 minutes or until light golden brown. Cool on rack. Makes about 3 dozen.

NUTRITION INFORMATION: (1 cookie and 1 tablespoon dip) Calories 90, Calories From Fat 45, Total Fat 5g, Saturated Fat 3.5g, Cholesterol 10mg, Sodium 55mg, Total Carbohydrates 10g, Dietary Fiber 0g, Protein less than 1 g.

SOURCE: The Quaker Oats Company

#### YUUUUMMM...

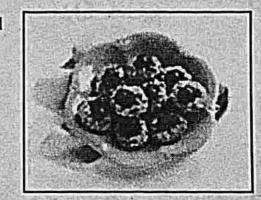
#### "Cutie Pie" Cookies

Cherry-filled treats are perfect for a child's party or a potluck.

1 cup butter or margarine, softened 1/2 cup granulated sugar 2 teaspoons vanilla extract 1/3 cup light corn syrup 2 eggs, separated 2-1/2 cups all-purpose flour 1/4 teaspoon salt 2 cups finely chopped walnuts or pecans 1 (21-ounce) can filling and topping

Put butter, sugar and vanilla in a large bowl. Beat with an electric mixer on medium speed 3 to 4 minutes or until well mixed. Add corn syrup and egg yolks; mix well. Stir in flour and salt until blended. Refrigerate dough 30 minutes.

Put egg whites in a small bowl; beat with a fork. Roll chilled dough into 1-inch balls. Dip balls in egg whites; roll in walnuts. Place 2 inches apart on greased cookie sheets. With your thumb, make a deep indentation in the center of each ball.



Bake in a 325-degree oven 20 minutes, or until set. Transfer to a wire rack; let cool completely. Fill each cookie with a heaping teaspoon of cherry filling.

Makes about 4 dozen.

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SOURCE: Cherry Marketing Institute, Inc.

### Preparing for emergencies Every family

should have a plan for when disaster strikes

Every family needs to plan for what might happen. You should sit down

- with your family and talk about:What types of disasters might happen. During the summer season it could be severe thunderstorms, tornadoes, flash flooding (especially along Lake and McHenry County waterways)
- What you should do to prepare (like creating your family disaster kit)
- What to do if you are asked to evacuate

#### You should talk to your family about:

- Where to meet away from your home in case of a fire (like a neighbor's house or the corner of the street);
- Where to meet outside your neighborhood if you must evacuate. You should pick a friend or relative's house;
- Where to call to "check in" if you become separated from your family during a disaster. You should memorize the phone number of a favorite aunt or family member who lives in another state. You would call there to report where you are so your family can find you. You can also talk with your

\* whole neighborhood about disaster plans. Find out if someone in your neighborhood has a special skill like being a doctor.

Also, be sure your house has a smoke detector and remember to change the batteries twice a year. It's also a good idea to take a first aid class so you will be prepared to help others.

Create a Disaster Supply Kit

Every family should have a Disaster &Supply Kit in their home. The kit will help you and your family during a

disaster. In a hurricane or earthquake, for example, you might be without electricity and the water supply may be polluted. In a heavy winter storm or flood, you may not be able to leave your house for a few days. In times like this, you will need to rely on yourself. Your disaster supply kit will make it easier. Remember, your family will probably never need to use your disaster supply kit, but it's always

better to be prepared. It is best to keep your diaster supply kit in a plastic tub or cabinet so they will be easy to find. What should you put in the kit? Bottled water, batteries, flashlights, canned foods and a can opener, blankets, warm clothing and other essentials. If you have pets don't forget to include something in the kit for them as well.

Kids Activity Survival Kit

You may have to leave your house during a disaster and may sleep somewhere else for a while. It's smart to put together your own Kid's Activity Survival Kit so you will have things to do and share with other kids. These can all be stored in a backpack or duffel bag. Just make sure you can carry it easily. Some suggested items for your Activity

Survival Kit: · A few of your favorite books

- Crayons, pencils or marking pens and plenty of paper
- Scissors and glue
- Two favorite toys such as a doll or action figure
- One or two board games
- A deck of cards
- A puzzle (One with lots of pieces is

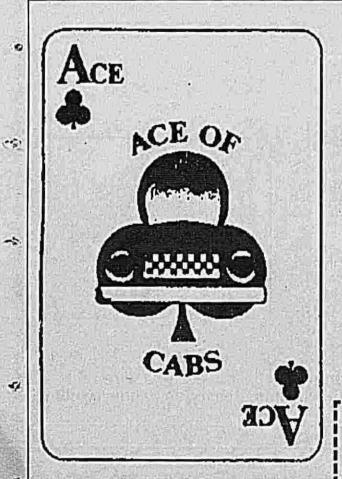
good — it takes a long time to do!)Small people figures and play vehicles that you can use to play out what is happening during your disaster - such as ambulance, fire truck, helicopter, dump truck, police

car, small boats. Favorite stuffed animal or puppet

Favorite blanket or pillow
Pictures of the family and pet
A "keep safe" box with a few treasures that make you feel special...

Information courtesy of the Federal Emergency Management Association (FEMA For kids, www.fema.gov/kids. ◆



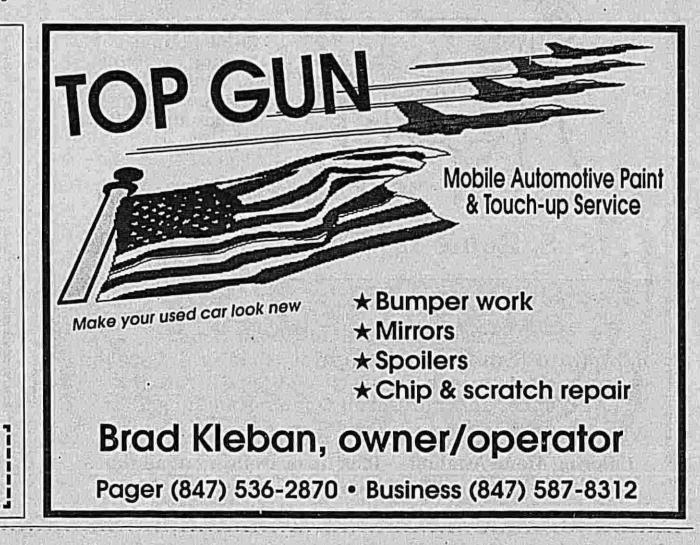


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to feature in our magazine. This is your chance to showcase your families favorite memories and share them with our Lake and McHenry County readers.

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-Hedy Weiss, Chicago Sun-Times

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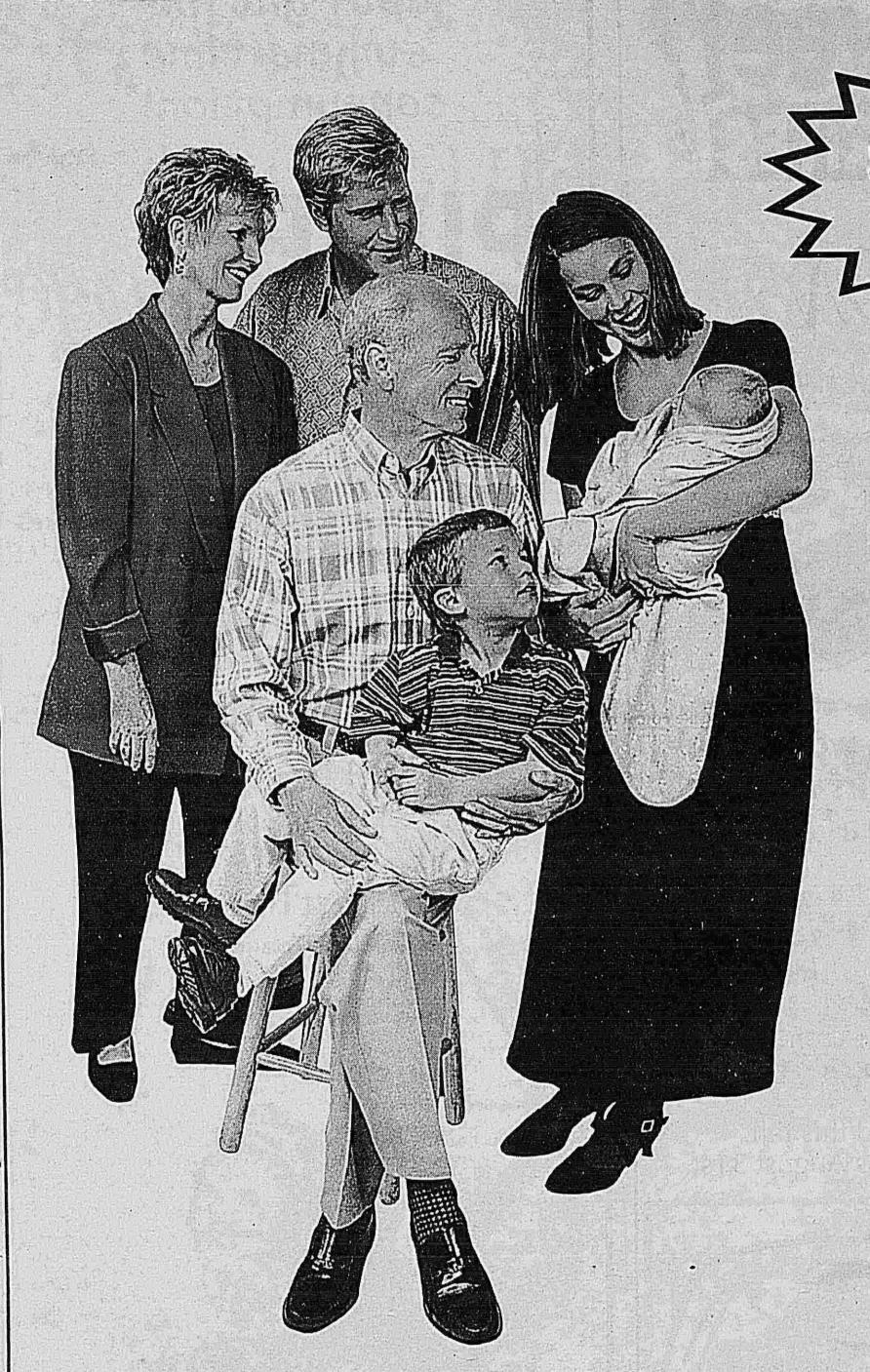
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-Chris Jones, Chicago Tribune

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LOA	YEAR/MAKE/MODEL, ENGINEPRICE
	ERFORMANCE BOATS
18'	1980 Formula, Merc 185
18'	1999 Donzi 18 Classic, Merc 350 Mag MPI - 300HP \$27,900
18'	1998 Donzi 18 Classic w/trailer, Merc 350 Mag MPI - 300HP \$29,900
21'	1996 Switzer S521, Mariner 200\$7,900
22'	1996 Donzi 22 Blackhawk, MCM 502 EFI\$44,900
22'	1998 Donzi 22ZX, Merc 7.4L EFI Crossflow 300HP
22'	1998 Donzi 22ZX, Merc 7.4L MPI\$33,900
22'	1997 Donzi 22ZX w/trailer, Merc 7.4L MPI, Loaded \$33,900
23'	1987 Chaparral 235XLC, OMC 460 d
24'	1991Sunsation w/trailer, Merc 454, 601HP, Only 40 hrs\$26,900
26'	1999 Donzi 262X Phantom graphics, Merc 502 MPI Bravo1 \$79,000
27'	1999 Profile, Merc HP500, Galley, 90 hrs
28'	1998 Donzi 28ZX w/trailer, 502MPI, 50 hrs, graphics
28'	1999 Donzi 282X, Twin 350 MAG, MPI, Storm, 20
28'	1997 Sonic - White/Red w/trailer, Merc 502 EFI, 180 hrs\$65,500
29'	1994 Wellcraft Scarab, Twin Merc 350 Mag\$49,900
29'	1988 Donzi Z-29, Red/White, Twin Merc 454 \$49,900
30,	1990 Donzi 30, 370HP
30'	1990 Donzi Black Widow w/trailer, OMC Cobra 370HP, Pristine \$54,900
30'	1987 Wellcraft Scarab Panther w/trailer, Twin 400HP Mercs \$47,900
33'	1997 Donzi 33ZX w/trailer, Twin Merc 502 Mag MPI B-1 \$115,000
36'	1998 Envision Legacy, Twin Merc 7.4L -
nub.ii	300HP Each, only 60 hrs\$99,900
10000000	WRIDERS
16'	1989 Sea Ray 160, Merc 3.0
16'	1977 Bonanza Tri-Hull, Merc 165HP, 230 hrs w/trailer
20'	1986 Century w/trailer, Merc 230HP V8
211	1998 Monterny 210 Montura, Marc 4.3LX, White/Blue

	2012		_
į	24'	1998 Chris Craft, Merc 7.4, 135 hrs, Ext. Warr	
	24'	1994 Sea Ray, Merc 7.4 Bravo 1	
	25'	1994 Cobalt 252 BR, Merc 454 MAG B-1,\$38,900	
	26'	1997 Crownline 266BR, Merc 7.4L - Bravo 3	
	27'	1994 Cobalt w/trailer, Merc 454 EFI Magnum	
	CUI	DDY CABINS	
	20'	1986 Invader V210 w/trailer, Merc 175HP	
	21'	1992 SeaSprite 210 Cuddy w/trailer, Merc 4.3L LX 205 V-6	
	23'	1988 Sea Ray 230 Cuddy w/trailer, Merc 5.7	
	24'	1992 Chris Craft, OMC Cobra\$15,900	
	25"	1997 Donzi 25ZX w/trailer, Merc 502	
	25'	1988 Four Winns 245 Vista, OMC - 260HP	
	25'	1995 Formula 252, Merc 7.4, Bravo 3, Loaded\$41,900	
	CRI	JISERS	
	21'	1988 Carver 21 Montego w/trailer, Merc 5.7, New canvas/uphoistery\$17,900	
	22'6	1 1993 Bayliner, Merc 4.3LX	
	25;	1979 Carver, New Merc 260	
	25'	1997 Donzi 255LXC, Merc 7.4	
	29'	1998 Sea Ray Sundancer, Merc 7.4 B3, Loaded, 50 hrs\$83,995	
	30'	1992 Larson Cabrio 300, Twin Merc 5.7L	
	32;	1997 Donzi 3250LXC, Twin Merc 7.4L - Bravo 3	
	34'		
	35*	1991 Sea Ray Sundancer, Twin Merc 7.4L - Bravo 3	
	SPO	ORTDECK BOAT	ū
	21'	1998 Chaparral Sonesta w/trailer, V-8, Loaded	0.8
	SAI	LBOATS	
	20'	1997 Sovereign w/trailer, Suzuki 6HP, Navy, Loaded \$15,995	
	NE	W CLOSEOUTS	
	31'	1998 Mirage SZ 314 CD, Twin Merc 502Mag - Bravo 1 \$133,858	
	21'		

With that in mind, the Lake County Health Department/Community Health Center is urging boat operators to make boat safety a top priority when utilizing the county's 193 inland lakes.

#### Boating safety tips

Summer is quickly approaching and Lake County, known for its bountiful lakes, will once again become the destination hot spot for thousands of boating and water sports enthusiasts.

Marine Unit, there were 29 reported boating accidents last year. Parker noted that 22 of those incidents occurred on the Chain O' Lakes, including the one fatality that was part of the 1999 statistics. In relation to

'Our lakes provide multiple kinds of By Sandy Hartogh recreational opportunities," stated the health department's executive director Dale Galassie. "That's why it's so important for boat operators to follow safety regulations."

According to Sgt. Kevin Parker of the Lake County Sheriff's

figures from 1998, last year's number of accidents was down by about one third.

"We haven't had any reported boating accidents in Lake County this year as of yet," claimed Parker, who said he will be putting an additional patrol boat on Lake Michigan during the July 4th celebrations.

The following safety tips are being offered to water craft operators by the health department's Lakes Management Unit:

- All water craft must have at least one U.S. Coast Guard approved life preserver on board for each person.
- Every passenger under the age of 13 must wear a life preserver at all times while the water craft is in motion.
- Between sunset and sunrise, every moving boat must carry and display lights required the U.S. Coast Guard.
- Small motorboats must carry an air horn or whistle to alert boats that are coming too close or signal that there is a problem.
- All motorboats equipped with an internal combustion engine must carry a fire extinguisher.
- All toilets on boats must be sealed to prevent discharge into the lake.
- When two boats are approaching each other head on, each boat must bear to the right and pass the other boat on its left side. When boats approach each other at right angles, the boat approaching on

Boating accidents causing injury, death or property damage of \$500 or more must be reported. Reports of accidents or reckless operation can be made by calling the Conservation Police at

(815) 675-2385 or the Sheriff's Marine Unit at 587-4470. Lakes in unincorporated areas usually have their own the right side has the right of way.

- When a motorboat approaches a boat propelled solely by wind or oars, the motorboat must yield the right of way to the sailboat or rowboat.
- Boats towing skiers must have a capacity of at least three persons and must be occupied by at least two competent people. It is unlawful to water ski one-half hour after sunset or before sunrise.
- It is unlawful to operate a boat while under the influence of alcohol or any other drug to the point where it impairs the operator's ability to operate the boat safely.
- It is unlawful to operate a jet ski after sundown.
- · Passengers cannot sit on the gunwales, tops of seat backs, or on the deck over the bow or stem of a motorboat unless they are within guards or rails that prevent them from falling overboard.
- No person under the age of 10 may operate a motorboat.

marine units that can be reached through the local police department.

The health department also encourages all water craft operators to take a boat safety course. For more information on classes, call the Illinois Dept. of Natural Resources at 1-800-832-2599.



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William H. Schroeder — Publisher Neal Tucker — Operations Mgr./Executive Editor Robert J. Schroeder — General Sales Mgr. David Sherman — Display Sales Mgr. Sherry Doyle — Rec Guide Team Leader Patty Smoll — Cover Design



VILLAGE OF ANTIOCH:

Tues., July 4
Parade held on Main St.,
time TBA. A day of events held at
Williams Park including a
Children's Fun Fest with many
activities, a 5K Race, an ice cream
social hosted by the Lakes Area
Historical Society, all kinds of contests, sporting events, an apple pie
baking contest, 25¢ pool admission, and much more. Food sold by
local groups and music performed
by various bands and the choir.
Fireworks held at Williams Park at

#### VILLAGE OF BARRINGTON: Tues. July 4

dusk. Call 395-1000 for details.

Parade at 10 a.m. on Main St., begins at Barrington H.S. Fireworks held at Barrington H.S. at dusk.

June 30-July 4 features ongoing activities, music, food and more near the Brat Tent, Cook and Park Aves. Call the Chamber at 381-2525 for details.

#### VILLAGE OF FOX LAKE: Sat., July 1 (rain date is Sun., July 2)

Parade held at 11 a.m. on Grand Ave., traveling from Grant H.S. to Millennium Park. Fireworks held at Mineola Marine at dusk.

#### VILLAGE OF GRAYSLAKE: Sun., July 2

"Old Fashioned Family Picnic and Fireworks" held at Central Park (across from Grayslake High School on Lake St.) from 12-10 p.m. A full

## Fireworks & 4th of July Festivities

day of activities including children's rides, petting zoo, live music, games and the Taste of Grayslake with various food. Fireworks held at dusk. Call the Park District for details at 223-7529.

#### VILLAGE OF GURNEE: Tues., July 4

Fireworks held at Great America. Regular admission charge to get in the park, or just watch nearby for the big fireworks. Will be set off at dusk, around 9 p.m.

VILLAGE OF ISLAND LAKE: No activities planned. Check out LakeFest, held July 22 & 23 in Eastway Park with fireworks, a 5K Run, parade, food, music.

#### VILLAGE OF LAKE ZURICH: Tues., July 4

Family Day with activities, music, rides, food (at The Taste of Lake Zurich) and more at Paulus Park throughout the day. A boat parade will be held at 7 or 7:30 p.m. in the park. Fireworks held at dusk.

#### VILLAGE OF LIBERTYVILLE: Tues., July 4

Day of activities planned at Butler Lake Park and Bandshell. "Juke Box Band" performs at 6 p.m., the Libertyville Village Band plays at 7:45 p.m. Fireworks held around 9:15 p.m.

#### VILLAGE OF MUNDELEIN: Mundelein Community Days Festival held from June 29-July

4 featuring carnival rides, food, an arts & craft fair (Sat. & Sun., 10 a.m.-4 p.m.), a parade (Sun. at 2 p.m.), and more. Held at Seymour Ave. and Courtland. Fireworks held at 9:15 p.m. on Tues., July 4. Call 949-3200 for

#### VILLAGE OF ROUND LAKE

#### BEACH: Tues. July 4

Parade held at 6 p.m., starting at Hawthorne and Cedar Lake Rd., traveling to Softball City. Entertainment, activities and music held from 6:30-10 p.m. at the Metra Station. Fireworks held at 9:30 p.m. at Metra Station

#### VILLAGE OF VERNON HILLS:

Parade held at 9 a.m. in the Deerpath Subdivision.
Live entertainment held at Little Bear Lake in Century Park.
Fireworks held around 9-9:30 p.m.

#### VILLAGE OF WAUCONDA: Mon., July 3 (rain date, Tues., July 4)

Food, music and entertainment held in Cook Park. Fireworks held at dusk.

#### CITY OF WAUKEGAN:

#### Tues., July 4

Fireworks held at 9:30 p.m. on the lakefront between Grand Ave. and Washington.

#### CITY OF ZION:

#### Tues., July 4

Activities occur in Shiloh Park with food vendors opening around 1 p.m., activities throughout the day, and a band performing at The Zion Leisure Center Bandshell at 7 p.m. Fireworks held around 9-9:30 p.m. in Shiloh Park.

#### KENOSHA:

#### Tues., July 4

2-6 p.m., July Fourth Fest held at the Sesquicentennial Bandshell, 35th St. and 7th Ave. Activities include a children's bike and banner parade, games, music and other entertainment. Fireworks held at dusk. For details, call (262) 653-4000.

#### Fox Lake hosts July 4th celebration

Celebrate Fox Lake during the 4th of July weekend with events planned for the entire family. Beginning on Saturday, July 1st, arts and crafts and more will be available at the Trends & Treasures show from 10 a.m. until 6 p.m. at the Millennium Park – near the Gazebo. After the art and craft show, don't miss the Fox Lake Independence Day Parade at 11 a.m. The parade will travel down Grand Avenue from Grant High School to Millennium Park where at noon the Celebrate at Millennium Park begins.

Celebrate at Millennium Park comes complete with live music, games for the kids, food tent and fireworks! The Michael Lescher Band and Swing Billy will perform live music for all to enjoy. The beer and food tent will feature Landmark Cream Ale and the kids will stay busy with face painting, magician and clown acts. In addition there will be raffles and prizes all day.

The highlight of the day will be the Fireworks over Mineola Bay at 9 p.m. View from the Mineola Hotel and Lounge or Templeton's point. Park free all day in the Metra parking lot.

Call the Director of Special Events for more information at 587-151.



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## Chain O'Lakes State Park RIDING STARLE

Weekdays 10:30 am - 6 pm\* Weekends & Holidays 9 am - 6 pm\*

\*15<sup>∞</sup> (40 minutes) \*30<sup>∞</sup> (1-1/2 hrs) \*20<sup>∞</sup> (1 hour) \*39<sup>∞</sup> (2 hrs)

#### HORSEBACK RIDING

Inside Main Entrance (off Wilmot Rd.) Chain O'Lakes State Park
Privately owned and operated since 1984 by Carolyn Russell Adams
\* All rides finished by 6:00 P.M.

Call (815) 675-6532

## 30 years of boat servicing on Chain

or 30 years, Fritz and Lee Schnoor, their sons Bill and Jeff and their daughter, Cindy have made friends with the many repeat customers that frequent their family operated marina.

The Chain O'Lake Marina is located at 500 E. Grand Ave. in Fox Lake. This is a completely stocked marina staffed with many longtime experienced employees.

About 150 slips are available for lease each summer and they offer inside storage facilities in the off season. They also offer what they call In/Out service where they put your boat in the water, then take it out and put it back in the boat house

The marina repairs Mercury and OMC engines. Their welltrained professional mechanics work on I/Os and inboards, helping to keep your boat in top condition.

The Ship's Store has been growing like a wave in a hurricane, offering life vests and other safety equipment as well as ship's hardware and accessories, gas and oil, and many unusual gift items.

The marina is in operation seven days a week during the boating season, Monday through Saturday from 8 a.m. to 5 p.m. and Sunday from 9 a.m. to 6 p.m. Call (847)587-6222 for more information.



## Haling's full service marina

he "Roaring 20s" brought "Flappers" and "Sheiks," rolled stockings, the Charleston and a new Marina to the Chain O'Lakes, just outside of Antioch, run by the Haling family.

There were no jet skis, nary a pontoon boat in sight, and no cigar boats skimmed the waves of the Chain, yet there were many seaworthy crafts sailing the Chain. using Haling's Marina.

Eighty years later, still located at 26365 W. Lotus Rd., in Antioch C. Haling and Son remains a family business with boat slips, ramps, yard storage as well a inside storage for boats of varied sizes.

Haling's sells and services Johnson, Evinrude and OMC engine and is a Lund boat dealer. Lund makes aluminum fishing boats from 12 to 22 feet long. Slips are still available. Haling's is also a Shorelander and Trailmaster trailer dealer

The marina is open six days a week, from 10 a.m. to 5 p.m., closed on Mondays. The bar, where boating enthusiasts can relax after an exhilarating sail or cruise, is open seven days a week from noon to 12 p.m.

Slips are available, call (847)395-2250 for more infor-



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Labor Day



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Holiday Mondays Open

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(847) 639-3734

#### June 29-July 4

Mundelein Community Days in downtown Mundelein, corner of Seymour and Courtland. All kinds of activities for the whole family. July 1 & 2: 10 a.m.-4 p.m., Antiques, Collectibles and Crafts Fair. July 2: Parade held at 2 p.m.

#### June 30-July 9

20th Annual Taste of Chicago held in Chicago. For info., call 312-744-3315

#### July 1

10 a.m.-4 p.m.., Prairie Crossing Charter School Cultural Arts and Crafts Fair. The fair offers fun for the whole family. Located 1/2 mile south of Rte. 120 on the west side of Rte. 45. Call 548-4062

#### July 1 & 2

10th Annual Chicago Country Music Festival held in downtown Chicago. For more info., call 312-744-3315 or visit the web site at www.cityofchicago.org/specialevents

#### July 2

8 a.m.-4 p.m., 9th Annual "Fun Run" car show event held on the grounds of



Veterans Memorial Park in Fox Lake (off Rte. 59 between Rollins Rd. and Rte. 132). Sponsored by The Kroozers Kar Klub, there will be food, raffles, kids activities and all kinds of cars to look at. Free for spectators, \$12 registration for participants. For info., call 223-9236

#### July 2

Noon, Waukegan Heritage Festival hosted by the Waukegan Park District. Held at Bowen Park, there will be traditional Latin music and much more for the whole family. The Children's Stage features special entertainment for all ages. The event is free to the public, for info., call 360-4700

#### July 4

Fourth of July celebrations held all over Lake County. For information on your town's activities, look on page 4 of this booklet, or call your local village hall.

#### July 7-9

Fri. 11 a.m.-8 p.m., Sat. 8 a.m.-6 p.m., Sun. 9 a.m.-3 p.m., Great Lakes Regional Aerobatics Contest held at Kenosha Regional Airport, I-94 and Hwy. 158. Free event, call (262) 761-0134 for details

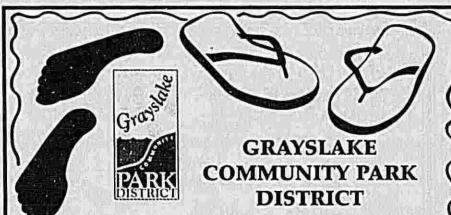
#### July 8

9a .m.-2:30 p.m., Annual Cheerleading Clinic by the ACHS cheerleaders held at ACHS in Antioch. \$35 for ages 5-14. Register before July 4 to get a free t-shirt. For info., call Robin Gwinn at 395-4882

#### July 8

12:30-4:30 p.m., Earth Festival held at YMCA Camp Duncan in Ingleside. Several live performances, crafts, vendors and activities (swimming, boating, hayrides, fishing and more) for a day of family fun. \$10 per family in advance includes lunch. Call (815) 385-4743

Continued on next page



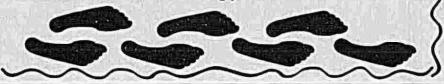
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- Special Events

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FEATURING THE "TASTE OF GRAYSLAKE"

#### Sunday, July 2<sup>nd</sup> 12:00-10:00 p.m. Central Park in Grayslake

Fun & Entertainment for the Entire Family!

- · Pony Rides
- Climbing Wall
- Petting Zoo

- Moonwalk
- Giant Slide Train Ride
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Dunk Tank
 Face Painting

· Food Booths

- Picnic Games
- Dance Contests

- Raffles
- Carnival Games Beer Tent
- Live D.J. Craven Academy Children's Players
- . Live Band 5:00-6:30 p.m. "The Rockin' Fenderskirts" Classic 50's & 60's Rock
- · Live Band 7:30-9:00 p.m. "The Associates" Motown & Variety Rock

Plus Much, Much More!!!!!

#### FIREWORKS AT DUSK!

Parking available at Middle School, Library, High School, Pool Please No Glass Bottles Allowed in the Park

FOR ADDITIONAL PARKING INFORMATION CALL THE PARK DISRICT, 223-7529

#### Continued from previous page

#### July 8

6 p.m.-midnight, 21st Annual Street
Dance presented by the Lindenhurst
Men's & Women's Clubs. Held at the Thor
Neumann Civic Center, 1949 Old Elm Rd.
in Lindenhurst (1 blk. north of Grand
Ave. & Lindenhurst Dr.), the evening
features food, dancing, raffles, music and
more. Children are welcome.

#### July 9

10 a.m.-4 p.m., Civil War Re-enactment held at Lakewood Forest Preserve. \$6 for adults, \$3 ages 4 to 17, no reservations needed. Activities throughout the day with the battle at 2 p.m. Call 968-3400

#### July 9

11 a.m.-5 p.m., Children's Art Fair held at Cuneo Museum and Gardens, 1350 N. Milwaukee Ave. in Vernon Hills. Art activities and performances for kids. Admission is \$3 for children, \$5 for adults (children must be accompanied by adult)

#### July 9

10 a.m.-4 p.m., 16th Annual Heritage Fair



sponsored by the McHenry County
Historical Society and held at the museum site in Union, IL. For more info., call
the society at (815) 923-2267 or visit
www.crystallakenet.org

#### July 10

10 a.m.-4 p.m., St. Benedict Abbey's 6th Annual Arts & Crafts Fair held at the abbey in Benet Lake, WI. Free admission, call (262) 396-4311 for details

#### July 15

10 a.m.-4 p.m., Powers-Walker Historical Homestead Civil War Ice Cream Social held in Glacial Park in Ringwood. Journey back to 1861 as McHenry County

Daily 10 to 5

Closed Mondays

citizens prepare for the war years with a rally and ice cream social. Activities, entertainment and more

#### July 19-23

Summer Celebration held in Vernon Hills in New Century Park, by Little Bear Lake. Wed. & Thurs. 6-10 p.m., Fri. 6 p.m.-midnight, Sat. 1 p.m.-midnight and Sun. 1-10 p.m. Fireworks held on Wed. at 9:15 p.m. Live music every night and lots of activities for the whole family. All concerts are free of charge, bring chairs or blankets

#### July 20-23

MegaFest held in downtown Antioch. A 4-day food festival with music, activities, vendors and more. Free admission. For more info., call the Chamber at 395-2233

#### July 22-23

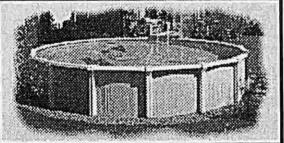
Lakefest 2000 held in Island Lake with a 5K Run, parade, food, music, a car show and fireworks at Eastway Park

#### July 22-23

Arts & Crafts Show held at Lambs Farm. For information, call the Events Hotline at 362-0048, Press 5

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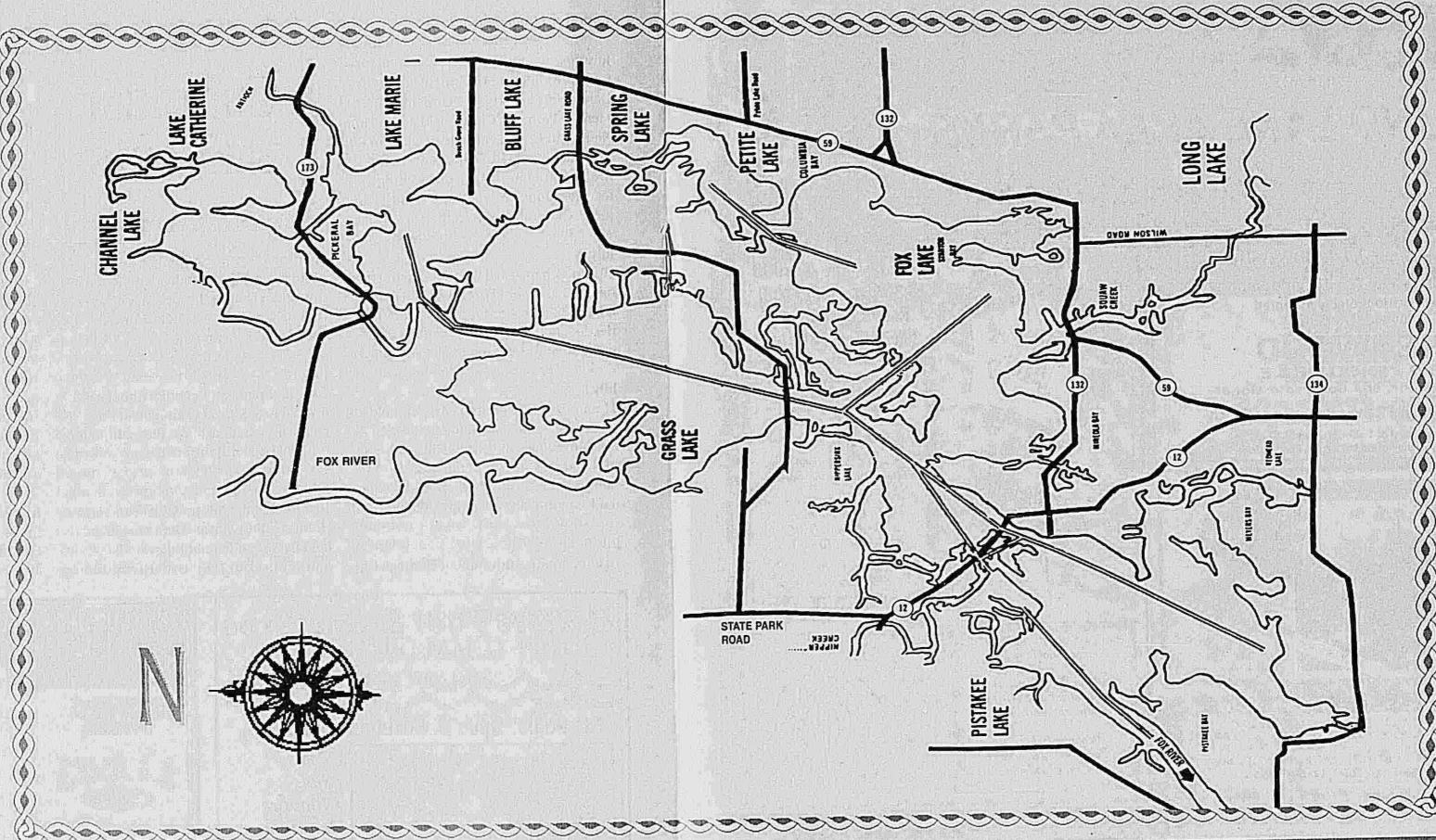
on Grass Lake Rd. F

East Store Of Grass Lake, Artic







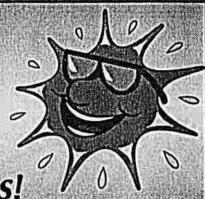




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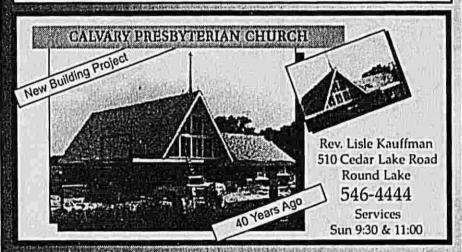
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Tuesday, July 4, 2000 6:30 p.m.-10:00 p.m. Round Lake Beach Metra Train Station

> 6:30 p.m. Variety of Games including Moonwalks and Kid's Play Zone

7:00 p.m. Sack Races, Balloon Toss Watermelon Eating Contest

> 7:30 p.m. Live Entertainment Blind Man's Bluff (Acapella Group)

> > 9:30p.m. Fireworks

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July 10- August 02 Aquasize

July 10 - July 14 Follow The Fun Neighborhood Camp At

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July 11 - August 08 Aquasize

July 12 - August 02 July 13 - August 03 Youth In-line bockey

Cartooning Class

July 15 - August 06 July 15 - August 06 Pillow Hockey

Nerf Sports July 15 - August 15 Youth Soccer

Family Camp-out July 15 July 16

Ice Cream Eating Contest Family Fun Day at Indian Hill Gym July 16

Mixed Couples Event at Renwood Golf Course July 16

July 16 Teen Trip To Wheeling Waterpark Follow The Fun Neighorhood Camp At July 17 - July 21

Fox Chase and Fairview Parks Parent/Tot Fun Trip to JFK Healthworld July 18

July 21 Senior Theater Trip To "On Golden Pond" at The Fireside, Fort Atkinson, WI

July 22 Olympic Manla

July 24 Pioneers - Back In Time

July 24 - July 28 Follow The Fun Neighborhood Camp At

Countrywalk and Viking Parks

Horse Riding Lessons July 24 - August 14

Chicago White Sox Trip

July 26 Teen Night

July 27 - August 24 Daddy and Me Fun Night Hawaiian Night July 29

July 29 Safety Village

Follow The Fun Neighborhood Camp At Greenview July 31 - August 04

and Silver Oaks Parks

August 23

For More Information, Stop By The Community Center at 814 Hart Road, Round Lake, or Phone (847) 546-8558

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## Focus on outdoor cooking

#### Steps for safe food in the summer

- Wash, wash, wash, your hands before and after handling food. Also keep work surfaces clean.
- When marinating for long periods of time, keep food refrigerated and don't used raw meat/poultry marinade on cooked food.
- Preheat the coals on your grill for 20-30 minutes, or until the coals are lightly coated with ash but always cook food thoroughly regardless of grill temperature.
- 4. Use a meat thermometer. Meat such as hamburgers, steaks and roasts should be cooked to 160 degrees Fahrenheit. Chicken should be cooked to 165 degrees Fahrenheit and

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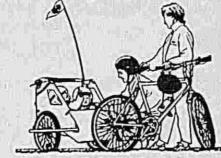
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poultry parts to 170 degrees Fahrenheit.

5. Cook meats, fish and poultry for their recommended time and serve immediately. Cooking time will vary with the size of the meat and the temperature of the grill.

Therefore, use a meat thermometer. If you must wait to serve the meat, hold it above 140 degrees Fahrenheit.

6. Do not put cooked food items back on the same plate that previously held raw food.

7. When keeping foods chilled, a full cooler will maintain its cold temperature longer than one that is partially filled. So pack extra ice or freezer packs. Chill and refrigerate all perishable food until ready to cook or serve.

"Illinois food retailers have always been active in educating their employees and the public about food safety because they believe it is their responsibility. Reaching consumers with the message, however, has been more challenging," said Brian Jordan, president of IFRA. "Today's proclamations underscore how important it is for consumers to follow proper food-handling procedures in the home."

Officials today stressed improper food handling in the home as an important cause of foodborne illness, which is why these educational efforts are directed at consumers. According to recent statistics, foodborne illnesses cause as many as 5,000 deaths and 76 million illnesses each year.



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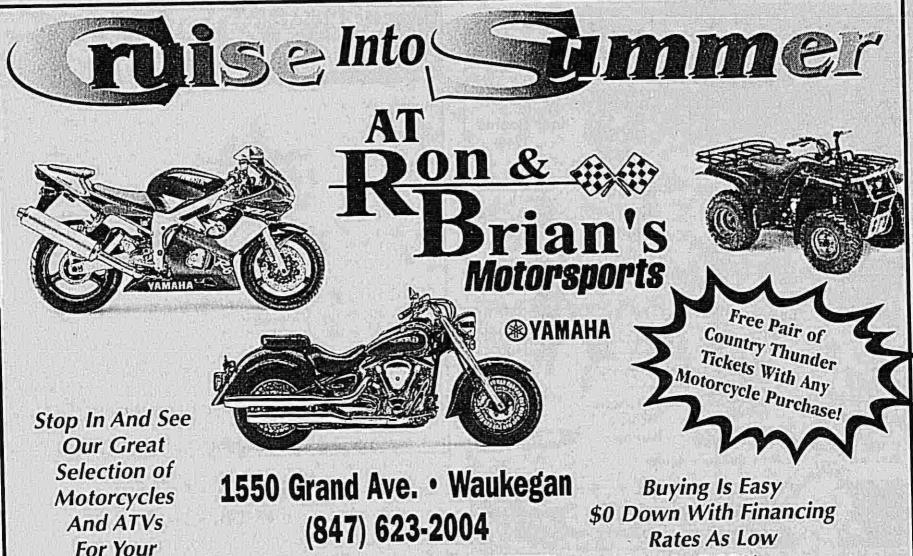
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The marina offers inside and outside storage, in and out of the water service, and boat and engine repairs. Fox Lake harbor is a Mercury dealer, selling 2.5 to 250 hp engines. The harbor's mechanics are qualified to repair most engines regardless of their brand.

The harbor also sells Bayliner and Monarch boats from 16 to 30 feet long, as well as kayaks, canoes, paddle boats, Quick Silver inflatable boats and a wide selection of used boats.

The marine store offers safety boating equipment parts and accessories as well as gasoline and oil.

Operating hours during season are closed on Monday, Tuesday and Thursday from 9 a.m. to 5 p.m.; Wednesday and Friday from 9 a.m. to 8 p.m., Saturday and Sunday from 10 a.m. to 4 p.m.

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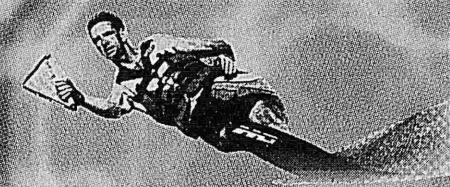
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